



85th Annual
**Sanibel Shell
Festival**
March 3, 4 & 5
9 a.m. to 4 p.m.
The Community House

Island Sun

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VOL. 29, NO. 36

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 4, 2022

MARCH SUNRISE/SUNSET: 4 6:50 • 6:31 5 6:49 • 6:31 6 6:48 • 6:32 7 6:46 • 6:33 8 6:45 • 6:33 9 6:44 • 6:34 10 6:43 • 6:34

'Ding' Darling Lecture Explores Behavior Of Birds

Ever wonder what it would be like to be a bird? Prolific birding guide author and illustrator David Allen Sibley answers the question with his latest book, *What It's Like to Be a Bird: From Flying to Nesting, Eating to Singing – What Birds Are Doing, and Why*. Sibley is the featured speaker for two free lectures to be held at Sanibel Congregational United Church of Christ on Friday, March 11 at 10 a.m. and 1 p.m. The lectures are part of the 18th annual series offered by "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

For birders and nonbirders alike, Sibley's large-format volume provides a new and deeper understanding of what common, mostly backyard birds, are doing and why.

Sibley's exacting artwork and wide-ranging expertise bring observed behaviors to life. His book covers more than 200



David Sibley photo provided

species and includes more than 330 new illustrations. While its focus is on familiar backyard birds – blue jays, nuthatches, chickadees – it also examines species that can be fairly easily observed, such as the seashore-dwelling Atlantic puffin.

Author and illustrator of the series of successful nature guides that bear his continued on page 12

Musical Medley Planned For Spring Concert

BIG ARTS Concert Band will perform its traditional spring concert on Saturday, March 12 at 7 p.m. under the direction of August J. Thoma, music director and conductor.

This is Thoma's inaugural year at BIG ARTS. In addition to being a gifted musician and educator, he was a high school band director for more than 20 years. He was a tour director with Brightspark and Worldstrides Educational Travel and is a retired director of bands and adjunct instructor of music in Rochester University in Michigan. He is also director emeritus of music ministry, St. John Fisher University Parish in Michigan.

The BIG ARTS Concert Band spring concert will offer a varied program of musical selections. The band will feature Sanibel resident Eric Entwistle as soloist performing the rondo from Beethoven's *Piano Concerto No. 2 in B Flat Major*,



August J. Thoma photo provided

Op. 19. Many of the great songs from the early rock and roll era will take the spotlight as the band performs *Smokey Joe's Café – The Songs of Leiber and Stoller*. Audience members can tap their feet to *Kansas City*, *Love Potion No. 9* and *On Broadway*, among others.

With a nod to St. Patrick's Day, the continued on page 14

Music Festival Brings Chamber Players To Sanibel

Cited as one of today's most innovative chamber ensembles, American Chamber Players will perform on Tuesday, March 8 at 7:30 p.m. as part of Sanibel Music Festival. The concerts will be held at Sanibel Congregational United Church of Christ.

"There's always excited anticipation for American Chamber Players," said Jana Stone, festival president. "Although Artistic Director Miles Hoffman will not be performing this season, he is known for creating programs that surprise and delight the audience." Hoffman is the group's founder, artistic director and a longtime music commentator for National Public Radio.

Tickets are on sale at www.sanibelmusicfestival.org; at Bank of the Islands on Sanibel, 1699 Periwinkle Way (check and cash only); by mail to Sanibel Music Festival, P.O. Box 1623, Sanibel, FL 33957; or by phone at 344-7025.

"The program covers a wide range of music that showcases flute with violin, cello and piano," said Stone. "I encourage everyone to attend Tuesday, March 8, even those new to chamber music. It



American Chamber Players, clockwise from top left, Artistic Director Miles Hoffman, pianist Anna Stoytcheva, flutist Sara Stern, violinist Joanna Maurer and cellist Stephen Balderston photo provided

promises to be a unique and entertaining evening."

The program will begin with two pieces from early 20th century Paris: *Three Watercolors for Flute, Cello, and Piano* by composer and flutist Philippe Gaubert, and *Two Interludes for Flute, Violin, and Harp* by composer Jacques Ibert. Next, from a century earlier, Viennese composer Franz Schubert's *Sonatina No. 1 for Violin and Piano* will be performed, followed by *Sonata for Flute, Violin and Continuo in B-flat Major* from composer CPE Bach, known as "Berlin Bach," to distinguish him from his father, Johann Sebastian Bach. The concert will conclude with *Trio for Violin, Cello, and Piano in C Major* from German composer Johannes Brahms. Residents Linda and Doug Garde are sponsors.

The 2022 season begins on Saturday, March 5 with America pianist Jon Nakamatsu, Tenth Van Cliburn International Piano Competition gold medalist. The acclaimed Boston Trio performs on Saturday, March 12, featuring the trio's founding member pianist Heng-Jin Park, Boston Symphony soloist cellist Jonah Ellsworth and violinist Grace Park, winner of the 2018 Naumberg International Violin Competition.

Members of the Juilliard String Quartet continued on page 32

Community House Calendar

The 85th annual Sanibel Shell Festival returns to The Community House on Thursday, Friday and Saturday, March 3, 4 and 5. Hours are 9 a.m. to 4 p.m. There will be judged scientific and artistic division exhibitions, book signings with local authors, shell crafts and raffle prizes. A \$5 donation is requested to view the shell show inside; your donation includes a bag of local shells hand selected by members of the Sanibel-Captiva Shell Club. Masks are required inside. Shell Crafters will have tents set up outside featuring their works and many varieties of shells for sale.

Letting Loose with Watercolor classes with Anita Force Marshall are offered on Tuesdays from 9:30 to 11 a.m. The next class is scheduled for March 8. Subject is the flamingo. Cost per class is \$35 for members and \$40 for guests. Limit eight students per class. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental kits are available for \$10.

A CPR & First Aid Emergency Cardiovascular Care course will be taught by local firefighters on Tuesday, March 8 from 1 to 3 p.m. Cost is \$25 for certification. Register online at www.sanibelcommunityhouse.net.

A Lowcountry Boil community social will be held on Tuesday, March 8 with indoor dining at 6 p.m. and takeout from 5 to 6 p.m. Cost is \$25 for members



The Mermaid Crown by jeweler Todd Alan will be back on display at the Sanibel Shell Festival after making its debut in 2020 photo courtesy Todd Alan Studios

and \$30 for guests; dessert if \$5 extra. Reserve ahead.

The Sanibel-Captiva Lions Club Arts & Crafts Fair will be held on Friday and Saturday, March 11 and 12 from 9 a.m. to 4 p.m. Over 50 exhibitors will be showcasing art, sculpture, mixed media, jewelry and creative crafts. There will also be a raffle for cash prizes. A donation of \$5 per person is requested; no charge for children age 12 and under. Free parking.

Oil Painting with Suzette is offered on select Mondays from 9:30 to 11:30 a.m. The class is scheduled for March 14. Subject is the blue crab. Cost per class

is \$55 for members and \$65 for guests. All materials included. Register online at www.sanibelcommunityhouse.net or call 472-2155.

Kids in the Kitchen is offered on the first Monday of the month from 2:30 to 4:30 p.m. and every third Sunday from 1 to 3 p.m. Cost is \$30 per class. Reservations required.

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend; supplies range from \$3 to \$5.

Aerobics with Mahnaz Bassiri is

offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

The Community House is looking for sponsorships for Line Dancing classes. Contact Allison at office@sanibelcommunityhouse.net.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.✪



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Sea school staff and elementary students spread out in small groups photos provided

Elementary Students Learn About Mollusks

submitted by Shannon Stainken, Youth Education Director

Sanibel Sea School hosted fifth grade students from Upthegrove Elementary School in LaBelle for its fourth and final field trip this academic year. After their hour-plus travel, students were thrilled to run out to the gulfside beach and explore the topic of the day – mollusks.

Staff and students spread out along the beach into smaller groups to complete a squid dissection. “Dissection is a great way to learn about anatomy and how form fits function,” said Sanibel Sea School Marine Science Educator Brianna Machuga. “I can tell students that a squid’s mouth is called a beak, but it’s better when they’re able to look between the arms and tentacles and see for themselves how the upper and lower jaws are shaped just like a bird’s beak.”

As the fog cleared, the groups dipped into the gulf to search for live mollusks.

The focus was shifted from cephalopods to gastropods and bivalves. Students used dip nets, sieves and their hands as tools to get a closer look. They encountered coquinas (*Donax variabilis*) and a Florida fighting conch (*Strombus alatus*). To end the day, everyone went on a beach walk to search for shells. Students learned how to identify different species and collected some favorites to take home.

These field trips are part of Sanibel Sea School’s outreach effort to explore the ocean with students who might not otherwise have these opportunities because of financial or geographic barriers. The trips are provided completely free to students thanks to Sanibel Sea School’s scholarship fund. Many of these students had never been to the beach or to Sanibel before their field trips with Sanibel Sea School. Planning is under way for students to return next school year.

To support field trips and other efforts, visit www.sanibelseaschool.org/support-the-cause or email sanibelseaschool@sccf.org.

Part of the Sanibel-Captiva Conservation Foundation family, Sanibel Sea School’s mission is to improve the ocean’s future, one person at a time. ✨



Students involved in a squid dissection



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West Rocks subdivision in the works photo courtesy Sanibel Historical Museum and Village

Looking Back: West Rocks

This week's image depicts the West Rocks subdivision being terraformed.

The process of creating the subdivision of West Rocks began with a dragline digging a canal. Lakes and canals had a two-fold reason for being – not only does the waterway increase the value of property, but the sand from the digging operation raises the elevation



of the lot. Much of Sanibel's geology was "improved" by such terraforming in the 1950s. On a much larger scale, developers were following the lead of the Calusa, who were experts centuries earlier in building mounds and cutting canals.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available, based on docent availability. There is handicap access to all but one of the buildings. Admission is \$10 for adults over 18, no charge for members and children.

For more information, visit www.sanibelmuseum.org or call 472-4648.*

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsunnews.com or call 395-1213.*



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38th Annual Arts & Crafts Fair

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OBITUARY

PATRICK BLOMBERG

Patrick Lawrence Blomberg, 93, passed away on February 5, 2022 in Fort Myers, Florida after a brief illness. Patrick was born in Bridgeport, Connecticut, one of 10 children, to Henry Blomberg and Charlotte (Mullins). He is survived by his wife of 73 years, Dorothy (Hughes) Blomberg, sister Dolores Vasil, daughter Lynn and husband William Musante, son Patrick L. Blomberg Jr., daughter Betsy and husband Wil Rivait, seven grandchildren and 18 great-grandchildren.



Patrick played football as a running back for Harding High School and after graduation attended Boston College on a football scholarship.

He started B&B Tile Co. in Stratford, Connecticut, and began building custom homes in Trumbull, Oxford and Easton. He was most proud of his development on Carriage Drive in Nichols where he and his family resided for many years.

Patrick loved and owned horses all his life and retired to Charlton, Massachusetts to a beautiful working farm he named Flower Mountain Farm. He loved horseback riding, basketball at

the YMCA, biking, swimming and tennis at The Dunes Golf and Tennis Club on Sanibel Island where he resided for over 30 years.

Patrick loved life, his family and hard work. He kept busy and was still actively swimming and biking at 93. He will be dearly missed.

Services will be held at a later date to be announced. Memorial donations can be made in his name to St. Jude Children's Hospital: Patrick L. Blomberg ID# 22848019.✽

Performance At Bat Yam Temple

Bat Yam Temple of the Islands invites the community to celebrate the pageantry of Purim on Friday, March 18 at 7 p.m. Pastor John Danner will play Mordecai in the retelling of the biblical story of Esther in celebration of the holiday of Purim. Cantor Murray Simon, accompanied by Toby Simon on the piano, will enhance the festivities with Purim songs. Bring your noisemakers (groggers) as a means of drowning out the name of the evil Haman as the Purim reading unfolds.

Other cast members include Tanya Hochschild as Esther, Sally Sachs as Vashti, Sheila Sklar as Ahasueras, Allan Sachs as Haman, Ed Greenberg as Bigthan, Nancy Greenberg as Teresh and Rabbi Stephen Fuchs as Hatach (narrator.)

The performance will be held in

person at Bat Yam Temple of the Islands at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, and through Zoom. For more information, email batyamsanibel@gmail.com.✽

Public Meeting On Causeway Islands Project

Lee County Parks & Recreation will host an open house for the Causeway Islands Park Improvement project at the Wa-Ke Hatchee Recreation Center on Monday, March 7 from 10 to 11 a.m.

The public is invited to view preliminary project plans and renderings as well as discuss the improvements with a consultant and county staff.

This project involves stabilizing portions of the shoreline at this facility, including on both Island A and Island B. Additional improvements could include the development of compacted shell designated parking areas and corresponding stormwater management areas, as well as the addition of beach sand, new restrooms on Island A, native plant landscaping and picnic pavilions. Access to existing fishing areas also will be improved.

Lee County has launched an interactive web tool at <https://leegis.leegov.com/causewayislands> to provide easy access to information about the proposed project, including maps, plans

and timelines in a user-friendly interface.

The interactive resource illustrates the shoreline improvements already under way on the causeway islands (Phase 1), as well as the proposed upland improvements (Phase 2). Current conceptual plans for Phase 2 and a historical timeline of the project are posted on the site. Visitors can also take a survey, which can be used to provide feedback on the conceptual plans.

In preparation for the project, Lee County crews last year removed Australian pines, which is an invasive exotic species. The trees will be replaced with native trees.

The \$8.5 million project ultimately will enhance both Island A and Island B using tourist development taxes and state funds. The county plans to keep construction impacts to a minimum and complete the project by summer 2024.

Wa-Ke Hatchee Recreation Center is located at 16760 Bass Road in Fort Myers. For more information on Lee County Parks & Recreation facilities, visit www.leeparks.org or call 533-7275.✽

Blood Donors Needed

Lee Health is seeking blood donations to help replenish supply levels. All blood donated at Lee Health stays within the health system. For more information on how and where to donate, visit www.leehealth.org/our-services/blood-centers.✽

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Complaints Made About Ruckus On The Causeway

by Wendy McMullen

Stadium-sized speakers and a large screen television mounted on car roofs entertained some 100 partygoers on the Sanibel Causeway Sunday afternoon, but caused a major headache to the Sanibel Police and residents living near the bay.

The party continued all afternoon with a brief intermission when Lee County deputies visited the group. The music reportedly started up again as soon as the deputies departed and continued until sunset.

"From a legal point of view, we can't really do anything," Chief Bill Dalton told Sanibel City Council at Tuesday's meeting, pointing out that it is Lee County that owns the Sanibel Causeway and the sheriff's department has jurisdiction over the area.

"People think that once they pass through the toll booth, they're on Sanibel," said Dalton, telling city council that the Sanibel Police had about 50 complaints but that they had to refer to Lee County Sheriff's Office.

"They responded a number of times," Dalton said. "I haven't read the reports, but our criminal analyst summarized those reports to me, and he said that they didn't exceed the decibel level, so they couldn't do any enforcement. They asked the folks to turn it down on one occasion and they did. And then when deputies left, they cranked it back up again."

City councilmembers John Henshaw and Dr. Scott Crater, both of whom live within a mile of the bay, were both disturbed by the noise and said it must have exceeded allowable levels.

Dalton said that he would contact the sheriff's office to see if they could come up with a resolution, adding that there were complaints from over the bridge in Fort Myers as well as from Sanibel.

Sanibel Police have restricted authority to police the Sanibel

Causeway, only when asked by the sheriff for assistance with a crime when a lawbreaker is fleeing the island.✪

Mask Mandate Lifted For All City Buildings

by Wendy McMullen

Sanibel City Councilmembers directed the city manager to rescind all mask mandates on city-owned property at Tuesday's meeting but dictated that social distancing remains in effect.

This means that children in the city's after school recreation program will no longer have to wear masks. Nor will anyone using the Sanibel Recreation Center or visiting city properties.

The motion requested the city manager to issue the mandate immediately and city councilmembers, with the exception of Dr. Scott Crater and a few attendees, promptly unmasked themselves.

Councilman John Henshaw said that since COVID was now an endemic virus with no more virulent variant in the future, he saw no reason to continue the mandate.

Dr. Crater, however, pointed out that while he favored lifting the mandate in the recreation center, he opposed it for the city hall building.

"People working here have to be here," he said, pointing out that the rooms in city hall had low ceilings and the risk in Lee County was still high.

"I would treat the recreation center and city hall differently because they are different," he asserted.

He was supported by resident and planning commissioner Karen Storjohann, who said she appreciated Dr. Crater's comments.

"As anyone who has been driving around can see, we are inundated with visitors," she commented, pointing out that while vaccination rates on the island may be very high, vaccination rates of visitors could not be evaluated.

"We have no way of adequately

figuring in their impact on our community," she said.

The vote to rescind mask mandates on city properties passed with a vote of 4 to 1 with Dr. Crater opposed.✪

Vision Retreats Scheduled For Sanibel Residents

by Wendy McMullen

Sanibel City Council is scheduled to hold two full-day strategic planning retreats on Saturday, March 12 and Wednesday, March 16 to discuss the Sanibel Plan, the mission and general direction of the city, councilmembers decided at Tuesday's meeting.

The retreat is planned to take place at the Sanibel Recreation Center and be run by expert outside facilitator Dr. Robert E. Lee, associate professor in political science and public administration at Florida Gulf Coast University.

The council expressed eagerness for all types of people to be involved, both in group discussion and as observers. Councilmember John Henshaw was particularly keen for younger members of the community to participate in the mission of the island community.

Resident and attendee Jude Sincoskie suggested that if council wanted younger people involved, they might consider providing child care at the recreation center to facilitate participation by parents of young families.

City Manager Dana Souza promised to look into providing child care.✪

Seminar On Flood Insurance

The Sanibel & Captiva Islands Association of Realtors is hosting a seminar on flood insurance on Tuesday, March 29 from 5 to 7 p.m. at The Community House. David Arter

of Private Client Insurance Services and Chris Heidrick of Heidrick & Co. Insurance will make up the panel of speakers. The public is welcome.

Following the seminar will be a trade show with professionals in areas such as title services, insurance, banking and mortgage, and accounting.

The Community House is located at 2173 Periwinkle Way on Sanibel.✪

Council Issues Letter Of Thanks

Thank you to all of the residents, business owners and organization representatives who attended the City of Sanibel Town Hall Workshop on Tuesday, February 15. The workshop allowed residents an opportunity to provide input on long-range planning needs for the City of Sanibel. There was an impressive turnout of just under 200, with 28 people providing valued input to council. Additional written comments were submitted prior to the meeting, as well as continued written comments being submitted to the city post-meeting. All comments received are, and will continue to be, reviewed by council and staff as we prepare for our Strategic Planning Retreat. We especially thank the staff of The Community House for hosting the event and to all the all residents who helped with its planning and execution.

The input received at Tuesday's workshop is both timely and important. The City Council will hold a Strategic Planning Retreat on March 12 and March 16, 2022, to develop long-term strategic goals for Sanibel. The retreat meetings will take place at city hall and are open to the public, and we encourage you to attend.

Thank you for your ongoing participation to ensure we continue to be the best community to live, work and play in.

Kind Regards, Holly D. Smith, mayor; Richard Johnson, vice mayor; Dr. Scott Crater, councilmember; John Henshaw, councilmember; Mike Miller, councilmember.✪

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NEWSPAPER
Sanibel & Captiva Islands

Read Online: www.IslandSunNews.com



USPS 18: Bulk Rate permit paid, Sanibel, FL, 33957
Postmaster: Send change of address to Island Sun,
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957

Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000-10,000 per week (seasonal).

Mailed free to Sanibel and Captiva residents every Friday. Subscription prices:
Third Class U.S. \$60 one year, \$30 six months (allow 2-3 weeks for delivery).
First Class U.S. \$150 one year, \$75 six months (allow 3-5 days for delivery).
Prices include state sales tax. Subscription requests by mail, email or phone.

Readers with news, tips, comments or questions, call 239-395-1213,
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A camper discovers a sea urchin and gently feels its tube feet

photos provided

Play And Learn With Sanibel Sea School

submitted by Shannon Stainken, Youth Education Director

If you're looking for something fun to do with your grandchildren while they're visiting or planning spring break activities for your family, Sanibel Sea School has daily experiential programming for all ages. There's nothing better than a day of discovery in the Gulf of Mexico. Come get your

feet wet with us as we explore Sanibel's unique marine habitats.

For ages 4 to 15, Sanibel Sea School offers hands-on, field-based courses. Each course focuses on a different marine science topic. We fish, snorkel, surf, experiment and explore. Games are played, senses are used and nature art is created. Maybe we'll find a seahorse in the seagrass, spot a manatee or two, or discover tiny creatures that live between the grains of the sand. The ocean is full of surprises – you never know what you'll encounter.

Catch a wave with us after school. After School Surfing is in full swing for ages 6 to 13. On Tuesday afternoons,



Private family excursions are offered

students take to the sea to learn how to paddle, turn the surfboard around and pop up on their feet.

The whole family can join in on the fun during Discover Beachcombing walks. Sanibel offers world-class beachcombing, birding and wildlife watching opportunities. Marine science educators take participants on a casual guided beach walk to explore what's washed ashore. We talk about some of the more mysterious objects we find on the beach, look for interesting animals, and learn a little bit of shell biology. Educators are happy to answer any questions you have along the way. No two beach walks are ever the same because the sea has a way

of surprising us.

Families can also get out on the water during private excursions by boat, kayak or paddleboard. Private trips are customizable to the group's interests, activity level and existing knowledge. Topics may include barrier island ecology, seagrasses, mangrove forests, sandbars and estuaries. We frequently encounter dolphins, manatees, live shells and many bird species, and your educators will share their vast knowledge of our area and the inhabitants along the way.

To register for programs, visit www.sanibelseaschool.org. Email sanibelseaschool@sccf.org to schedule a private session.*



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Native yellow hatpins is "rare" in South Florida, according to the Institute for Regional Conservation photo by Gerri Reaves

Plant Smart: Yellow Hatpins

by Gerri Reaves

Yellow hatpin's (*Synyanthus flavidulus*) common name describes the wildflower well: a tiny button-like cap atop a very skinny elongated stalk. This member of the pipewort family is native to Florida, as well as to several other southeastern states. The species is deemed "rare" in South

Florida by the Institute for Regional Conservation, so take notice if you spot small whitish dots on the landscape while walking in a natural area. This uncultivated perennial's habitat includes bogs, marshes, scrubby or wet flatwoods, sandhills, the edges of pond and cypress swamps, and on ditch banks. The stalks arise from a clump of narrowly linear leaves that curve outward and downward. Stalks are threadlike, sometimes with tiny translucent hairs, and can be mere millimeters in diameter. The inflorescences are hemispheric or

globular in shape and two- to four-tenths of an inch across. The pale-yellow male flowers have short triangular petals, and the petals on female flowers are narrowly linear or oblong. The flowers grow dull or grayish with age. Various pollinators, mainly bees and wasps, visit the flowers. The tiny ovoid seeds are translucent and brown. Sources: <http://coastalplainplants.org>, <http://floranorthamerica.org>, www.regionalconservation.org, and www.wildflower.org. *Plant Smart explores the diverse flora of South Florida.*✧

From page 1

Lecture

name, including *The New York Times* bestseller *The Sibley Guide to Birds*, Sibley has contributed art and articles to *Smithsonian*, *Science*, *The Wilson Journal of Ornithology*, *Birding*, *BirdWatching* and *North American Birds*. He also wrote an illustrated syndicated column for *The New York Times*. Sibley is the recipient of the Roger Tory Peterson Award for Lifetime Achievement from the American Birding Association and the Linnaean Society of New York's Eisenmann Medal. This season's "Ding" Darling Lecture Series evolves with the times and persisting distance protocols by presenting at a larger off-refuge venue. Stan and

Connie Grayson, HighTower/Thomas and Swartz Wealth Management, and Drs. John and Wendy Kindig co-sponsor Sibley's lecture. Socially distanced seating is limited and available on a first-come basis. Staff will be taking temperatures and distributing entry wristbands while they last to attendees that day, beginning one hour before each lecture. Guests must be wearing wristbands and facemasks to enter the lecture room. Early arrivals may save their seat and one other with personal items. Saved seats must be filled by 15 minutes before the lectures start. Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors. The schedule of remaining lectures follows. Book signings will be held after the lectures, which start at 10 a.m. on Fridays at The Community House, unless otherwise indicated. March 18 – Author Jack Davis, *The Bald Eagle: The Improbable Journey of America's Bird* (co-sponsors: Pat Appino, Sonya Keene and John Moy, In Appreciation of the DDWS Staff Donor, In Memory of Roddy West); and March 25 – Author Stan Tekiela, *Bird Nests: Amazingly Ingenious and Intricate* (sponsors: Vortex Optics, A Fellow Minnesotan, The Jenni & Kyle Foundation). Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, visit www.dingdarlingsociety.org/articles/lecture-and-film-series.✧

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Board member Judy Addison with some of the quilts in the collection photo provided

Quilt Show Now Open At Historical Village

The Sanibel Historical Village is exhibiting a quilt show during the month of March. Roughly 40 quilts will be displayed throughout the buildings of the village.

Quilt patterns include Grandmother's Flower Garden, Dresden Plate, State Flower, Flower Basket and Churn Dash.

"The quilts on exhibit will demonstrate the wide variety of materials and patterns used by quilt makers over time, including one quilt made from gentlemen's silk ties and another from velvet pieces with a deep fringe border," said Bonnie Frankel, board member.

The quilt show dates back to when Rutland House was the only building in what is now the historical village. In 1989, Rutland House went from being open one day a week to five days a week for 10 months of the year. A toy display over Christmas generated interest over the museum's potential, and a quilt show was determined to be a positive follow-up. The museum had only a few quilts in its archives at the time, but several people donated family quilts to the collection, which now numbers some 40 quilts along with a number of baby or doll-sized pieces.

Information on patterns of quilts and time frames will be provided, if known.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks are required inside the buildings. Guided tours take place at 10:30 a.m. and 1:30 p.m. and advance reservations are not required. There is no additional fee for these tours.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults over age 18; no charge for members and children. For more information, call 472-4648 during museum hours or visit www.sanibelmuseum.org.

Motor Club Cruise-In Saturday



SanCap Motor Club members and guests bring out their finest photo provided

San Cap Motor Club will host its next Cars & Coffee Cruise-In this Saturday, March 5 from 9 to 11 a.m. at Periwinkle Place. It is open to the public and all are welcome to bring out their classic or vintage models, hot rods, muscle cars or motorcycles. No pre-registration is necessary and all vehicles are welcome.

A continental breakfast of donuts, coffee and other refreshments will be provided by the owners of Periwinkle

Place, Blue Giraffe restaurant and SanCap Motor Club. Additional parking is available in the back of the shopping center.

Membership dues for the season are \$50 per individual or \$75 per couple or family. A membership includes one new club T-shirt. Members gather on the first Saturday of the month for the cruise-in, and on the second Tuesday for dinner. For details, contact Scot Congress at 472-4177 or scot@scongress.com.

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It's A Spring Thing



by Capt. Matt Mitchell

Over the past few weeks, we have been on all that can be described as a warming trend. With water temperatures creeping into the mid 70s, we are

now in the spring pattern despite it only being early March. Bait fish have popped up on the many grass flats all over the bay. After more than a month of cold water shrimp fishing, it feels good to be back pitching snook candy pilchards.

Despite what was a week of little to no day time tide movement with shiners, we still managed to catch some quality snook. Mangrove creek fishing was great action with lots of snook caught every trip. These same creeks also produced mangrove snapper, gag grouper and even a few redfish. Snook fishing is my bread and butter and, after what has been a few cold weeks of winter, it feels so good to be back in my groove.

Trout fishing has got even better by having shiners too. The average size of the trout I'm catching has increased with the switch from live shrimp to shiners. I'm still rigging these shiners on a popping cork like I do with shrimp, and I'm fishing the exact same places I



Four-year-old Roy "the boy" from New York got in on the great action with Capt. Matt Mitchell this week photo provided

have caught them over the past month.

Near shore action has also lit up with the warming water. We are seeing bonita along with lots of cobia within a few miles of our beaches.

Patches of live bottom, county wrecks and reefs have been loaded up

with mangrove snapper, sheepshead and grunts. Live hand-picked shrimp on a 1/0 light wire circle hook with just enough weight to drop to the bottom have been catching an awesome variety of species. If your looking for a fish dinner, this nearshore fishery is on fire.

With our water already in the mid 70s, I've already started to see some early season tarpon in the sound. It's certainly not prime time yet, but while these migratory fish don't carry a calendar, they move according to the water temperature. Some early season hot spots include the deep water holes by Marker No. 4 along with Marker No. 18. Soaking cut baits on circle hooks in these areas is the go-to method with mullet and catfish tails being on the top of the list. When the tide is really moving, add a twist on sinker to keep the offering on the bottom. These first tarpon to show up are usually the giants often going well over 100 pounds.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨

From page 1

Spring Concert

band will perform a setting of *The Minstrel Boy*, one of the most-loved Irish songs, and a medley of 30 classical themes in only three minutes, called Instant Concert.

One of the classics of American concert band literature is a suite of five short movements, *Scenes from The Louvre*, based partly on music of the Renaissance. This work offers a musical journey to the galleries of one of the world's most famous museums.

The BIG ARTS Concert Band will welcome Director Emeritus Mike Lamade back to the podium as he conducts *Toccata for Band* by Frank Erickson. The audience will be invited to join the band in the performance of one of the greatest American concert marches, *On the Mall*. No experience required.

The concert will conclude with a patriotic salute to veterans, titled *America's Finest*.

The concert will be held in Christensen Performance Hall at BIG ARTS. For tickets, visit www.bigarts.org or call 395-0900. Tickets will also be available at the box office the evening of the performance. BIG ARTS is located at 900 Dunlop Road on Sanibel. ✨

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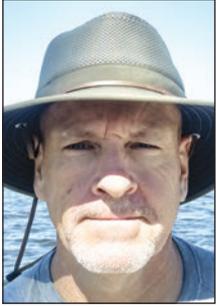


Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Reddish Egret

by Bob Petcher



The reddish egret (*Egretta rufescens*) is a medium-sized wading bird that has long legs and a long, curved neck, like most herons and egrets. It is regarded as one of the rarest egrets in North America.

The reddish egret is distinctive by its hyperactive feeding behavior that involves running through shallows, a staggering sideways

motion, leaping gestures, bizarre wing movement and hasty stabblings at fish.

Interestingly, this species of egret has two color morphs and can be either white or dark colored for life. The darker morphs are more numerous with adults achieving rich grayish-blue bodies to go along with its reddish features.

One can spot an adult reddish egret and tell it apart from other egrets and herons by its shaggy appearance. Darker morphs have a rusty reddish head and neck area as well as a pink bill with a black tip. White morphs are less shaggy, all white but still boast the pink bill with a black tip. Juveniles are either grayish overall with a dark bill for darker morphs or white overall with a dark bill for white morphs.

At CROW, a juvenile white morph reddish egret was admitted from Fort Myers Beach emaciated and with a fish hook in its right leg.

"Fish hooks can easily become imbedded in an animal's skin, muscle, or even bone if they get entangled in material that's been inappropriately discarded into the environment," said Dr. Robin Bast, CROW staff veterinarian. "Fishing hooks can also affect animals if



Patient #22-629 is ready to return to the wild

photo by Amber Strassler

they are ingested along with a food item... such as a fish on the end of a line."

The patient was also admitted with some abrasions on two parts of its body. The hook was removed, and the wound site was cleaned.

"The abrasions on the neck are likely from fishing line, and the abrasions on the carpus – or wrist part of the wing – were likely sustained when the bird was

struggling to get untangled from the hook/line," said Dr. Bast. "The wounds were cleaned and flushed with sterile fluid, and a small bandage was temporarily placed on the leg where the hook was removed to control bleeding. Once the bleeding stopped, the bandage was removed as the puncture wounds themselves were relatively small. The bird was started on a course of antibiotics to treat infection due to the contaminated wounds."

The patient has been receiving supportive care during its week-long stay.

"The bird was very thin, so it was placed on a refeeding plan consisting of a liquid critical care formula made for piscivorous (fish-eating) birds before being offered whole fish," said Dr. Bast. "It received fluid therapy on admission for rehydration."

Hospital staff closely monitored the wound on a daily basis. The patient is now ready to return to Fort Myers Beach, just in time for spring break.

"The wounds have healed and the bird has finished its course of antibiotic medication. It has been medically cleared for release," Dr. Bast reported.

While this water bird is free to re-explore its native habitat, CROW medical personnel can attest that not all patients have been so lucky when it comes to fishing hooks and monofilament line.

"Please visit the Mind Your Line website – <https://mindyourline.org> – for more information on how you can help keep our environment clean by responsibly discarding hooks, lures and monofilament line in the recycle bins provided across the island," said Dr. Bast. "This will help us decrease the amount of preventable injuries to our wildlife friends."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk With Rehabilitators and Staff – Monday to Friday, 11 a.m. to 12:30 p.m. and 2 to 3:30 p.m., and Saturday, 11 a.m. to 12:30 p.m. Cost is \$25 and includes general admission.

CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity



for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: the daily presentation in the Visitor Education Center and a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds.

This program is not recommended for children under the age of 13. Masks are required at all times during the tour. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital. To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, March 4, 11 a.m., Why Animals Come to CROW – Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, March 4, 2 p.m., Why Sanibel? – Sanibel is home to some of the most diverse wildlife in Southwest Florida. This presentation will talk about what makes Sanibel stand out and what

policies are in place to keep Sanibel a sanctuary island

Saturday, March 5, 11 a.m., Surgery and Triage – Several times each day, new patients arrive at CROW. After the rescue teams have located and restrained injured or ill animals, and transported them to CROW, they are assessed and admitted to the hospital. This talk will discuss all that goes on when assessing new patients at CROW's wildlife hospital.

Monday, March 7, 11 a.m., Patient Profiles: Virginia Opossums – Virginia opossums are the only marsupial native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem.

Monday, March 7, 2 p.m., Species Profile: Bats – Bats are the only true flying mammals on earth and can be found throughout Southwest Florida. Their many physical adaptations provide them with unique advantages in the ecosystem. This presentation discusses the common bat species found around Florida, general characteristics, why bats come into CROW, and their benefits to both the ecosystem and humans.

Tuesday, March 8, 11 a.m., Turtles, Tortoises, and Terrapins – They are all members of the Chelonian reptile family but convey distinct differences. This presentation discusses the distinctions between the three.

Tuesday, March 8, 2 p.m., Seabirds and Shorebirds – There is a diversity of birds on the shore and in the water. This presentation will discuss all the different birds from the tiny snowy plovers to white pelicans. Learn how they play a role in the environment and why they are important to the health of ecosystems.

Speaker Series Presents: Invasives and Exotics, 4:15 p.m. (in person or virtual via Zoom) – by Adam Pottruck, wildlife biologist and environmental educator at Adam's Animal Encounters.

Florida is home to a more than 700 terrestrial animals, 200 freshwater fish and 1,000 marine fish; these organisms depend on the productivity of natural habitats and sustainable recreational practices to survive. Because of the

climate in Florida is subtropical, it is easy for nonnative animals to adapt and become established. During this program, Pottruck will provide some examples of the exotic reptiles invading Southwest Florida and explain how their presence is a problem for native wildlife. To register, go to www.eventbrite.com/e/2022-crows-speaker-series-invasives-exotics-tickets-262072264197?aff=ebds-oporgprofile or visitwww.crowclinic.org/articles/2022-speaker-series.

Wednesday, March 9, 11 a.m., Wildlife Rescue 101 – Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

Wednesday, March 9, 2 p.m., Patient Profiles: Virginia Opossums – Virginia opossums are the only marsupial native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem.

Thursday, March 10, 11 a.m., Patient Profiles: Owls of Southwest Florida – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of native and migratory raptors of Florida, specifically the five species of owls.

Thursday, March 10, 2 p.m., Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides, which can degrade the environment and harm other animal species.*

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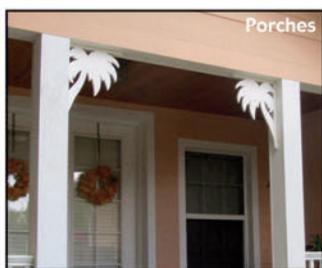
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Educators from the refuge will be on hand throughout the day photos provided

'Ding' Darling Bringing Family Fun To Lakes Park

To further its mission to reach and connect with underserved urban communities, the JN "Ding" Darling National Wildlife Refuge migrates its 33rd annual "Ding" Darling Day celebration to Lakes Park in Fort Myers on Sunday, April 24. This year, the refuge will jointly observe Earth Day, which falls two days earlier on April 22, with "Ding" Day.

The refuge and "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) have been keeping in sync with the Urban Wildlife Refuge Partnership, a national refuge system-wide initiative to encourage community connection. The WoW (Wildlife on Wheels) project was the first big step refuge educators took toward spreading the word about conservation beyond refuge borders. Since December 2020, it has reached nearly 10,000 students, parents and other adults across the region.

WoW will be at the center of the free "Ding" Darling Day at Lakes Park. Besides tours of the classroom, the refuge and DDWS have planned a full day of Conservation Carnival activities from 10 a.m. to 2 p.m. Free outdoor activities include carnival games, prizes, Earth Day crafts, artist-in-residence programs, guided bilingual birding walks, a biking tour and

educational interactions with other local conservation organizations.

"We look forward to reinventing 'Ding' Darling Day to make that connection actually out in the community," said Supervisory Refuge Ranger Toni Westland, who chairs the event committee. "We're still ironing out details, but expect fun and enrichment for the entire family." Watch www.dingdarlingday.com for details.

The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) and Tarpon Bay Explorers co-sponsor "Ding" Darling Day with support from the local community and businesses.

DDWS seeks sponsors for the event, which will be publicized throughout the Southwest Florida area. For more information, contact April Boehnen at april@dingdarlingsociety.org or 472-1100 ext. 4.

Sponsors to date include: Great Egret: Doc Ford's Rum Bar & Grille; Great Blue Heron: *Island Sun*, John R. Wood Properties; Reddish Egret: Bank of the Islands, Media Source, Mike and Terry Baldwin, Mitchell's SandCastles; Snowy Egret: Florida SouthWestern State College Foundation, *Florida Weekly*, John and Anette Gritti, Jensen's Twin Palm Cottages & Marina Resort, Kearns Restaurant Group, McCallion & McCallion Realty, Parker Waichman LLP, Sanibel Moorings Resort, Southern Snoballs, Tarpon Bay Explorers. ✨



Wildlife on Wheels (WoW) tours will introduce the greater community to the refuge on "Ding" Darling Day at Lakes Park

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Bailey-Matthews National Shell Museum
Shell Of The Week

The Beaded Sundial

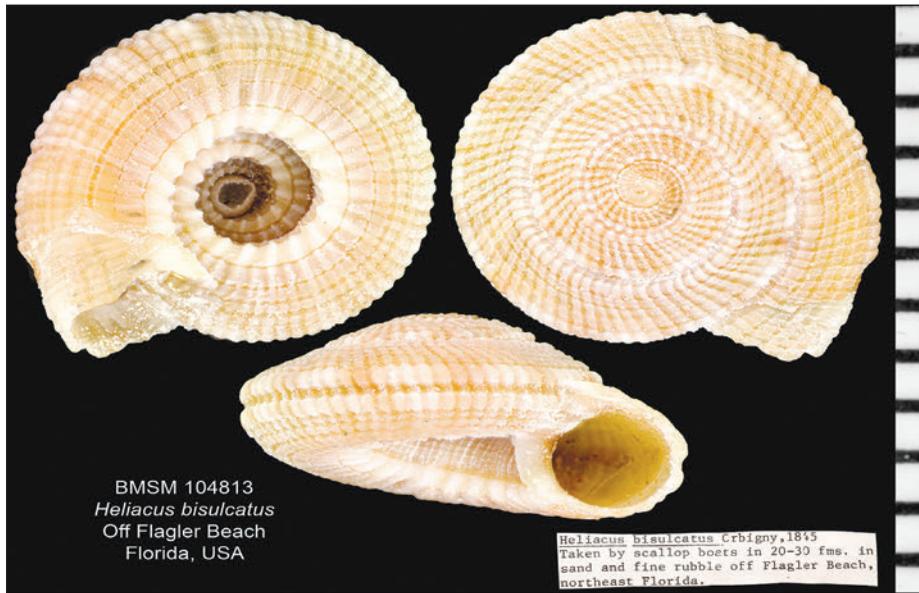


by José H. Leal, PhD, Science Director and Curator

H*eliacus bisulcatus* (d'Orbigny, 1842), is a marine snail of the sundial family Architectonicidae that may reach

about 12 mm (about 0.5 inch) in diameter. The characteristic, donut-shaped shell has a flattened spire and a sculpture of five rows of squarish beads per whorl. The shell periphery (the "outer rim" of the shell) has two prominent rows of beads. The umbilicus is wide and deep. Color is brown to dull-cream. The species has a very broad distribution from North Carolina to Florida and the Caribbean, Gulf of Mexico (in deeper water), Bermuda and both sides of the tropical Atlantic Ocean, including West Africa. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva



BMSM 104813
Heliacus bisulcatus
Off Flagler Beach
Florida, USA

Heliacus bisulcatus Orbigny, 1845
Taken by scallop boats in 20-30 fms. in sand and fine rubble off Flagler Beach, northeast Florida.

The Beaded Sundial, *Heliacus bisulcatus*, from off Flagler Beach, Florida

photo by James F. Kelly

Road. To make a secure donation, visit www.sanibelmuseum.org. For more information, call 395-2233.*

Native Plant Walks At City Hall

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours are scheduled for: Wednesday, March 9 and Saturday,

March 26; Wednesday, April 13 and Saturday, April 23.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with little maintenance, is good for the environment and will attract birds and butterflies. Vegetation committee members will provide information on proper planting and care of native vegetation. Registration is not required. Meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road. For more information, email san.dnr@mysanibel.com or call 472-3700.*

American Legion Post 123



American Legion Post 123 is having a fish fry from noon to 8 p.m. this Sunday, March 6. Barbecued ribs and chicken are on the menu for Sunday, March 13.

The general meeting will be held on Wednesday, March 9 at 7 p.m.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.*

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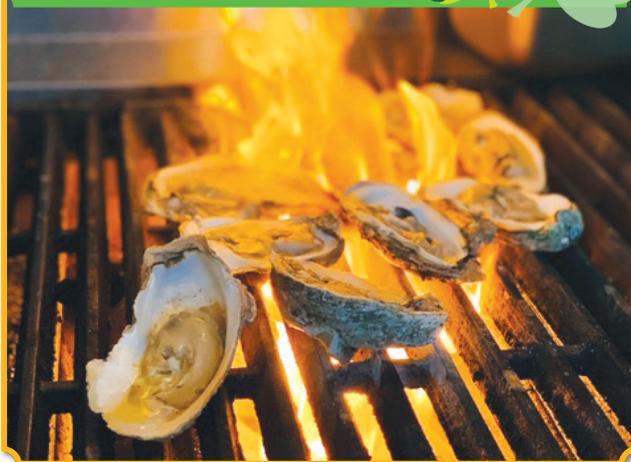
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Comedian Creates Unforgettable Saturday Night For Shell Museum



Kevin Nealon

photos provided

Comedian, actor and *Saturday Night Live* cast member Kevin Nealon had a crowd of more than 200 laughing out loud during the Live from Sanibel... It's Saturday Night! gala benefiting the Bailey-Matthews National Shell Museum on February 12. Nealon's stand-up performance capped off an evening of dining, giving and community fellowship.

The gala took place at The Community House and included live and silent auctions. The evening proved to be a highly successful fundraiser for the museum, as the organization raised nearly \$300,000 from sponsorships, auction sales and donations.

"The museum's staff and board are overwhelmed by the philanthropic kindness of the Sanibel and Captiva communities that evening," said Sam Ankerson, executive director of Bailey-Matthews National Shell Museum. "Their generosity will support the animals, educational programs and vision of the Beyond Shells Living Gallery of aquariums throughout 2022 and beyond." ✨



Hosts Sam Ankerson and Richard Johnson perform the Sanibel Weekend Update



Scot Congress



From left, Ginny Zimmerman, Campbell Kidd, Jamie Doss, Eric and Deb Ames, and Megan Doss



Jack Waterman and Charles Neuman



From left, Chauncey and Allison Goss, Eric and Mary Ellen Pfeifer, and Sally and Al Hanser



From left, Melissa Congress, Stephanie Muddell and Laura Shaffer



From left, Gary West, Sue Ann Pirsch, Rick and MaryLee Schnobrich, and Jim Canner



From left, Corky Dalton, Sherry Gentry, and Jack and Karen Pagel



From left, Jane Doss, Rich Bell, Sherry Lowderman and Dr. Bill Mark

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Local Author Seeks To End Puppy Mills



by Allison Havill Todd

When most of us think of puppies, it brings images of warm, furry, happy animals that bring a smile to our faces. It is hard to imagine that there might be any

negative connotations associated with these beautiful, innocent beings. However, in many cases, there exists a very harsh reality behind the scenes that is unbeknownst to most that choose to purchase a puppy.

In her book, *Bark Until Heard*, Sanibel resident and author, Becky Monroe, uncovers the dark world of mass breeding facilities and the inhumane practices that take place in the thousands of puppy mills across the United States alone. Puppy mills are mass breeding operations where profits are prioritized over the wellbeing of the animals. Mills produce as many animals as possible, as quickly as possible, in order to make money.

Being an animal welfare and dog rescue advocate since childhood, volunteering at shelters and writing for Best Friends



Becky Monroe with her current rescues, Alice and Augie

photos by Allison Havill Todd

Animal Society magazine, Monroe has been exposed to many horrors regarding the treatment of what is supposed to be “man’s best friend,” but nothing like her first experience on assignment at a puppy mill auction in Wisconsin in 2008.

Monroe was sent to cover a story for the magazine about a protest taking place at a puppy mill only to discover herself drawn inside the dark barn, deep in the heart of Amish country. There were hundreds of chicken wire cages stacked on

top of each other filled with every desired breed of dog, all wearing a rope around their necks with an auction number.

Instead of being humanely treated as living, breathing animals, they were tossed about and handled like sacks of flour. Monroe shared that as she walked amongst aisle after aisle of cages, she saw only scared, seemingly lifeless animals huddled in the back of their small chicken wire containers. None of them made eye contact; many were so ill, they were hardly breathing; no sound was heard from them as they flinched from any human contact; they had given up a long time ago. They were there to be auctioned off as breeding stock by puppy mill operators from around the country to provide the latest designer dog breed and turn a handsome profit.

Most of these dogs had never seen the light of day, never felt the earth beneath their paws, never had any affection from humans, never had any veterinary care and lived in their own feces and urine with heavily matted coats. They simply existed in their little cages with broken spirits, with sparse food and water rations, only to be bred time and time again so their litters could be sold by brokers to pet stores or online sites promoting their sale.

Monroe was so horrified by what she encountered at this event that she felt moved to bid on the oldest dog on the auction block, a horribly matted Chinese crested powder puff, who she would name “Thorp.” Other rescue organization representatives would do the same in a desperate attempt to give these horribly abused animals a chance at another life.

Since her first exposure to the world of mass breeding facilities and auctions, Monroe has dedicated her life to raising awareness about puppy mills, educating the public on responsible practices and advocating legislation that helps put an end to this nightmare. Sadly, only five states have passed legislation prohibiting pet stores from selling mass bred animals, and it’s almost impossible for the USDA to monitor the conditions in the thousands of mills around the country.

Monroe cautions unsuspecting people who are planning to purchase a puppy to do their research! Puppy mill brokers



Alice is now enjoying the good life she deserves

sell their “goods” to pet stores and online sites. Many are falsely represented and come from parents that are ill due to lack of proper nutrition, socialization and medical care. She emphasized that responsible breeders do not sell their litters through these outlets. Monroe strongly advises anyone who thinks they are buying a puppy to personally visit the breeding location, check the conditions and see the male and female dog on premises, but beware as there are many bait and switch routines that are exercised by less scrupulous breeders.

Rather than support the constant breeding cycle and the inhumane conditions that accompany a large part of this business, Monroe strongly encourages those desiring an animal companion to adopt from a local shelter or rescue organization where millions of worthy dogs are admitted each year and many euthanized due to a lack of space. She also suggested that readers contact their local Florida legislator to voice opposition against HB 849 and SB 994, which threaten to protect puppy mills and the puppy-selling stores in our state. Or, at the very least, refrain from purchasing anything from pet stores that sell puppies.

Sadly, Monroe’s rescued dog, Thorp, passed in 2020 but his story continues. While Thorp was one of the few to discover his new life and blossom under Monroe’s care, there are thousands more just like him who are doomed to a life as a mill dog, breeding litter after litter until their bodies give out, as long as there is a demand for their puppies and outlets where they can be sold.

Animal advocates and dog lovers on Sanibel, Captiva and surrounding areas, can purchase Monroe’s book at MacIntosh Books and Paper, located in The Village Shops at 2340 Periwinkle Way on Sanibel. Come out and meet the author at a special book signing event on Thursday, March 10 from 11:30 a.m. to 1 p.m. A portion of the proceeds will be donated to local animal shelters and groups that rescue puppy mill dogs.

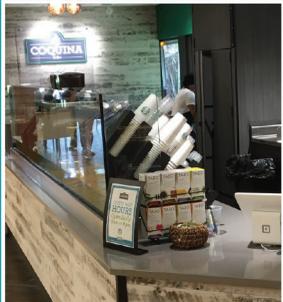
Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she’s not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.*



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A healthy community of dune vegetation includes sea oats, dune sunflowers and railroad vine photo by Conservation Officer Dana Dettmar

City Of Sanibel Vegetation Committee

Beach Zone Planting

Sanibel, as a barrier island, is fortunate to have a number of distinct ecological zones, each with its own characteristics. As such, the City of Sanibel is committed to protect and conserve these areas from harmful impacts on the resources they provide. The coastal beach zone has the added challenge of protecting beaches from serious erosion, providing resting and nesting for numbers of shorebirds and turtles, and allowing access to a vast numbers of beachgoers.

The native plant communities on both the fore dune (closest to the water's edge) and the back dune are impacted by wind, flooding, sandy soil, salt spray and at times, the effects of tropical storms and hurricanes. Whole areas of beach may be significantly altered by these events, but having a vegetated dune can help reduce impacts to developed areas along the beachfront. Native plants that grow in the dune are tolerant of this high energy environment. A stable dune holds sand to help control erosion and also provides protection from strong winds.

Because of the important natural services provided by the beach dune system, Sanibel's vegetation regulations provide protection and guidance for vegetated areas seaward of the 1974 coastal construction control line (CCCL), also known as the Gulf Beach Zone, or the beach dune. Section 122-170 of Sanibel's code of ordinances details information about trimming, revegetation and removal of non-native plants in the gulf beach zone. A vegetation permit is required for the transplanting, removal or trimming of any vegetation seaward of the 1974 CCCL. Through the permitting process, the city is able to encourage responsible trimming practices and protect Sanibel's valuable beach dune ecosystem while still providing property owners and tenants a reasonable view and aesthetics. Based on the Sanibel code, each permit includes a list of custom, site-specific,

special trimming conditions that take into account:

The physiological effects of trimming on dune plant species;

The maintenance of the beach dune habitat for plants and wildlife;

The appearance of the dune and background structure from the beachfront in accordance with the Sanibel Plan;

The owner/applicant's desire for view maintenance and aesthetic dune areas.

Sanibel's beach zone is an ecosystem that supports and protects both the natural environment and human activity. Removal of invasive exotic species is a condition of each dune trimming permit, so be on the lookout for Brazilian pepper (*Schinus terebinthifolius*), exotic inkberry/beach naupaka (*Scaevola taccada*), mother-in-law's tongue (*Sansevieria hyacinthoides*) and other pesky exotics.

Both the Florida Administrative Code and city vegetation standards require that all plants installed in beach and coastal areas (seaward of the 1974 CCCL) be native species. Some natives that are appropriate for the beach dune include: sea grape (*Coccoloba uvifera*), golden creeper (*Ernodea littoralis*), inkberry (*Scaevola plumieri*), saw palmetto (*Serenoa repens*), dune sunflower (*Helianthus debilis*), prickly pear (*Opuntia humifusa*) and railroad vine (*Ipomoea pes-caprae*). Sea oats, one of Sanibel's most common dune plants, is also one of the most important. The extensive root system and the close growth of the stems and leaves help to stabilize the sand and mitigate wind.

The City of Sanibel Vegetation Committee hosts free plant walks from November to April at city hall to view and discuss the use of native plants. All are welcome.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. For more information, call 472-3700.*



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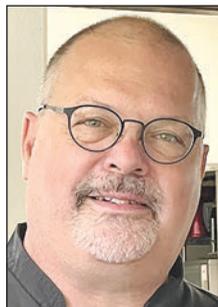
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The Community House

Florida And Wine



Florida's winemakers favor the muscadine (*Vitis labrusca*) grape or other native grapes because vines initially brought from Europe like chardonnay or merlot did not stand up well in Florida's heat and humidity compared to the native grapes. Florida wineries produce wines from tropical fruits as well.

Today, all around the state, you can discover winery tours, wine tasting and unique events. Go to www.visitflorida.com to find information on vineyards and wineries throughout the state.

Recipes for fruit wines, sometimes called country wines, vary only slightly from one another, and you have tremendous leeway in the fruits and fruit juices you can use. This recipe is a general one that will work for a range of fruits, from sweet summer berries and soft orchard fruits such as peaches, to the heartier fruits of fall such as apples and persimmons. What they all share is a need for patience: you need to let them age gracefully for about a year.

Here is a country wine recipe you can use with just about any kind of fruit (except citrus) to try your hand at becoming a vintner yourself! It's a bit technical but most of the items can be found around the house or picked up at a hardware/home improvement store. For starting specific gravity (to measure the sugar content of the juice) you can get a hydrometer or just taste the juice. It should be sweet, but overly sweet starting juice will actually interfere with the fermentation process. Starting specific gravity should be between 1.07 and 1.10. An "airlock" is a simple

device that can be fitted to a bottle neck opening of a large carboy bottle (water cooler bottle) to prevent the introduction of more oxygen into the bottle as the CO2 escapes. You can purchase one online or make your own by running a flexible tube through an airtight stopper or cork into the

carboy (do not let the tube get submerged in the liquid) and putting the other end into a jar filled halfway with water (do submerge the tube into the water) and make sure it is firmly secure so that the tube remains submerged in the water at all times.

Happy winemaking... Cheers!

by Chef John Wolff

This week, as a follow-up to my last article, I was wondering if I might explore a little bit about winemaking here in Florida. I was pleasantly surprised to learn that there are over 35 wineries in Florida. Although most of the vineyards are in the central and northern parts of the state, there are several here in the southern part of the state.

St. Augustine, on Florida's northeast coast, and the first permanent European settlement in North America, is generally considered the birthplace of winemaking in North America. Wine has been produced there since about 1565. And this is also where the first domestic wine grapes were grown in Florida by Spanish missionaries, due to the need for religious, ceremonial and sacramental wine.

Wine produced in Florida is not only delicious but different too, because

Country Wine

4-6 lbs. fresh fruit cut into small pieces

2 lbs. sugar

3 qts. water boiled

Juice of 1 lemon

6 drops liquid pectic enzyme

1 can frozen white grape juice (concentrate optional)

1 packet wine yeast (Champagne or Montrachet strains)

1. Ferment: Place the fruit in a fermentation bag inside a sanitized primary fermenter. Combine the sugar with 2 quarts of the hot water and pour over the fruit. Add the lemon juice, pectic enzyme and grape juice concentrate (if using), and additional boiled, cooled water to bring the water level up to 1½ gallons. When the temperature cools to 72°F (22°C), assess the specific gravity or taste the liquid. It should taste quite sweet, as sweet as light syrup. Sprinkle on the yeast and cover the primary fermenter after providing a way for gases to escape, such as using an airlock or covering the container securely with several folds of cheesecloth or a clean towel.

Knead: At least once a day for 5 to 6 days, use clean hands to knead the fruit in the fermentation bag and turn it, so a different side floats to the top. The liquid will become cloudy and slightly fizzy; with some fruits, large bubbles form on the top. Taste the liquid just before washing it from your hands. The sugar level should drop noticeably by the fifth day. Wait: after about a week.

2. Compost: When the fruit in the fermentation bag has become a gooey mess, lift it from the container and let the juice drip back into the wine. Spend a few minutes with this, but do not squeeze the bag. Compost the fermented fruit and let the wine rest for a couple of days.

3. Siphon: Without jiggling the wine, siphon the clear part into a clean glass bottle that can be fitted with an airlock.

Allow about 4 inches of space between the top of the liquid and the bottom of the airlock. If needed, top off the wine with boiled, cooled water to bring the liquid to this level. Install the airlock.

4. Place the wine in a dark place where temperatures range between 60 and 70°F (16 and 21°C). Cover the bottle with a cloth sleeve to protect the wine from light, which can change its color. Old T-shirts make convenient wine covers for big bottles.

5. Wait: After about a month.

6. Siphon: Siphon the wine again (this is called racking) into a clean bottle. Move the wine to a cool place and check it monthly to make sure the airlock is clean and functioning properly. Rack again after 3 months.

7. Age: If you do not use sulfites to kill any live yeasts remaining in the wine, you must wait for the wine to become "dry," or without sugars, to consider bottling it. This takes about 6 months. During the last month, the wine should be moved to normal room temperatures, just in case higher temperatures stimulate activity by surviving yeast.

8. Bottle: Wine is finished and ready to bottle when no air can be seen moving through the airlock for several days, and no bubbles are present around the top edge of the wine. When in doubt, wait. Wine that is bottled before it becomes still will pop its cork, which creates a nasty mess. Allow the bottled wine to age for at least a year before tasting it. Wine that tastes too rough to swallow at bottling time often matures into amazing wine, but you must give it time. Two years is not too long to wait for naturally made wine from your organically grown fruits.

John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*



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Garden Club Selling Caladiums



Caladiums flourish in Sanibel native gardens

photo provided

Brighten up your native plantings this spring with colorful caladiums. Shell Islands Garden Club is taking orders at a discounted price of three tubers for \$10. They may be ordered until Tuesday, March 8. Pick up is scheduled for mid-March. Proceeds will support island and club horticultural activities.

Caladiums are known for their big, heart-shaped leaves displaying vibrant color combinations of white, pink, red and green. They thrive in the hot, humid summer climate and will grow well in full

to partial shade. Caladiums are perennials and come back year after year with no need to dig them up for winterization. Each tuber has several eyes that produce the colorful leaves.

The garden club is offering five varieties: Frieda Hemple, Classic Pink, Pink Beauty, Aaron and Red Alert. There is also a mixed color bag available. Instructions for planting and care are included with each order.

Call Sandra Dalbec at 229-472-3366 or Carol Bytnar at 472-1410.*

Workshops And Classes

BIG ARTS offers a variety of workshops with experienced instructors. The schedule is:

Sanibel Footprints Basket with Gisela Damandl – Monday and Tuesday, March 7 and 8, 9 a.m. to 4 p.m. Donor: \$151; nondonor: \$121.

Three Trials That Changed America with James Rudin – Mondays, March 7 to 21, 9 to 10:30 a.m. Donor: \$80; nondonor: \$100.

Pastels with Mary Klunk – Tuesdays, March 8 to 29, 9:30 a.m. to noon. Donor: \$120; nondonor: \$150.

Glass Fusing with Petra Kaiser – Wednesdays, March 9 to 30, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Glass Fusing with Petra Kaiser – Thursdays, March 10 to 31, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Greeting Card Class with Donna Lee Cole – Friday, March 11, 9 a.m. to noon. Donor: \$25; nondonor: \$32.

Intermediate Drawing with Douglas David – Saturday, March 12, 9:30 a.m. to 3:30 p.m. Donor: \$135; nondonor: \$169.

Great Blue Heron on Palm Bark with Jenny Licht – Saturday, March 12, 1 to 4 p.m. Donor: \$69; nondonor: \$86.

The Perennial Philosophy: Catching A Glimpse of Truth and Beauty in Each Religion and Every Branch of Science with Ran Niehoff – Saturdays, March 12 to 26, 10 to 11:30 a.m. Donor: \$80; nondonor:



\$100.

Paint Classic Florals in Oil with Douglas David – Monday and Tuesday, March 14 and 15, 9:30 a.m. to 3:30 p.m. Donor: \$265; nondonor: \$332.

Zentangle with Donna Lee Cole – Friday, March 18, 9:30 to 11:30 a.m. Donor: \$25; nondonor: \$32.

Are You Stuck? Open Paint & Critique with Jan Atkielsi – Monday, March 21, 9 a.m. to 3:30 p.m. Donor: \$79; nondonor: \$99.

Music & Art Lecture: Expressionism with Tom Cimarusti – Thursday, March 24, 1 to 3 p.m. Donor: \$40; nondonor: \$50.

Glass Fusing with Petra Kaiser – Wednesdays, April 6 to 27, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Glass Fusing with Petra Kaiser – Thursdays, April 7 to 28, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Watercolor Painting with Sunny Krchmar – Wednesdays, April 8 to 29, 9 a.m. to noon. Donor: \$156; nondonor: \$195.

Pre-registration is required. For more information, call 395-0900, stop by the box office, open from 9 a.m. to 3 p.m. at 900 Dunlop Road on Sanibel. For full course descriptions, visit www.bigarts.org or email info@bigarts.org.



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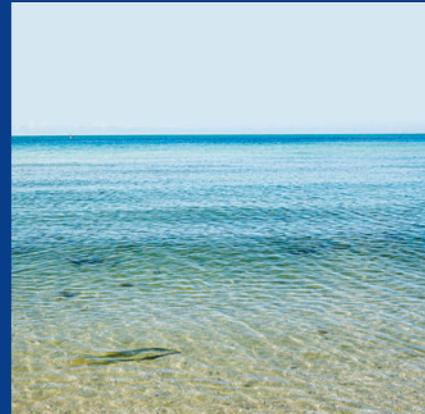
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NEW EXHIBITS

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BLACKWATER MOMENTS:
Nocturnal Photography of Open-Ocean Mollusks
Now through May 30

Photo by Andrew West/The News-Press



LECTURES

Mar. 15: Diver and photographer LINDA IANNIELLO (pictured)

Apr. 6: News-Press visual journalist ANDREW WEST



CLASSES

Mar. 2: San Carlos Bay / Bunche Beach Marine Biology and Field Lab

Mar. 17: Biodiversity and Taxonomy of Mollusks

Mar. 31: Drawing & Illustrating Shells

Apr. 13: Shell Morphology: Understanding Shell Descriptions

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Pineberry Bruschetta

1 pound pineberries, tops removed, sliced
 1 teaspoon honey
 8 ounces goat cheese, softened at room temperature
 4 ounces cream cheese, softened at room temperature
 12 slices of fresh Italian, French or Cuban bread
 2 tablespoons olive oil
 ¼ cup balsamic or white balsamic syrup
 ¼ cup fresh mint leaves, hand torn
 Sea salt and fresh ground pepper to taste

In a small mixing bowl, combine the cream cheese, goat cheese and honey. Stir ingredients until incorporated and smooth. Taste and adjust seasoning with a pinch of sea salt. Set aside or in the



Pineberry Bruschetta

refrigerator until one hour before use. Preheat a grill pan over medium heat or preheat the oven to 375 degrees. Evenly drizzle the cut bread with olive oil. Place the oiled bread slices on a cooking sheet in the oven or in the preheated sauté

pan. Cook the bread slices for 4 to 7 minutes or until the desired crispness is reached. To assemble the pineberry bruschetta, spread an even amount of the goat cheese mixture over each toasted bread slice. Top the bruschetta with an

even amount of sliced pineberries. Lightly season each topped bruschetta with sea salt and fresh ground pepper to taste. Garnish each bruschetta with hand-torn mint leaves and a drizzle of balsamic syrup. Serve immediately. ✨

photo courtesy Fresh From Florida

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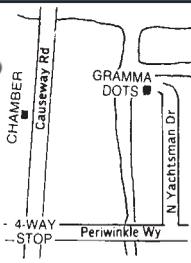
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Horseshoe crabs

photo provided

Report Horseshoe Crab Sightings

It's almost spring and that means it's peak mating season for horseshoe crabs. Help biologists with the Florida Fish and Wildlife Conservation Commission (FWC) gather information about these ancient creatures by reporting sightings on the online survey.

Horseshoe crabs mate by pairing up, with the smaller male attached to the larger female. They then crawl onto the beach up to the high tide line where the female digs a nest and lays her eggs, all while the male is attached and fertilizing the freshly laid eggs. They mate year-round, but it is most common to see mating groups along the shore of sandy, lower wave action beaches in March and April, as well as September and October.

Beachgoers will have the most luck spotting horseshoe crabs around high tide within a few days of a new or

full moon. Reporting horseshoe crab sightings provides valuable information about habitat use, population distribution and environmental conditions for nesting to the FWC. Although horseshoe crabs have existed for more than 450 million years, scientists are still learning about Florida populations. Public sighting information helps FWC researchers target nesting beaches for the Florida Horseshoe Crab Watch Program, a citizen science-based initiative to collect data throughout the state.

If you see a horseshoe crab on its back, you can help it flip back over by gently picking it up (holding both sides of the shell), turning it over and releasing it back into the water. Simple actions such as this help conserve this species and the many other species that depend on it.

Report sightings by visiting www.myfwc.com/research and clicking on Crustaceans then Horseshoe Crabs and selecting Report Your Nesting Horseshoe Crab Sighting.*

Shell Found



Junonia found by Tina Cramer

photo provided

Tina Cramer of Lake of Ozarks, Missouri found a junonia on while staying at Ocean's Reach. She said, "Wouldn't have known what I had if a lady on the beach hadn't told me. I was just looking for pretty shells."*✪

Shell Found

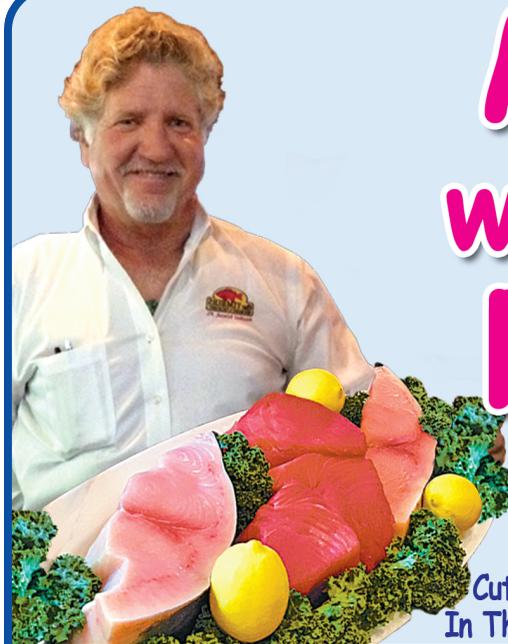


Chelsea Knutson

photo provided

Chelsea Knutson of Minnetonka, Minnesota found a miniature lion's paw while vacationing at South Seas Island Resort on Captiva.*✪

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BIG ARTS Monday Night Film Series

The Rescue

by Di Saggau

The Monday Night Movie for March 7 is *The Rescue*, a film from Thailand about the dramatic 2018 rescue of 12 Thai boys and their soccer coach, trapped deep inside a flooded cave. The film premiered to rave reviews at the 2021 Telluride Film Festival and won awards at several others. *The Rescue* is about a collection of people of all different nationalities and cultures working together to achieve a common goal.

In the summer of 2018, a short outing after soccer practice became a two-week saga of survival. Monsoon rains had trapped the boys and their coach and, within days, thousands of people were there to help.

With exclusive interviews and a wealth of never-before-seen material, the film takes us into the infamous cave, highlights the efforts of the Royal Thai Navy SEALs and U.S. Special Forces, and details the expert cave divers' audacious venture to dive the boys to safety. The film keeps viewers on the edge of their seats as it shines a light on the high-risk world of cave diving, the astounding courage and compassion of the rescuers, and the shared humanity of the international community that united to save the boys. It's an incredibly intense and thrilling cinematic experience.

The Rescue runs 107 minutes and

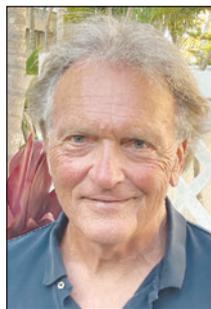


image provided

will be shown at 7 p.m. in Christensen Performance Hall. After the film, Pam Weiner will lead a discussion. Tickets are \$10 and can be purchased online or at the box office. Masks are required at all times when inside Christensen Performance Hall.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.

Poetry Corner



by Clay C. Ewell

Vision

My young life stretched before me as a wide expanse, with few discernible

Features, save the distant edge of the world, obscured by the haze.

And as I had come to do so many times before, I turned away
As I had, upon touching a remote place within myself that I could not bear to know

Or in glimpsing the depth in the eyes of another, fleeing from the too muchness.

I turned away, into the cold wind and the shadows of the night enveloped me
As the vague horizon faded from view and all the emptiness of the wide expanse
Became but an idle thought, a brief shiver that traverses the spine when
A presence is sensed but not seen, or when a thought that needs thinking
Reminds itself that it's time has not yet arrived and then from the shadows you were there.

And suddenly I felt myself connect to the world as its sights and sounds

Assumed their place and meaning and I saw finally what I must do and where I must go

And it seemed that I already knew that I would love you forever.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Self-employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandnews.com.

New Website For Osprey Foundation

The International Osprey Foundation (TIOF) gave its members an unusual gift to celebrate the organization's 40th birthday, a new website. Established in 1981, TIOF members found themselves trying to celebrate the 40th birthday of the organization in the middle of a pandemic. Unable to celebrate in a traditional fashion, "We decided to look in a different direction for ways to celebrate all the accomplishments we are so proud

of," said Kathryn Brintnall, TIOF's new president. The original website, while groundbreaking when it first went online 1989, was starting to show its age, so the board of directors authorized a rebuild of the site, which is now live at www.ospreys.com.

TIOF is looking forward to connecting with osprey lovers and researchers worldwide through its website and with its new social media profiles coming soon. Visit online or attend the annual meeting on Monday, March 7 at 6:30 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. All are welcome. For more information, email tiof@outlook.com.

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Book Review

The Ice Angel

by Di Saggau



I was not familiar with Matthew Hart until I read about *The Ice Angel* and learned it was a sequel to an earlier novel *The Russian Pink*. The main characters are the same, Alex

Turner and his double-dealing lover, the Russian diamond thief Slav Lily. They are thrown into a group of murderous Chinese assassins and struggling with their own personal relationship.

The book has an explosive opening when a diamond prospector in northern Canada is eating a salami sub, forgetting that a grizzly bear can pick up a scent 20 miles away. Its sense of smell is seven times better than a bloodhound and, even though the bear has a smaller brain, it is five times larger in the area that manages the sense of smell than a human. Needless to say, eating the sub did not have a good outcome for the prospector.

Mitzi Angel, the daughter of the prospector, hires Alex and Lily to get to the truth about her father's death. This leads them across the diamond-rich Barrens and a battle between bizarre Chinese billionaire twins who

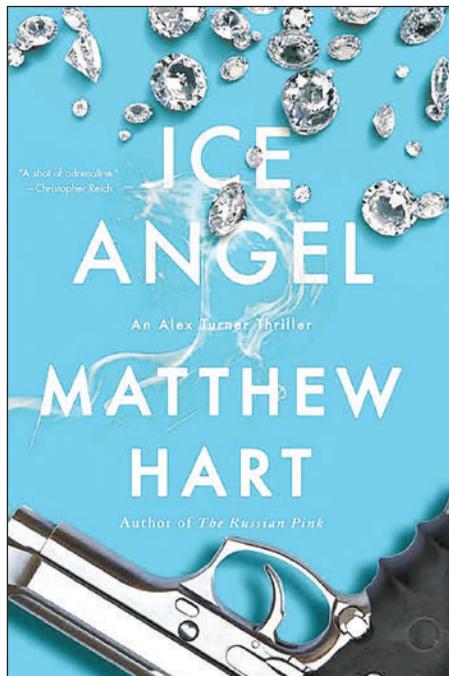


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have gained control of the murdered prospector's company.

Hart has reported on gold and diamonds for *Vanity Fair*, *The Atlantic*, *The Wall Street Journal*, *The Times* and many other publications. Filled with facts about black market diamond trading, this thriller is fast-paced and expertly written with an insider's knowledge of the diamond industry. Hart writes with skill and wit, and he includes international politics,

murderous assassins and exotic geography into a near flawless book adventure. *Ice Angel* shines a light on a fascinating and dangerous world unknown to many.*

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley, I hear a lot about parenting styles and would like to know more. What do they really mean and how do they affect children?

Michael P, Fort Myers

Michael,

Recently, many new labels for parenting styles have gotten lots of publicity. They have names like the snowplow parent, the helicopter parent, the tiger, elephant, dolphin and even the free-range parent. All of these focus on one or two hallmark behaviors of the parent that define the description (i.e. the helicopter parent hovers).

There are, however, four well-defined and scientifically researched styles of parenting that are recognized by childhood development professionals that are considered the standards. They are the Authoritative, Permissive, Authoritarian and the Neglectful/Uninvolved styles of parenting. Here are some brief descriptions of these four styles and their impact on children.

Authoritative – In this parenting style, the parents are nurturing, responsive and supportive, yet set firm limits for their children. They attempt to control children's behavior by explaining rules, discussing and reasoning. They listen to a child's viewpoint but don't always accept it. Children raised with this style tend to be friendly, energetic,

cheerful, self-reliant, self-controlled, curious, cooperative and achievement oriented.

Permissive – In this parenting style, parents are warm, but lax. They fail to set firm limits, to monitor children's activities closely, or to require appropriately mature behavior of their children. Children raised with this parenting style tend to be impulsive, rebellious, aimless, domineering, aggressive and low in self-reliance, self-control and achievement.

Authoritarian – In this parenting style, parents are inflexible, demanding and harsh in controlling behavior. The parents have many rules. They require obedience and authority. They favor punishment to control their children's behavior. Children raised with this parenting style tend to be irritable, apprehensive, fearful, moody, unhappy, easily annoyed, unfriendly, sulky, vulnerable to stress and aimless.

Neglectful/Uninvolved – In this parenting style, parents are unresponsive, unavailable and rejecting. Children raised with this parenting style tend to have low self-esteem and little self-confidence and seek other, sometimes inappropriate, role models to substitute for the neglectful parent.

No parent is perfect, and all parents have demonstrated these parenting styles from time to time. The choice is clear, however, to set your expectations for parenting where you and your child will experience the most benefits and that is with an authoritative style of parenting.

*Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.**

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Shell Crafting

Tulip Mouse

by Anne Joffe

This cute little guy is fun to make. Here's what you will need:

Materials

- 1 Tulip shell (body)
- 1 Pair coquinas (feet)
- 1 Pair small rose cups (ears)
- Fishing line (whiskers)
- 2 4mm wiggle eyes
- 1 rubber band cut in half (for tail)
- 1 tiny black pompom (nose)

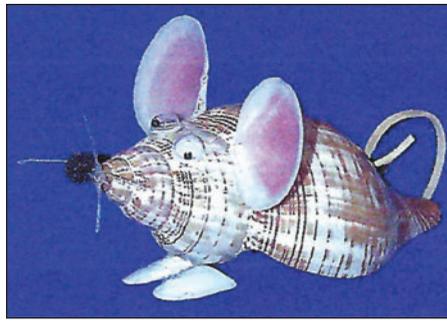
Directions

Glue the half of rubber band into the narrow opening of tulip shell so that it lays curved like a tail.

Place rose cups on the last ridge of tulip shell for ears, one on each side.

Glue coquinas to bottom of tulip for feet, points out.

Cut the fishing line into 3 pieces about 2 inches long. Color them black with a felt tip marker, if desired. Criss-cross and glue



Tulip Mouse photo by Anne Joffe

to the tip of the tulip for whiskers. Glue eyes above whiskers.

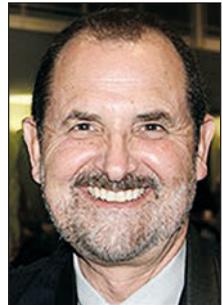
Glue black pompom over the criss-cross whiskers for nose.

Anne Joffe has owned *She Sells Sea Shells* on Sanibel since 1976. She is the author of *ShellCrafting* Vol. 1 and Vol. 2. Joffe judges Artistic and Scientific categories at shell shows throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.*

BIG ARTS Ethics In Film Series

The Courier

by Ron Green



On Wednesday, March 9 at 3 p.m., BIG ARTS will show *The Courier* (2020), the second film in this year's BIG ARTS Ethics In Film Series. The film runs one hour and 52 minutes and

will be shown in Christensen Performance Hall. After the movie, I will lead a discussion in the theater.

Based, remarkably, on real events, this film is set in the early 1960s in the run up to the Cuban missile crisis. Britain's foreign intelligence agency, MI6, makes a disturbing request to Greville Wynne (Benedict Cumberbatch), a moderately successful British businessman. The spy agency has recruited as an informant Oleg Penkovsky (brilliantly played by Merab Ninidze), a high level Soviet bureaucrat who has access to military secrets. Penkovsky is a deeply patriotic, decorated World War II veteran and the happily married father of a young girl. With firsthand knowledge of Khrushchev's nuclear impetuosity, he has agreed to provide MI6 with information on Soviet missile deployments. Now, the spy agency needs an absolutely unsuspected civilian to serve as a courier. As a salesman of valued Western machine parts, Wynne fits the bill. At great risk to Penkovsky and himself, Wynne must establish a believable business relationship with Penkovsky, travel back and forth to Moscow, and bring back secret Soviet documents.

Over the course of several visits, Wynne establishes a real friendship with Penkovsky. He must lie to his wife (Jessie Buckley), who suspects he is having an affair, and in a way he is. In the course of their relationship, including an emotionally fraught attendance at a Bolshoi performance of *Swan Lake*, a bond is formed between the two men that means



image provided

their primary loyalty is to each other.

The Courier raises many ethical questions. If you were approached by your nation's intelligence agency as Greville Wynne was, would you agree to serve in this marginal but dangerous role? Penkovsky's decision raises not only the question of when, if ever, treason is morally justified, but how far one may go in risking one's family to act on a higher duty. Beyond these decisional questions, *The Courier* leads us to ask "What is courage?" and "What is friendship?"

Remaining films in the four-part series are *Minari*, March 16, and *Darkest Hour*, March 23. Each film will be announced in the *Island Sun* a week before it is shown.

Tickets are \$10 and available online at www.bigarts.org, by calling 395-0900 or at the box office the day of the film. Masks are required in Christensen Hall. BIG ARTS is located at 900 Dunlop Road on Sanibel.

Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.*

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American Pianist and Gold Medalist at the Tenth Van Cliburn International Piano Competition.

March 5 - 7:30 pm



American Chamber Players Piano Trio plus Flute

Programmed by Miles Hoffman, Founder, Artistic Director, and longtime NPR Music Commentator.

March 8 - 7:30 pm



The Boston Trio

Widely acclaimed and hailed by the Boston Globe "Whenever this trio plays, drop everything and go hear them."

March 12 - 7:30 pm



Members of The Juilliard String Quartet plus Anna Polonsky, Piano

Founded in 1946, and cited by Strings Magazine for "assertive, even intense musicality."

March 15 - 7:30 pm



Ken Broberg, Piano

Silver Medalist at the Fifteenth Van Cliburn International Piano Competition and winner of the 2021 American Pianists Award.

March 19 - 7:30 pm



Opera Theater of Connecticut Singing Andrew Lloyd Webber

Featuring the powerful music of Jesus Christ Superstar, *Cats*, *Evita*, and *Phantom of the Opera*, with commentary from Artistic Director, Alan Mann.

March 22 - 2:00pm and 7:30pm



Emerson String Quartet

Awarded nine Grammys, two Best Classical Albums, three Gramophones, the Avery Fisher Prize, the Classical Music Hall of Fame, and the Bogolny National Service Award, the highest in chamber music.

March 26 - 7:30 pm

At Sanibel U.C.C. 2050 Periwinkle Way
on Sanibel Island

Visit our website to buy tickets and review
discount packages at

www.sanibelmusicfestival.org

Buy tickets in person at Bank of the Islands,
1699 Periwinkle Way (cash and check only),

or call 239-344-7025, or visit the box office
prior to performances.



Sanibel Music Festival is grateful for the support of
Lee County Tourist Development Council



Help Sanibel Put An End To Invasive Plants

National Invasive Species Awareness Week (NISAW) is recognized February 28 through March 4. In the U.S. alone, invasive species cost over \$120 billion annually in damage and control, and the cost they inflict on the nation's natural heritage is immeasurable.

The City of Sanibel has been waging war against invasive exotic plants (and some animals, too) that threaten the island's natural areas since the early 1980s. An invasive plant is an exotic, or non-native, plant that not only has naturalized but is aggressively expanding on its own, displacing native plants and wildlife and disrupting natural ecological processes. In 1996, the city enacted legislation regulating eight invasive exotic plant species – Brazilian pepper, air potato, earleaf acacia, exotic inkberry (beach naupaka), java plum, lead tree, mother-in-law's tongue and melaleuca – that were determined to be the "worst of the worst" invaders on Sanibel. These eight species may not be intentionally planted, transplanted or otherwise introduced in any way on Sanibel and are required to be permanently removed as a condition of all city development permits.

Although the war is far from over, city officials and its conservation partners – Sanibel-Captiva Conservation Foundation and U.S. Fish & Wildlife Service at



Brazilian Pepper (*Schinus terebinthifolius*)
photo provided

JN "Ding" Darling National Wildlife Refuge – have won several battles. Introduced as an ornamental and for its ability to dry up swampy environments, the last-known melaleuca tree on Sanibel was cut down in September 1989. City officials also continue to make progress with the island-wide Brazilian Pepper Eradication Program. As a result of this ambitious program, Brazilian pepper has been removed from all of Sanibel's conservation areas and from most of the island's residential and commercial properties. Additionally, Sanibel residents collected over 1,000 pounds of air potato bulbils as part of the city's Air Potato Exchange Day programs in 2012 and 2013.

There is still much work to be done. Whether you are acting as a steward for your own property, a local park or a far

away natural area, invasive plants are likely to be a problem. In the face of such global threats to biodiversity as habitat destruction and climate change, everyone can make a difference by preventing and controlling the spread of invasive species. To view pictures of Sanibel's "worst of

the worst" or to view the city's *The Alien Invasion* brochure, visit www.mysanibel.com/departments/natural-resources/vegetation-information/exotic-vegetation/other-invasive-exotic-vegetation or contact the city's natural resources department at 472-3700.*

From page 1

Music Festival

will perform on Tuesday, March 15 with guest pianist Anna Polonsky. Polonsky has been included for this concert following the January death of the quartet's distinguished violinist, Roger Topping. On Saturday, March 19, Ken Broberg, silver medalist at the Fifteenth Van Cliburn International Piano Competition and 2021 American Pianists Awards first prize winner, performs.

Opera Theater of Connecticut returns on Tuesday, March 22 with Singing Andrew Lloyd Webber – Superstar of Song and Stage. Performances at 2 and 7:30 p.m. will include hits from *Jesus Christ Superstar*, *Cats*, *Evita* and *The Phantom of the Opera*, punctuated by commentary from Artistic Director Alan Mann, noted speaker and opera historian.

Emerson String Quartet performs on Saturday, March 26. Their unparalleled list of achievements spanning four decades includes more than 30 renowned recordings, nine Grammys (including two for the Best Classical Album), three Gramophone awards, the Avery Fisher Prize, and Musical America's Ensemble of the Year. The quartet was inducted into the

Classical Music Hall of Fame in 2010. In 2015, the Emerson received The Richard J. Bogomolny National Service Award, the highest award in classical chamber music.

The season concludes with the two Emerging Artist Series concerts featuring the FGCU Bower School of Music orchestra and string ensembles under the direction of Dr. Kyle Szabo. "The concerts promise energy and surprises, including solo performances by Glen Basham, concertmaster of the Naples Philharmonic and Dr. Kyle Szabo, head of strings studies and orchestra director at FGCU," said Gloria Garrett, festival board member. Emerging Artist Series concerts will be presented at 11 a.m. on Tuesday, March 29 and Tuesday, April 5. These concerts are performed for free-will donations on the Sanibel Music Festival website or at the concert. Pre-register at www.sanibelmusicfestival.org to assure seating.

Sanibel Music Festival is a volunteer organization focused on bringing chamber music, piano recital and vocal ensemble of the highest caliber to Southwest Florida. Multiple discount packages are available and student tickets are half price. All concerts will take place at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.*

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Adam Pottruck

photo provided

Lecture On Invasive And Exotic Species

The Clinic for the Rehabilitation of Wildlife (CROW) weekly speaker series continues on Tuesday, March 8 with Invasives and Exotics, presented by Adam Pottruck, environmental educator and wildlife biologist at Adam's Animal Encounters.

Florida is home to a more than 700 terrestrial animals, 200 freshwater fish and 1,000 marine fish. These organisms

depend on the productivity of natural habitats and sustainable recreational practices to survive. Due to the subtropical Florida climate, it is easy for nonnative animals to adapt and establish populations. During this program, Pottruck will provide some examples of the invasive reptiles of Southwest Florida and explain how their presence challenges native wildlife.

A native of Florida, Pottruck attended Florida Gulf Coast University and received a degree in environmental studies with a minor in biology and interdisciplinary studies. He has always been involved in education and worked as the education director for Calusa Nature Center and

Planetarium after college. His goal was to enthrall a passion and love for all critters. After visiting many schools, he found hands-on education to be the best route. He founded Adam's Amazing Animals from 2012 to 2016 doing education outreach, which led him to becoming a science teacher in 2016. He eventually left teaching because he wanted to pursue animal education at full force and make an even greater impact on youth by teaching in multiple classrooms and reaching

thousands of students. With that goal in mind, he is now the owner of Adam's Animal Encounters.

Programs begin at 4:15 p.m and are approximately one hour in length. This talk will be presented in person at the CROW Visitor Education Center and also offered virtually over Zoom. Advance registration is required. Admission per person or device is \$10 plus applicable taxes and fees. Visit www.crowclinic.org/articles/2022-speaker-series or call 472-3644 ext. 222.*

Paintings On Display At Library

Three longtime Sanibel Captiva Art League artists, Anita Force Marshall, Lynn Quigley and Vreni Scheu, opened a new painting exhibit at the Sanibel Public Library on March 1.

Marshall and Quigley have a wide variety of watercolor paintings featuring local buildings, landscapes, waterbirds and sealife. Scheu, an oil painter, has many interesting waterfowl as well as local buildings around the islands.

Marshall said she is appreciative of Margaret Mohundro, executive director of the library, for her continuing support of local artists who bring a visual component to the many other features of the library. Scheu shared how honored she is to be part of this library show, and Quigley said that she loved the library and the many wide variety of art exhibits that they sponsor.

This exhibition will continue through April at the Sanibel Public Library, located at 770 Dunlop Road.*



From left, Lynn Quigley, Vreni Scheu and Anita Force Marshall photo provided

FAB FILMS AT BIG ARTS

CUSHY SEATS....SURROUND SOUND.....HUGE SCREEN. All films 7:00 PM in Christensen Performance Hall



February 28

HIVE, 2021

UR/ 84 minutes

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A beautifully filmed, searing and touching drama based on a true story of grieving women whose husbands are lost in the war in Kosovo but who find strength, solace, and success by creating their own business selling a local homemade food product despite tremendous community hostility.



March 7

THE RESCUE, 2021

PG-13/ 107 minutes

GRIPPING AND INSPIRING!

The enthralling, against-all-odds story that transfixed the world in 2018: the daring rescue of twelve boys and their coach from deep inside a flooded cave in Northern Thailand. Viewers are kept on the edge of their seats with never-before-seen amazing video and interviews to piece together the high-stakes mission of the Royal Thai Navy SEALs and U.S. Air Force Special Tactics.



March 14

THE MAN IN THE HAT, 2020

NR/ 95 minutes

WHIMSICAL AND CHARMING

Relish the lush French countryside, the luscious food, the lovely music that abounds in this charming whimsical symbolic film you will be pondering for hours after the showing.

Audience discussion post film in beautiful Christensen Performance Hall

Tickets: bigarts.org, 239.395.0900, or box office evening of the show



This year's ABC Gala Chair Merni Libonate
photos by Kathy Kurtz Ferrari

What's 'Cap'-enning

A Glance At Captiva Events

by Kathy Kurtz Ferrari

Everyone put on their best island styles on February 22 for this year's ABC Gala, the major fundraiser for the Captiva Civic Association, held at The Sanctuary Golf Club. More than 100 islanders enjoyed cocktails, hors d'oeuvres, a delicious dinner and lively auction conducted once again by auctioneer Tommy Williams.

Merni Libonate chaired the gala, assisted by CCA Executive Director Emily Hess Ankerson, Events Assistant Emery Lowden, CCA board members and volunteers. Some of the highest bids were made on private catered dinners, boat excursions and a 2013 Mercedes Benz with low mileage.

According to its website, CCA funds support the upkeep of the library and association building; housing space for the island's sheriffs; scholarships and educational opportunities through the CCA



Artist and former TV news anchor Rachel Pierce, who donated some of her artwork to the gala, enjoys the evening with her husband, Matthew Pierce

Scholarship Fund; activities and gathering opportunities for the community.

The Captiva Community Panel planned to host a presentation a couple of weeks ago on Sea Level Rise, but the discussion was postponed. We will keep you posted on a new date.

The Captiva Island Fire Control District crew has been busy now that the season is in full swing. The big engine seems to make a few trips out and about daily, for what may be mostly medical assistance calls. Residents are grateful for these important civil servants and all they do for us out here.

Captiva Island Historical Society is preparing for one of its biggest events of the season. The premiere of the documentary *Tight Lines and Big Fish Stories: The History of Fishing on Captiva* will take place on Monday, March 7 at 7 p.m. in the ballroom of South Seas Island Resort. Tickets are limited but still may be available through the CIHS website, www.captivaishistoricalsociety.org.

And that's What's Cap-enning this week on Captiva!

Kathy Kurtz Ferrari is a journalist



Sandy and Jerry Drake
who splits her time between Captiva and the Boston area. Email Kathy.islandsunnews@gmail.com.✧



From left, Jim and Susen Berg with Rosemary Marshall



Jim Reed and Merrill Taylor



Mike Boris and Rich Stegman chat before the auction.



Auctioneer Tommy Williams, right, works the crowd to get high bids during the ABC Gala for Captiva Civic Association

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*- Sam Wagmeister,
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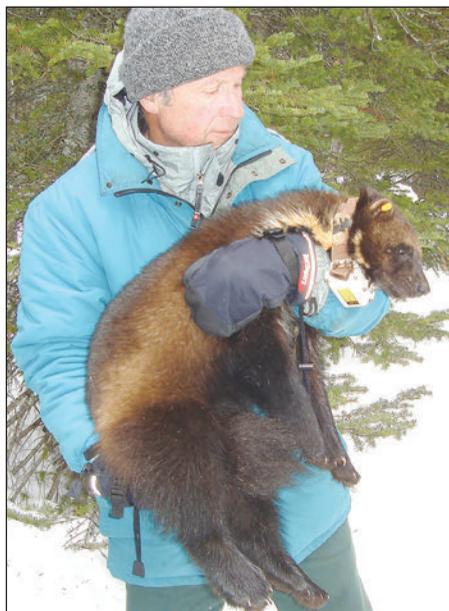
Sponsorships and patron tickets now available. Contact Annie Campbell,
at 239.472.9700, ext. 308 or acampbell@bigarts.org for details.

Lecture On Human Genetic Links To Wildlife

“Do unto ecosystems as you would have them do unto you,” is the motto of wildlife biologist and writer Douglas Chadwick. He will speak about his philosophy and new book, *Four Fifths a Grizzly: A New Perspective on Nature that Just Might Save Us All*, at Sanibel Congregational United Church of Christ on Friday, March 4 at 10 a.m. The free lecture is part of the 18th annual lecture series offered by “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).

Chadwick has written 14 books and more than 200 articles, including *National Geographic* coverage that spans 35 years. In what has been called his career-capping book, *Four-Fifths a Grizzly* presents an engaging series of personal essays that illustrate the interconnectedness of nature, advocating that the path toward conservation begins with how humans see their place in the world.

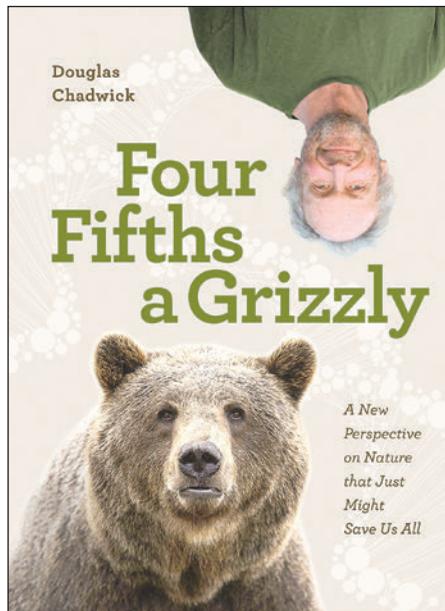
The book approaches nature from a scientific point of view, showing how human DNA is not all that different from any other creature. Chadwick reveals, for instance, the surprisingly close relationship between human genetic makeup and that of grizzly bears – between 80 and 90 percent of



Douglas Chadwick with a bear cub photo provided

genes in common.

Chadwick has carried out research on mountain goat ecology and social behavior atop the Rockies for years, and has assisted other scientists studying harlequin ducks, wolverines, grizzly bears and whales. His articles for the National Geographic Society ranged on subjects from snow leopards high in the Himalayas to lowland rainforests and the underwater kingdoms of coral. A founding board member of the Vital Ground Foundation, a conservation land trust, Chadwick also serves on



Chadwick will sign copies of his new book following the lecture image provided

the board of the Liz Claiborne Art Ortenberg Foundation, which supports wildlife research and community-based conservation programs throughout the world.

This season’s “Ding” Darling Lecture Series features seven lecturers. Diane Esslinger and the Jenni & Kyle Foundation sponsor Chadwick’s lecture.

Socially distanced seating is limited and available on a first-come basis. Staff will be taking temperatures and distributing a limited number of entry wristbands to attendees beginning at 9

a.m. that day. Guests must be wearing wristbands and facemasks to enter the lecture room. Early arrivals may save their seat and one other with personal items. Saved seats must be filled by 9:45 a.m.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

Book signings follow all lectures. Other lectures include:

March 11 – Two lectures (10 a.m. and 1 p.m.) Author David Allen Sibley, *What It’s Like to Be a Bird: From Flying to Nesting, Eating to Singing – What Birds Are Doing, and Why*. Co-sponsors: Stan and Connie Grayson, HighTower/Thomas & Swartz Wealth Management, Drs. John and Wendy Kindig;

March 18 – Author Jack Davis, *The Bald Eagle: The Improbable Journey of America’s Bird*. Co-sponsors: Pat Appino, Sonya Keene and John Moy, In Appreciation of the DDWS Staff Donor, In Memory of Roddy West; and March 25 – Author Stan Tekiela, *Bird Nests: Amazingly Ingenious and Intricate*. Sponsors: Vortex Optics, A Fellow Minnesotan, The Jenni & Kyle Foundation.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. For more information, visit www.dingdarlingsociety.org/articles/lectures-and-film-series.✪



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Duane Shaffer presents virtual WWII programs

photo provided

Tech Help, History And Genealogy At Sanibel Library

Sanibel Public Library offers tech help and virtual history programs. Young patrons can borrow DVDs, books, birdwatching kits with child-sized binoculars, reading kits or Launchpads. The library also loans videogames like Minecraft, Forza Horizon 4 and Spider-Man for Xbox or PlayStation. Anyone with a Sanibel Public Library card can borrow games for one week at a time. More than 20 games are offered. Teens can also come into the library to play on the Xbox Series S. Launchpad Playaways and videogames are pilot projects funded in part by the Sanibel Public Library Foundation.

The library offers passes to four of the area's popular attractions: Bailey-Matthews National Shell Museum, Sanibel Historical Museum and Village, Golisano Children's Museum of Naples (C'mon), and CROW's Visitor Education Center. Cultural passes may be checked out for one week using a current library card. Call the library to place a hold for a pass.

Computer Coach service is offered on Fridays and Saturdays from noon to 1 p.m. Bring in your device for technology assistance with Hoopla, Kanopy, Libby and other library apps. These apps allow cardholders to download ebooks, magazines and audiobooks, or stream music and movies. For one-on-one help, go to www.sanlib.org/techappointment or call 472-2483 for an appointment.

The following programs are open to the public and no registration is required.

On Friday, March 4 at 10 a.m., Bev Sierpina will give a presentation on English genealogy and how to use vital records registration and census returns as research tools. Tips and techniques will be covered, including suggestions for finding family members. Sierpina leads an English Roots group with Lee County Genealogical Society.

World War II history programs with Duane Shaffer are held virtually. The next program, Operation Griffin, will be held on Friday, March 11 at 10



Beth Jarrell and Florinda Patterson will lead a program on recognizing disinformation bots

photos provided

a.m. Operation Griffin was a German special operation commanded by Otto Skorzeny during the 1944 Battle of the Bulge. Go to the homepage at www.sanlib.org to log in a few minutes before the program.

Learn ways to recognize posts made by real people and posts made by bots, and how to recognize disinformation. The presentation Bot or Not starts at 11 a.m. on Friday, March 11.

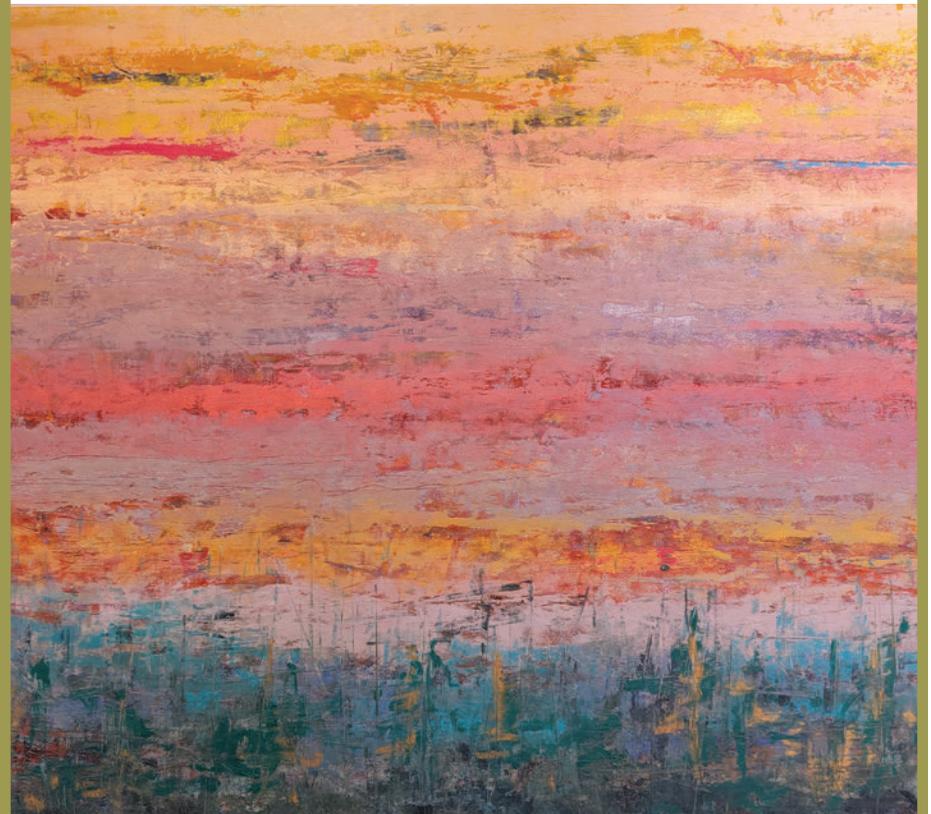
Mastering Your Smart Phone with Beth Jarrell will be held at 10 a.m. on Wednesday, March 16. Jarrell will cover some basic smartphone apps like texting, copying and pasting, sending a photo and reviewing your privacy settings.

On Wednesday, March 23 at 10 a.m., Betty Anholt and Charles LeBuff will talk about their new book, *Once Upon the Island Known as Sanibel*. The book introduces you to trailblazers who shaped the island, living on Sanibel before there was electricity, paved roads, a bridge to the mainland or telephone service.

Sanibel Public Library cards are available to all residents of Lee County at no charge. You must present your valid driver's license (or similar government ID) showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service, magazines and daily newspapers are available. For more information, call 472-2483 or visit www.sanlib.org. ✨

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Pine Island Sounds Second Year A Success

Sanibel-Captiva Conservation Foundation (SCCF) wrapped up its second season of floating concerts know as Pine Island Sounds. This season's performing artists included Elizabeth Cook, The 502s and Twisted Pine. Sailing aboard the *Lady Chadwick*, guests were treated to live performances, appetizers from Catering by Leslie Adams, and "First Drinks on Us" cards from Janie Howland and Jack Thomas.

Producer Jeff Siwicke extends his thanks to Captiva Cruises and Todd and Leanne Marcum for making these concert cruises a successful series benefiting SCCF's water quality work in and around the islands of Captiva and Sanibel. ✨



Elizabeth Cook, one of the performing artists photos provided



Drinks and appetizers complemented the entertainment aboard the *Lady Chadwick*



The 502s was one of the featured bands this season



Twisted Pine performing aboard the *Lady Chadwick*



Sunsets over Pine Island Sound were a bonus for guests attending the concert cruises



From left, Melissa Congress, Valerie Tutor, Brenda Harrity, Katy Forret, Melody Desilets and Sue Peltzman photo courtesy Doc Ford's Rum Bar & Grille

Restaurant Continues Legacy For Local Hospital

by Allison Havill Todd

Thanks to the ongoing support of dedicated individuals and businesses, such as Doc Ford's Rum Bar & Grill, an island nonprofit organization is able to continue to help fund some of the pediatric programs at Golisano Children's Hospital of Southwest Florida. Since 2000, Doc Ford's has been a loyal sponsor of SanCap Cares and has shared its mission and passion to raise money and awareness for the hospital. In particular, SanCap Cares is focused on funding efforts to bring lifesaving mental health and neurosurgery services to the children of our islands and Southwest Florida.

Once again, the owners of Doc Ford's have committed to being the Legacy Platinum Sponsor for the 22nd annual Island Celebration hosted by SanCap Cares. In addition to being a top sponsor for the event, the popular restaurant has raised over \$350,000 in the past several years with their "Name That Drink" fundraiser. What started as a clever idea by one of the founding members of SanCap Cares, really took off and continues to generate over \$20,000 a year for Golisano Children's Hospital. The top donor at each year's gala was able to create his or her own signature cocktail which still appears on the restaurant's "Featured Drinks from the Past" menu. Ten mouth-watering concoctions, such as the Sanibel Stoop – a mixture of mango rum, fresh squeezed lime, orange juice, ginger beer and a dark rum floater – were created by top donors, with \$1 from every purchase of one of these signature beverages going directly to the hospital. This fundraiser continues at each of the Doc Ford's locations every day of the year since its inception over

10 years ago. Funds raised through this effort at the St. Petersburg location go to the Johns Hopkins Hospital in that area.

One of SanCap Cares founding members and 2022 honorary chair, Melissa Congress, said, "The incredible generosity of the Doc Ford's team has made a lasting and continuing impact on Golisano Children's Hospital and the children of Southwest Florida. Brenda and Marty Harrity and Mark Marinello have been a part of this partnership since the very beginning. There are not words to express our respect, admiration and gratitude to them. We are thrilled to see the next generation of leadership at Doc Ford's with Joe Harrity and the new Doc Ford's team members as they continue their amazing support."

This year's gala – themed Old Florida Nights – takes place at The Sanctuary Golf Club at 5 p.m. on Sunday, April 3. Guests will be treated to cocktails, a gourmet five-star dinner, entertainment by The Modern Gentlemen and the opportunity to bid on sought after items for the hospital in the Give to Give auction.

For more information about the event or sponsorship opportunities, visit www.sancapcares.org or email sanibelcaptivacares@gmail.com.✧

Bird Walks With Audubon Society

The Sanibel-Captiva Audubon Society is offering bird walks this season. All walks begin at 8 a.m. The season schedule is:

- March 5, Harn's Marsh
 - March 12, JN "Ding" Darling National Wildlife Refuge
 - March 19, Bailey Tract
 - March 26, JN "Ding" Darling National Wildlife Refuge
 - April 2, Lakes Park
 - April 9, Lighthouse Beach Park
- Visit www.san-capaudubon.org for more information, including directions.✧

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Magazine



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Documentary On Salmon Habitat Conservation

The 30-minute documentary *The Salmon Forest* explores the connection between wild salmon and life in Alaska's Tongass National Forest, the largest national forest in the United States. Part of the 10th annual "Ding" Darling Film Series, it will air virtually for viewers to watch before the Zoom discussion on Wednesday, March 16 at 5 p.m. It is a partnership between the Sitka Conservation Society and the U.S. Forest Service.

The film follows Alaskan salmon on their epic migration from the streams of the forest to the ocean and back, revealing the various lives they impact along the way. Pull in a huge catch with commercial fishermen, explore the breathtaking landscapes that draw in millions, watch as



Salmon are the lifeblood of Alaska's Tongass National Forest, which boasts more than 15,000 miles of salmon rivers and streams and 123,000 acres of lakes and ponds that support salmon

photo provided

a mother bear lunges into a stream to feed her cubs, visit a native Tlingit community to better understand salmon's cultural significance, and meet the people who

work day and night to protect this public resource for generations to come.

"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) hosts the season's

free film showings. Pre-registration is open at www.dingdarlingsociety.org/articles/lecture-and-film-series and is required by

continued on page 8B

Memory Café Helps Patients And Caregivers

by Kathy Kurtz Ferrari

Members of several faith based organizations on Sanibel and Captiva have formed a new initiative to support memory impaired patients and their caregivers. A free, monthly gathering called Memory Café will provide a safe, social space for those dealing with all forms of dementia-related illnesses.

About 25 people, including patients, caregivers, volunteers and trained professionals, attended the first memory café, held on February 22 at The Community House. Memory cafés will be offered on the fourth Tuesday of every month all year long, for memory patients and their caregivers to share an activity and socialize with others who may be going through similar issues.

Volunteers from Captiva Chapel by the Sea, Sanibel Congregational United Church of Christ, St. Michael and All Angels Episcopal Church and Bat Yam Temple of the Islands recently established an organization called Interfaith Outreach of SanCap, and fulfilled a desire to work on a project together by launching the memory café effort.

"We thought it would be nice if all our faith communities did something together



Interfaith Outreach of SanCap members Nathalie Pyle and Pat Boris

photos by Kathy Kurtz Ferrari

that would benefit people on the island who are in an underserved group," said Pat Boris, a founding member of Interfaith Outreach of SanCap from Chapel by the Sea. Boris worked diligently to bring the initiative to fruition. "And we realized there's a lot of lonely senior people. There are a lot of isolated seniors, but particularly if there's a memory issue, because there's a little fear about being out in public."

Doing research to pursue the idea with assistance from FISH of SanCap,



Looking at old photos helps trigger conversation at Memory Café

Boris and others in the outreach group contacted The Dubin Center in Fort Myers, an organization which offers dementia-specific programs and support for patients and their caregivers. While The Dubin Center offers memory cafés in various locations throughout Fort Myers, this was the first event of its kind on the islands.

"This is a place they can come and not be talking about illness, not be focusing on that. But to just be in conversation

with everybody, to have that relief," Boris explained. "Not to have to entertain the person, just to be."

According to Lynne Thorpe, executive director of The Dubin Center, who attended the first Sanibel event, 14 percent of the population of Southwest Florida over age 65 have been diagnosed with some form of dementia. Over 60,000 people in Southwest Florida have Alzheimer's Disease. Those numbers are

continued on page 2B

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2022 SPEAKER SERIES

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TUESDAY, MARCH 15

The Importance of Income Tax Planning for Beneficiaries

Craig R. Hersch, J.D., CPA, Sheppard Law Firm
Peter Knize J.D., LL.M., The Sanibel Captiva Trust Company

While the estate tax affects a fraction of clients, the income tax affects nearly everyone's loved ones.

What might you do to structure your will or trust to give your surviving spouse and/or children and grandchildren the ability to minimize income taxes?

We'll reveal several options in this informative presentation.

TUESDAY, APRIL 5

Green Energy's Day in the Sun

Timothy P. Vick | Director of Research
Naples Trust Company

Under the current Administration and the attention of global industry, how is Green Energy being viewed as an investment going forward?

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10am Presentation

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Current Events Group Hosting Panel Discussion

The Sanibel Current Events group is hosting a panel discussion via Zoom on Tuesday, March 15 from 10 to 11:30 a.m.

Guest speakers will be:

Janice Gross Stein, Canadian political scientist, author and scholar; specialist in Middle East studies, negotiation theory and international conflict management; founding director, Munk School of Global Affairs and Public Policy.

Porter Goss, American statesman, Sanibel's first mayor; GOP Member of Congress for Southwest Florida from 1988-04; director of Central Intelligence 2004-05 and first CIA director 2005-06; private consultant on international security since 2007.

Moderator will be Millard Everhart, resident judge of the Fifth Circuit Court in Toledo, Illinois, 2002-16.

Pundits and ordinary citizens alike

are aware of the intensifying political and cultural polarization in America and worldwide. Partisan conflict in the U.S. today seems to be sharper, more unrelenting and more ideological than at any time since the Civil War. This deepening of difference and division has reached the point of precluding mutual civility and respect. What dangers does this pose for politics and society? Is democracy able to co-exist with this level of polarization? What strategies might help address the challenges for governance, communities and the people?

The session is designed to be interactive. Stein and Goss will share their views, exchange comments, and invite questions and comments from the participants.

Email jgus4419@comcast.net to receive the Zoom link. Attendance is limited to 100.

The Current Events group has been meeting every Monday at 10 a.m. for more than 40 years. The last two years have been via Zoom. Live meetings are expected to resume this fall.✳

From page 1B

Memory Café



Riley McLean of The Dubin Center helped run the recent Memory Café at The Community House

photo by Kathy Kurtz Ferrari

to the event. Refreshments and supplies like glue sticks, stickers, scissors and other materials were provided, and people at each table chatted while working on their project. Future events will have different activities.

"Doing a project like this, looking at old photos, is a good way to bring back memories for people and trigger conversation," said Riley McLean, an intern in social work from The Dubin Center who attends Florida Gulf Coast University. McLean helped facilitate the activity while Thorpe walked from table to table to visit with each caregiver and patient pair, sharing support information.

"I really didn't know quite what to expect today, but having The Dubin Center with us is just huge," said Nathalie Pyle, a volunteer at the café and a member of Interfaith Outreach of SanCap from Chapel by the Sea. "It's a load for the caregiver. Hopefully, they all have felt like this was worthwhile, to be out and visit with people. If the goal is to get everyone visiting, I think it's a success. If they did a box, that's a bonus."

Boris agreed.

"I'm very excited," she said. "It's almost like a dream coming true, only you didn't know what the dream was going to be until you arrived here and said, 'Oh yes! This is what the dream was.'"

The next Memory Café will be held on Tuesday, March 22 from 10 to 11:30 a.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. The Dubin Center will also be holding a memory impairment workshop on Wednesday, March 9 from 1 to 2:30 p.m. at Captiva Civic Association, located at 11550 Chapin Lane on Captiva.

For more information about The Dubin Center, or to sign up to attend the next Memory Café, visit www.dubincenter.com or call 437-3007.

For more information about the Interfaith Outreach of SanCap, email nrpyle@comcast.net or nanapat123@gmail.com.✳

likely to go up as more people age.

"Dementia-related issues touch so many," said Thorpe. "What these cafés do is help decrease the stigma related to this condition. If you look around at the tables today, you can't tell who is a patient, a caregiver or a volunteer."

It took more than two years of brainstorming to make the idea a reality. Due to COVID, organizers were forced to meet on Zoom throughout the early stages of planning. They were able to secure space at The Community House at a reduced rate, and the participating congregations are funding costs.

"It really has taken a village to get this going," said Boris.

Those attending the first Sanibel event spent time working on an arts and crafts project to create memory boxes, decorating small boxes to hold photos and other memorabilia people brought

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Dance committee members, from left, Jan Arbuckle, Rickert Shewring, Jim Arbuckle and Barbara Berens photos provided

Monte Carlo Evening For Island Cotillion

Island Cotillion held its second dance of the season on February 16 at The Sanctuary Golf Club. The dance committee of Jim and Jan Arbuckle, Mary and Fred Bondurant, and Rickert Shewring and Barbara Berens chose

Monte Carlo as the theme.

Live music and dancing has been a hallmark for Island Cotillion over its 35-year history. There are three dances during the season with two formal and the last dance less formal. The last dance for this season will be held on Tuesday, April 26 at The Sanctuary Golf Club.

To learn more about Island Cotillion or attending a dance, contact Julie Boyd at 395-0464 or Laura Shaffer at 402-305-2818. Seating is limited.*



Julie and Corky Boyd



Peter and Barb Rogers



Tiffani Kaliko and John Silvia



From left, Jill McArthur with Jenny and Doug Billings

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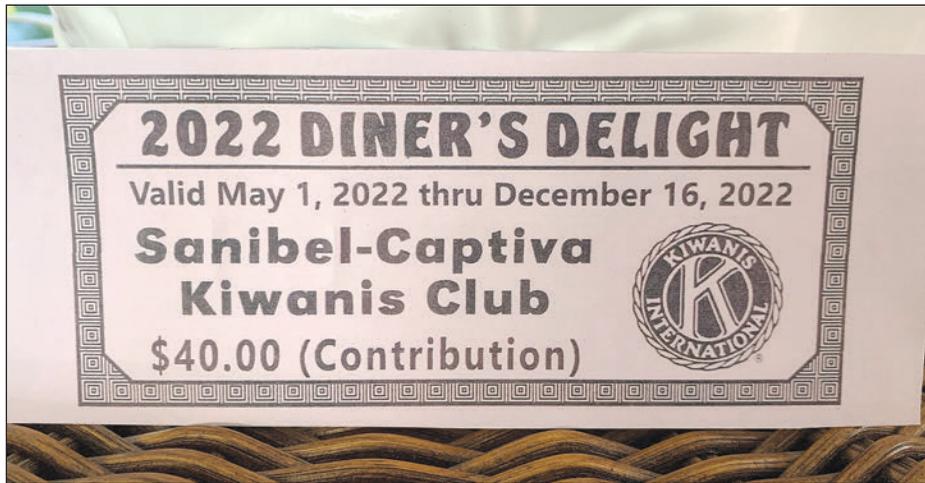
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Kiwanis Coupon Books Return



Kiwanis Diner's Delight coupon books will be available March 15 photo provided

After a slow year for local restaurants, dining out is again becoming the thing to do as the pandemic wanes. The Sanibel-Captiva Kiwanis Club Diner's Delight coupon books will begin local distribution on Tuesday, March 15. The coupons, which offer diners two-for-one savings at many island restaurants, are good from May 1 through December 16.

Again this year, advance mail-in orders have already claimed many of the popular books. Locally, books can be obtained at Bailey's, Bank of the Islands, Sanibel Captiva Community Bank (both island locations), Island Pharmacy, SanCap Pak-N-Ship, Island Winds Coiffures, Big Red Q Printing, Periwinkle Park office and from any Kiwanis member.

The coupon books feature 29 participating island restaurants and can be obtained for a \$40 contribution, a potential savings of over \$500 for those who eat out often. The coupons encourage diners to try new places, and they bring much-appreciated new

business to restaurants on the islands.

Participating restaurants this year include: Blue Giraffe, Boops by the Bubble Room, Bubble Room, Captiva House, Cielo, Doc Ford's Sanibel or Captiva, The Dunes, The Island Cow, Jerry's Café, Joey's Custard, Lazy Flamingo (Periwinkle Way and Santiva), MudBugs Cajun Kitchen, Normandie Seaside Café, The Sandollar Restaurant, Sanibel Deli & Coffee Factory, Sanibel Sprout, Cantina Captiva, Sunshine Seafood Café, Subway, Sunset Grill, Thistle Lodge, The Timbers, Topsy Turtle, Sanibel's Best Homemade Ice Cream and Sanibel's Best Bakery/Coffee Shop.

The Diner's Delight program, along with the club's annual spaghetti dinner (not held this year due to the pandemic), upcoming online auction and golf outings, King Of The Rock (on April 23) and Crush It Fore The Kids, all raise funds which Kiwanis uses to support its scholarship fund for local students, and its grants to island youth recreation and education programs.*

Choose One Toll Transponder For Local Bridges

Lee Board of County Commissioners wants to remind residents and visitors to choose one toll transponder to avoid getting double-charged. Midpoint, Cape Coral and Sanibel Causeway bridges have the all-electronic tolling systems in place.

Customers should choose one transponder and remove all others from the vehicle.

Transponders compatible with LeeWay toll plazas are: LeeWay; SunPass; E-Pass; E-ZPass; QuickPass; Peach Pass; I-Pass; and Riverlink.

Customers who are charged by multiple transponders should contact the LeeWay service center and provide documentation that verifies both transponders were charged at the same date/time in the same facility/toll lane. Once verified, a refund is usually processed within two to four weeks.

LeeWay transponders are accepted on virtually every toll road and bridge in the

state as well as those in North Carolina and Georgia serviced by Quick Pass and Peach Pass. This includes facilities run by:

- Turnpike system roads (SunPass);
- Central Florida Expressway Authority (E-Pass);
- Miami Dade Expressway Authority (SunPass);
- Tampa Hillsborough Expressway Authority. (SunPass);
- North Carolina's Triangle Expressway (Quick Pass); and
- Georgia State Road and Tollway Authority (PeachPass)

Lee County has used all-electronic tolling since March 2020, and it was set as the standard in October 2021. Lee County moved to all-electronic toll collection to improve traffic congestion, improve driver safety and to align with SunPass plazas elsewhere in Florida. A free LeeWay transponder is available. A minimal prepay balance is required. LeeWay has issued more than 65,000 of the free sticker transponders since the electronic toll implementation.

To sign up for a free transponder or for more information, visit www.leegov.com/tolls or call the LeeWay service center at 533-9297.*



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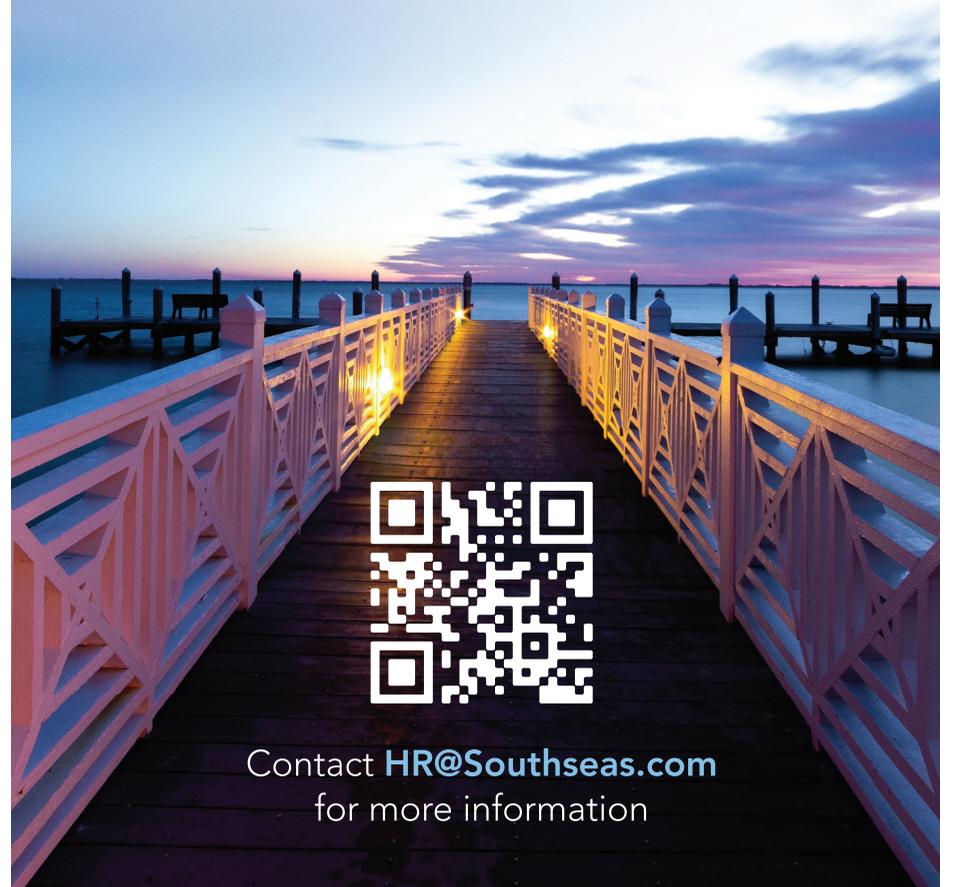
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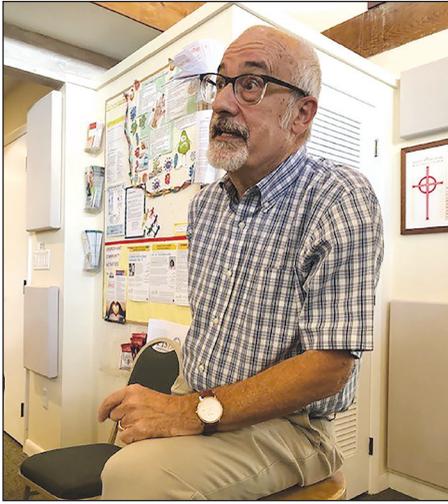
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Rev. John Danner photos provided

Leadership Group Explores Social Services

The fifth of six, full-day class sessions for the newly launched Sanibel-Captiva Leadership Program was held on February 22 with a focus on the social services needed and available on the islands. Leadership Sanibel-Captiva is an initiative of Charitable Foundation of the Islands. The program focuses on different aspects of the community with presentations from experts within those sectors – to better understand the issues,



From left, Jane Majeski, Maria Espinoza and Calli Johnson

needs and opportunities for leadership service. The curriculum included an opening session by keynote speaker Porter Goss, followed by government, business and community prosperity, environment and, this past week, social services. The final session prior to the graduation dinner on March 22 at Captiva Island Yacht Club will be arts and culture with presenters from Captiva Civic Association, Rauschenberg Institute, The Community House and BIG ARTS.

The social services session included a trip to FISH of SanCap, where the class saw firsthand what programs are available and needed on the islands,



From left, Mike Wood, Jane Majeski, Elizabeth Piersol, Calli Johnson and Maggi Feiner

from food to financial assistance and social services, to senior support. FISH's original and abiding vision is "neighbors helping neighbors" so that everyone in the community has a chance to thrive. Program presenters included Maria Espinoza, executive director and Maggi Feiner, president and CEO.

The class also visited the four Community Housing and Resources (CHR) sites and some individual apartments for a look at the process of qualifying, accommodating and supporting those individuals who would otherwise be unable to afford to live or work on Sanibel or Captiva. After

the tours, the class returned to its host location, St. Michael & All Angels Episcopal Church, for lunch and a presentation from Rev. John Danner, senior pastor of Sanibel Congregational United Church of Christ. Rev. Danner gave a talk on the history and faith organizations that participate with the nonprofit sector as partners in addressing unmet community needs. The program creates a space where dialogue and interaction between presenters and class members – and among class members themselves – is encouraged. This has resulted in thought-provoking questions and discussion at every session.*

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If you ever wanted a pie in the sky price, now is the time. Never has the real estate market been more in your favor. On Monday, in the island Multiple Listing Service, on Sanibel, only 13 condos, 14 homes, & 14 lots are for sale. On Captiva, just 3 condos, 7 homes.

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A complete interior remodel by Dan Hahn Custom Builders

photos provided



Custom landscape plan for a pool area, designed and installed by RS Walsh Landscaping

New Presenters For Home Trends

submitted by Sue Denham

Peek at the Unique Home Trends, the new “Peek” event from the Zonta Club of Sanibel-Captiva, is set for Saturday, March 19 from 9 a.m. to noon at The Community House. Featuring current trends in use of living spaces, interior and outdoor, it will offer a complete source of information for anyone planning to purchase, build, remodel, paint, redecorate and/or update landscaping on a home in Southwest

Florida.

The event opens with a buffet brunch followed by a panel of local providers who will discuss their areas of expertise and answer audience questions. Panel members are Architecture Joyce Owens, Clive Daniel Home, Dan Hahn Custom Builders, John Grey Painting, VIP Realty Group and RS Walsh Landscaping. Many are longtime sponsors of the “Peek” home tour, on hiatus due to the pandemic.

Zonta is introducing more panel members and supporters, Dan Hahn Custom Builders and RS Walsh Landscaping.

Dan Hahn and Kevin Vertesch, co-owners of the Dan Hahn Custom Builders,

will present at the event. They have lived and worked on Sanibel for many years, forging long-term relationships with clients, employees, subcontractors and suppliers, as well as City of Sanibel, Lee County and Florida state permitting agencies. Supported by an experienced team based at the firm’s Sanibel Design Center, Dan Hahn Custom Builders develops custom, high-quality homes and creates beautiful and functional remodels of interior and outdoor living spaces.

Bob Walsh, founder of RS Walsh Landscaping, has guided his company to become a multidisciplinary service that specializes in custom residential design, installation and maintenance, and

includes a tree nursery and retail garden center on Sanibel. Its mission: to present a personalized landscape design that reflects each client’s taste and exceeds expectations. Presenting for the firm will be landscape designer Katia Olmstead, who holds a degree in landscape architecture, and head of management and sales Justin Walsh, who earned a degree in business management.

The event is the club’s primary fundraiser for 2022 and through its foundation, Zonta will distribute all proceeds in grants to local nonprofits whose work seeks to empower women.

Seating is limited. Tickets are \$75 and available at www.zontasancap.org.✪

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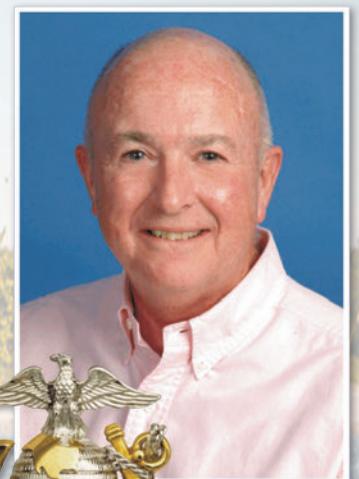
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Chief Investment Officer Named

Andrew Vanderhorst, CFA, CAIA, CPWA, CFP, has been promoted to chief investment officer (CIO) of The Sanibel Captiva Trust Company and its divisions: The Naples Trust Company and The Tampa Bay Trust Company. His responsibilities include leading the asset management committee, while overseeing a deep bench of in-house senior-level portfolio managers and investment analysts. He will also continue to serve as a member of the family office services team.



Andrew Vanderhorst

years.”

Most recently, Vanderhorst held the position of senior vice president and senior portfolio manager for the company’s Tampa Bay offices, managing \$800 million of client portfolios. Prior to joining the trust company, he was vice president and portfolio manager at Northern Trust in Tampa where he managed the investments for approximately 100 client and nonprofit relationships, and was responsible for over \$600 million of investable assets across public and private markets.

Earlier, he was with JPMorgan Chase & Co. in Chicago, Illinois as a financial education consultant. He traveled throughout the U.S. as a subject matter expert working with Fortune 1000 companies’ retirement plan participants.

Vanderhorst received his bachelor of arts in history at University of Chicago, and his master’s in business administration from University of Florida. He also obtained his bachelor of science in mathematics at Indiana University. He holds the designations of chartered financial analyst, certified financial planner, certified private wealth advisor and chartered alternative investment analyst.*

“Andrew has been an exceptional member of our investment management team since joining us in 2016,” said Terry Igo, chief executive officer. “We are confident in his ability to lead our investment strategy as we are poised for significant growth over the coming

Workshop On Budgeting

FISH of SanCap is hosting a budgeting workshop, presented by Joseph Perrino, relationship banker for Wells Fargo. The workshop will be held at The Community House, located at 2173 Periwinkle Way on Sanibel, on Monday, March 14 at 1 p.m. A virtual option via Zoom is also offered. To participate virtually, call FISH at 472-4775.



Joe Perrino

“Rising prices are cause to reevaluate

your personal financial situation,” said Perrino, who is approaching seven years in the financial services industry and has a passion for learning and promoting financial health and wellness.

Participants will learn how to get back to basics by setting a realistic budget. Perrino will review free online budgeting tools including spending reports, budget watch and savings plans. For a more in-depth discussion about specific needs, Perrino will be available to set appointments for a complimentary financial review at the Wells Fargo Sanibel branch.

“Making and implementing a budget can help create financial stability,” said Jennifer Pagano, education and outreach director for FISH. “We are excited to offer this opportunity for community members to explore financial planning, including tracking expenses and building an emergency fund.”*

Memory Impairment Workshop

FISH of SanCap, in partnership with Captiva Civic Association, is hosting a memory impairment workshop on Wednesday, March 9 at 1 p.m. The in-person workshop will be held at Captiva Civic Association, located at 11550 Chapin Lane on Captiva. A virtual workshop via Zoom will be led by The Dubin Center.

The Dubin Center provides assistance and support to persons with Alzheimer’s and related dementia and their caregivers by offering assistance through information and referrals, counseling, health education and crisis intervention. In this workshop, participants will gain insight into what it is like to live with a memory impairment and how to navigate through the challenges of caring for someone with a dementia-related illness.

Jennifer Pagano of FISH said, “This is an opportunity for anyone who is caring for or knows someone with a dementia-related illness to learn more about specific needs. Information about care, behaviors, resources, living arrangements or daily challenges will be

openly discussed, with time allotted for questions and answers.”

To participate virtually, call FISH at 472-4775 for the Zoom link. In-person attendees must wear masks/face coverings when inside the building. Social distancing is encouraged at all times.*

From page 1B

Documentary

Tuesday, March 15, depending upon availability (registrations are limited to 200 for each film).

Films will be available to viewers on various platforms to watch at a time and link assigned via email. The discussion on March 16 allows visitors to gain more from their documentary-viewing experience by listening to other people’s points of view and analyzing what they just watched.

The remaining film discussions will focus on the films *Last Green Thread & Chasing Ghosts* on Wednesday, April 6 and *Troubled Waters: A Turtle’s Tale* on Wednesday, April 13. Early registration is recommended.

For information on sponsorship opportunities for the series, contact Sierra Hoisington at shois@dingdarlingsociety.org or 472-1100 ext. 233.*



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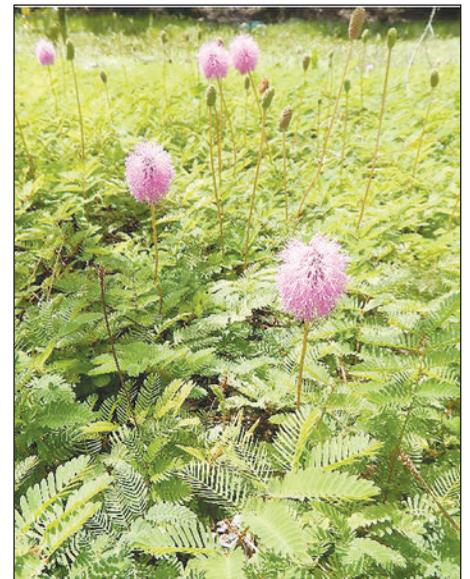
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Blue porterweed photos provided
City Of Sanibel Vegetation Committee

Beach verbena

Golden creeper

Mimosa

Selecting Native Groundcovers

The use of native groundcovers versus turf grass makes so much sense. Native groundcovers require no watering once established, no fertilizing, no weeding (they suppress weeds), no mowing (although many may be cut) and they hold soil in place. Furthermore, they are generally not bunny food. There is a bumper population of rabbits on Sanibel this year. Small mammal population boom/

bust cycles are a common phenomenon. When resources (i.e., food, shelter) are plentiful, rabbit populations can significantly increase. Subsequent to the rabbit population increase, predator populations will also increase, since the rabbits provide an abundant food source. Eventually, the rabbit population growth is usually curtailed by predators preying on the rabbits.

Rabbits have a voracious appetite and are eating everything they can reach, including turf grass. There are native groundcovers that are less appetizing, and can be substituted for plants that are being grazed by rabbits.

They include beach verbena, blanket flower blue porterweed, blue-eyed grass, coontie, dune sunflower, golden creeper, gopher apple, matchweed, mimosa and spiderwort. Many of these groundcovers attract butterflies and some produce food for other wildlife. They also cool the air surrounding the plants as water evaporates from the leaves. Turf grass is still an option where there is a lot of foot traffic, but groundcovers and mulch paths are aesthetically pleasing and in need of less maintenance (i.e., irrigation and fertilizer) once established.

If you're unsure of what to plant, it's always best to consult your local native nursery to determine which native groundcovers are suitable for your yard. You can also visit the Florida Association of Native Nurseries' website to view more information on native plants at www.afnn.org.

The City of Sanibel Vegetation Committee hosts free plant walks from November to April at city hall to view and discuss the use of native plants. To see pictures of invasive exotic plants or the city's *The Alien Invasion* brochure, visit www.mysanibel.com/departments/natural-resources/vegetation-information/exotic-vegetation/other-invasive-exotic-vegetation or call the natural resources department at 472-3700.✪



Dune sunflower

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FISH Of SanCap Case Study

FISH of SanCap provides many services and programs, from food programs to financial assistance, educational scholarships, workshops and youth programs, to senior programs to prevent isolation. The FISH Helping Hands program, which provides emergency financial assistance, is one of its most critical programs. Through this program, islanders in crisis can request assistance with rent, utilities, medical or other essential bills.

April Littleton, a young, single mom of three, is thankful for assistance provided by FISH. She was introduced to the organization through a colleague because she needed help with an unexpected family medical expense. April juggles between her required, but unpaid medical assistant externship in Fort Myers, then rushes back to Sanibel to pick up and feed her children before beginning her island night shift job. Weekends are reserved to spend time with her children and catch up on class assignments, leaving no time to secure additional work.

April did not complete high school and had little desire to pursue education until she became the sole caregiver for her family. She realized that if she wanted a better life for herself and her children, she would have to push herself to build a career. Even with three children, she managed to get her GED and soon realized that she wanted to pursue higher education. April set new personal and professional goals, and enrolled in the Florida Academy in the registered medical assistance certification program.

"I am truly thankful for your generosity and assistance," said April. "I don't know how I could have made it through without your rent and utility financial support. My ultimate goal is to be financially stable so that I can spend more time with my children. The educational scholarship for my school supplies and books has really helped me get closer to my goal, and that means a lot to me. FISH's help has allowed me to keep pursuing my studies, and I am truly thankful."

In addition to emergency financial and continuing education assistance, FISH enrolled April in the food pantry program, backpack program for her children and holiday programs. "We are so proud of April and the steps she has taken to better her life," said Nitza Lopez, social services director at FISH. "While it hasn't been easy for her, she is determined to reach her goals and is working hard toward becoming a medical assistant. We've already seen a positive change in her confidence level and April reports less stress in her household. It's heartwarming to know FISH is able to contribute to her success."

For more information about FISH or for a tour to meet their staff and see how the agency works, call 472-4775.✳

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Judith Zimomra**





Sanibel-Captiva Rotary Club President Bill Letendre presents Carolyn Currie with the Ikki Matsumoto Best of Show award photos provided

Rotary Festival Raises Funds For So Many Causes

submitted by Cindy Carter

The Sanibel-Captiva Rotary Club held its annual Arts & Crafts Festival at The Community House during Presidents' weekend. There were over 85 talented, juried artists displaying their work as well as a fantastic silent auction with a little bit of everything for everyone.

The money raised from this festival is used to support those in need in and around our community as well as for worthy causes worldwide. The major focus of Sanibel-Captiva Rotary Club and Rotary International centers around charitable giving to projects that support local disaster relief efforts, aid to the handicapped and needy, medical research for fighting disease, education and literacy, alleviating hunger and suffering for our neighbors with limited resources, access to quality care for mothers and children, need-based financial assistance for post-secondary education for students at Florida universities and schools, and conservation efforts for wildlife and natural resources.

In the last four years, the Sanibel-Captiva Rotary Club has raised over \$500,000. Through its trust fund board, it has given out over \$40,000 for Florida college scholarships, \$200,000 to international charitable projects and \$260,000 to local nonprofits. Some of

these projects include: FISH of SanCap to support those in need on Sanibel, Captiva and the immediate area including a large donation to the COVID-19 Relief Fund; Children's Education Center of the Islands (CECI), founded 46 years ago as a local nonprofit cooperative preschool for children to learn, grow and find their place within the natural world through their love of shells and the animals that create them; Community Housing and Resources, Inc. (CHR), a nonprofit organization with a mission to provide affordable housing to families and individuals who work on or serve the community of Sanibel; The Community House, where friends and residents meet to socialize through education, culture, events and programs presented by the Sanibel Community Association; HANWASH Project, providing sustainable, lasting solutions for safe drinking water for people in Haiti; Casa Colibrí, helping the Mayan people of northwest Guatemala improve the quality of their lives through programs in health, education and related infrastructure; Miracles in Action, an organization that supports select projects to achieve long-term results in improving quality of life for impoverished people of Guatemala; Partners for Breast Cancer Care, Inc., which is focused on saving lives and reducing the suffering from breast cancer through improved early detection, education and access to healthcare; The Heights Center, established to help the teaching and learning environment for



Rotarians Scot Congress and Bill Letendre present Dave Bruner with the first place award for two-dimensional art



From left, Scot Congress, Valerie Thomas and Dana Shirley, first place winners in three-dimensional art, and Bill Letendre

children and families in Harlem Heights in Fort Myers; Hope Clubhouse of Southwest Florida, Inc., which supports adults living with mental illness; The Wheelchair Foundation, which provides free wheelchairs to every child, teen and adult worldwide who needs one.

Over the last four years, through the Howard S. Danner Jr. Wheels for Wheels Cycling Challenge, the Sanibel-Captiva Rotary Club has provided over 890 wheelchairs to children, teens and adults in Guatemala, Barbados and Trinidad.

In addition to the funds transferred from the club's arts and crafts festival, other fundraising efforts were conducted

in a pop-up style for: those affected by the tornado touchdown in Iona this past January; Hurricane Dorian relief for those in the Bahamas; Hope Clubhouse, following a presentation about the organization; as well as \$33,000 raised for The Wheelchair Foundation from the 3rd annual Howard S. Danner, Jr. Wheels for Wheels Cycling Challenge.

The scholarship committee awarded funds to six students. In addition to the endowed scholarships at FGCU and University of Florida, they awarded funds to two students at Florida State University, one student at FGCU and one student at Rollins College. ✨



Sanibel artist Shah Hadjebi was one of the exhibitors at the festival



From left, Bill Letendre, Ray Jones, first place winner in Creative Crafts, and Scot Congress

Chamber Holds Ribbon-Cutting For New Gallery

Locals have been admiring the art of former news anchor Rachel Pierce for a long time in stores and shows around Southwest Florida. Now it has found a permanent home on Sanibel at 1571 Periwinkle Way. The Sanibel & Captiva Islands Chamber of Commerce celebrated the opening of the Rachel Pierce Art Gallery with a ribbon-cutting on February 17.

"I quietly opened my doors on January 28, but now I'm ready to shout it from the rooftops. I'm open!" said Pierce, who characterizes her brand of interpretive art as modern coastal. "I love art that 'moves,' and I create that with my 'moving' back drops. Many of my subjects are 'in motion,' like a sea turtle gliding through a moving sea or a spoonbill ready to take off from a sandy beach. I like to take subjects that are usually painted in traditional ways and make them modern and fun."

Since Pierce retired from NBC2 news in 2020, she has been devoting more time to her art. A lifelong artist, she studied art in college, but eventually segued into broadcast journalism. Pierce moved to Fort Myers in 2015 and became involved in community affairs as an emcee for events and celebrity artist. The latter once more ignited her love for creating her brand of whimsical,



Rachel Pierce, center, cuts the ribbon as chamber members, family and friends look on

photo provided

colorful, sea-inspired oil and acrylic paintings.

She continued her support of local nonprofits as artist in residence for JN "Ding" Darling National Wildlife Refuge on Sanibel starting in 2021. The refuge currently hosts an exhibition of her wildlife-inspired art. Already this year, she has helped raise money for Pace Center for Girls, the Sanibel PTA, The Community House, FISH of SanCap, Community Housing and Resources, and the Foundation Fighting Blindness.

"I still will sell out of various locations, too, but this will be where you can see the most," Pierce said. "I got asked a lot

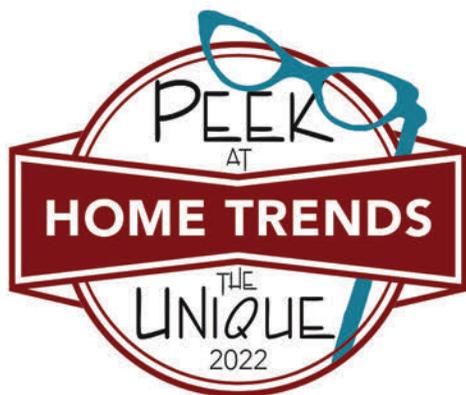
'where is your art gallery?' Now I have an official place to call my art home. And what's better than Sanibel?"

In addition to her vivid paintings and prints, Pierce sells jewelry, clothing, tote bags, wine stoppers, dish and bar ware, and other gifts featuring her hand-painted designs. Her line of Evocateur jewelry sells in more than 150 boutiques and stores across the nation.

"What a colorful addition Rachel brings to our island community, and in such a generous spirit of support, energy and joy," said John Lai, chamber president and chief executive officer. "We happily welcome her to the fold

as a new Sanibel resident and business owner, and look forward to partnering with her in promoting our islands."

"This is a small town in the best way," said Pierce. "Everyone makes you feel welcomed and like family. I joined the San-Cap chamber to get involved in the business community on island. I had no idea how supportive the other members would be – from their words to their partnerships. It's been amazing. My vision is: The more we build each other up and encourage the businesses in our community, the more inviting a place we make it to not only visit but to live, work and play at all ages." ✨



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Superior Interiors

Modernizing An Older Home



by Linda Coin

If you're living in a vintage or older home, there are probably plenty of interior characteristics and details that made you first fall in love with it. Yet, it may also be time to take a look at

other parts of your home that may need some updating to bring it into modern times. Homes have their own charms and adding new pieces or replacing old ones shouldn't remove them; it should complement them. With this in mind, let's explore some great options to bring out the best of your current home without erasing its past.

Not every room should look the same, but they should all complement each other stylistically. Older homes can sometimes become cluttered with decor or furniture pieces that clash, and the perfect way to fix that is to invest in pieces that go well together. Aim for a theme in your color palette or materials.

Create a fresh and new feel with organic, natural materials like wood, cotton and wicker. Consider glass and metal pieces if you're going for a more

modern look.

Nothing says the future more than new, brightly lit rooms. Assess your current lighting and consider replacing it with unique lighting fixtures. This could mean adding an exciting chandelier to your home's entrance, extra ceiling light options to your kitchen and more. Vintage homes have one-of-a-kind features, so why not put a spotlight on them? Good lighting can add that modern style and create a juxtaposition of details that you didn't realize you needed.

Windows can be a dead giveaway of an older home, especially since they are one of the first features that you notice in a room. So how do you update their look? Add new drapery. Drapery has the power to clean up an entire wall or window while adding to your overall decor. It can be a statement piece or a soft background to complement your other decor. You can even cheat a little and make windows appear larger by placing drapery higher on the wall, without making actual structural changes.

Flooring can add character to a room, but it can also show the wear and tear of many years. A simple, but effective way to update any space is to add a large, decorative area rug. This is a quick fix that can modernize your room without sacrificing the current foundation of your home. It can also be easily maintained or changed out depending on how you want to update the room in the future.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.✱

What Is Advice Worth?



submitted by Tom Uhler

When did this become a "do-it-yourself" culture? You can find YouTube videos on how to do everything short of removing your own appendix. You can

Google any malady and find the cure. Home Depot and Lowe's will sell you everything you need to rebuild your home from scratch.

An attorney friend says he likes people who delay going to him with their problems because, by the time they finally go to him, the problem is much more expensive to fix than it would have been. What about saving and investing? You can purchase stocks, bonds and mutual funds online without ever speaking to a human... but is that a good idea?

If you went to the doctor's office and she popped through the examining room door, looked at you, handed you a prescription for a drug and walked out the door without a word, would you even fill the prescription? Or would you expect her to ask you some questions, perhaps prod you a few places, ask about allergies and history, and only then recommend a

course of action?

Sometimes, advice is free. In that case, you may ask yourself if you're not getting what you paid for. You expect to pay the attorney, architect, auto mechanic and physician for their advice because you expect to get a better result than if you attempted to solve your problem on your own.

Is investing any different? Successful investing involves questioning needs and goals, developing a plan, executing the plan and monitoring the results. A professional can assist you in that process and help you avoid the pitfalls that all investors face. What's that worth?

There are many types of risk, but there is one risk that can sink a portfolio - permanent loss of principal. That "hot tip" from a friend, lack of proper diversification and inability to monitor investments may lead to permanent loss of principal.

An independent, fee-based financial planner who is a fiduciary is obligated to look out for your interest above their own. The fee charged will be based on the assets under management and when you prosper, they prosper; if you suffer, they suffer with you.

If that planner prevents you from making that one fatal mistake, what would you say that advice is worth?

Some things are great to DIY, but others are left best to the professionals.

Tom Uhler is a principal with Uhler and Vertich Financial Planners, a locally owned comprehensive financial advisory firm serving successful families.✱

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ON ISLAND FOR ISLAND

Progressive Club To Hold Virtual Meeting

The Progressive Club of the Islands will hold a Zoom meeting on Thursday, March 17 at 4 p.m. with guest speaker Howard Simon, who will discuss The Assault on Voting Rights and Electoral Democracy.



Howard Simon

Howard retired in November 2018 as the longest serving state director for the American Civil Liberties Union, serving 23 years as executive director in Michigan, and 21 years as executive director of the ACLU of Florida.

Howard graduated from the City College of New York and earned a PhD from the University of Minnesota. He taught philosophy at University of Minnesota and DePauw University.

During his 44 years with the ACLU, Howard worked on a number of high profile issues including school vouchers, the Terri Schiavo case, abortion rights, legislation barring doctors from talking to patients about guns in the home, schoolbook and library censorship, and the right of gay men and lesbians to adopt

children and marry.

His work for voting rights began in 1965 as a college student working during the Selma to Montgomery march for passage of the Voting Rights Act, and includes: Drafting the 2018 constitutional amendment to restore voting rights for former felons; working successfully to replace electronic voting with the paper-based optical scan voting systems; challenging legislature's restrictions on voter registration, and early and Sunday voting; and helping secure passage of the Fair Districts Amendments to curb partisan gerrymandering.

After his retirement from the ACLU, Howard founded Clean Okeechobee Waters Foundation to work with a team of medical researchers who have linked toxins in blue-green algae to neuro-degenerative diseases. He works to secure policy changes to mitigate pollution of Florida's fresh waters that create harmful algal blooms.

Howard is a board member of Calusa Waterkeeper and the Florida Policy Institute. He and his wife, Beth Wilson, reside on Sanibel.

The meeting is interactive with time for questions. To attend, email pcisancap@gmail.com to receive the link, or watch online at www.facebook.com/pcisancap.

Annual dues for Progressive Club membership are \$35 per individual or \$70 per couple. Mail check payable to PCI to: PCI, P.O. 898, Sanibel FL 33957. For more information visit www.pcislands.org, call 944-3175 or email pcisancap@gmail.com.*

Orchid Society To Meet In Person

The Sanibel-Captiva Orchid Society will hold a meeting on Monday, March 21 at 1:30 p.m. in the downstairs meeting room at Sanibel Public Library. Tom Uhler, president of the Sanibel-Captiva Orchid Society, said, "At last, we are going to meet in person." The speaker will be Judith Rapacz-Hasler, retired research scientist from Madison, Wisconsin, past editor of *Slipper Orchids*, member of the American Orchid Society's editorial board and advisory member of its conservation committee.

Rapacz-Hasler is a longtime member of AOS, Southwest Florida, Sanibel-Captiva and Swiss orchid societies. Traveling frequently, observing orchids in their native habitats, Rapacz-Hasler now splits her time between Sanibel and Europe. She will speak on Orchids in Columbia's Various Habitats – a country



In 1936, the Columbian government named the endangered orchid, *Cattleya trianae*, as its national flower photo provided

rich with native orchids.

There will be no charge for past orchid society members. Guest fee is \$5. There will be no basics meeting or orchid sales at the March meeting, but participants can purchase tickets for a plant raffle of members' orchids. The library has requested a limit of 40 attendees with masks recommended. Sanibel Public Library is located at 770 Dunlop Road.*

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5. REMODELED DIRECT ACCESS BASIN HOME ON LIMPET DRIVE - SANIBEL

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7. FRANK LLOYD WRIGHT INSPIRED HOME - SANIBEL

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Will Power

Do You Want Your Children To Live Extravagantly?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA

When counseling, I asked Robert a simple question. “Do you envision your children and grandchildren living a more extravagant lifestyle than you and Diane have over your many years together?”

Robert and Diane had been married 40 years, amassing wealth of over \$35 million through hard work, self-denial of luxuries and disciplined investing in real estate and stocks and bonds. Despite their wealth, they lived in a modest home and drove Buicks. Robert thought about my question for a moment, shook his head slightly and said, “No, I don’t want them to live

extravagantly. We never did.”

Diane nodded in agreement.

“What is it that you want for your children and grandchildren?” I asked.

Diane took the lead, “I guess you can say that we don’t want them to have to struggle as much as we did, but on the other hand, we don’t want to take away their drive and ambition. Of course, if our children or grandchildren suffer an accident or disability, we want the funds to be used for their care.”

“Education,” chimed in Robert, “is important too. I don’t mind teaching a man to fish, rather than feeding him a fish, if you know what I mean.”

“Well, there’s plenty to take care of both of your concerns, and so much more than that,” I added. “Tell me, what was an important moment in your youth? Maybe that can uncover some clues.”

“My father worked two jobs, and my mother taught dance to supplement our income,” Diane said. “Growing up, we didn’t have much. As a youngster, Mom wanted to attend Julliard but never had the opportunity. So, she taught dance as a young adult. Our daughter followed in her grandmother’s footsteps. She teaches dance but doesn’t make much money.”

“Would you have any interest in adding a charitable component to your plan?” I asked. “For example, you can create a private foundation that pays your daughter to teach dance to underprivileged kids. That would carry forward your mother’s work.”

“A foundation could do that?” Robert asked. “Yes, of course!” I answered. “I’m

talking here about a private operating foundation. The IRS defines it as a foundation that spends at least 85 percent of its adjusted net income or its minimum investment return, whichever is less, directly for the active conduct of its exempt activities. Directly for the active conduct refers to qualifying distributions a foundation makes that are used to conduct exempt activities by the foundation itself, rather than by making donations to grantee charitable organizations. Operating a dance studio for underprivileged children would qualify as active conduct.”

Diane seemed puzzled. “Why would we want a private operating foundation as opposed to just a private foundation?”

“A private foundation that is not a private operating foundation is required to distributed at least five percent of the fair market value of its noncharitable-use assets through grants to qualifying 501(c)(3) charities. There is also an excise tax on the net investment income of private foundations equals one to two percent of net investment income.”

Our conversation continued into the benefits of a private foundation, including family control over the entity. The foundation would have an annual meeting, where the family could decide how it was going to complete its charitable missions. A foundation could, of course, include several different goals. These philanthropic activities can serve to bond the family together for generations.

Generally speaking, younger family members tend to favor social responsibility causes, while older ones might favor the arts, medicine, religion, or education. There’s no reason to limit a foundation’s causes to just one outlet. The big decision with private foundations is to determine whether the family wants it to be an operating foundation, or simply a grant foundation.

Donor Advised Funds (DAF) are another way to promote family philanthropy. These can be established through many investment banks and companies, and don’t have to file for tax exempt status. In a future article, I’ll review DAFs in greater detail.

When I have conversations with my clients about how they want their hard-earned wealth to be used, philanthropy is a topic that isn’t discussed enough. When there will be more than enough to provide for children and grandchildren’s future, what better way to bond a family together than through philanthropy? There’s the added benefit of charitable tax deductions associated with the transfer into charitable entities.

Balancing bequests to provide for your loved ones needs while at the same time bonding the family now and into the future speaks to the concerns that many people of wealth harbor. I hope this column gives you some ideas to talk to your estate planning counsel about.

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How’s The Market? Ask Ann Top Dollar & Low Commissions For Sellers



Ann Gee
Broker/Owner

My objective in writing this weekly article is to keep you posted on real estate activity on Sanibel. In a perfect world, I would be able to identify a “trend” either up or down.

“Sold” listings going back 60 days on Sanibel: 40 homes and 29 condos. That is equivalent to 8.5 homes and condos selling each week. It is not uncommon for a home or condo to go under contract quickly, say three to seven days.

There is a difference between the “median” price and the “average” sales price on both homes and condos. On homes, the average sales price was \$1,686,975 and the median sales price was \$1,561,000.

I do foresee the median price increasing because of the lack of the lower priced homes currently for sale. There are just 2 homes for sale under \$1,445,000. Current inventory remains very low at just 15 homes and 13 condos in the MLS system. If possible, I see every home and condo that comes on the market. Sellers are in a strong position to get top dollar and it is not unusual for buyers to overbid to be successful in today’s market.

I work with my husband John who is a Realtor Emeritus and I am a Certified Real Estate Negotiator. If you are selling and experience is important to you, we have local experience going back to 1982. Our goal is to maximize your sales price. Our total real estate fee can be as little as 3%. We can work with a 30-day listing period. We return all emails and phone calls promptly.

6 Closed Sales Going Back One Week: 5 Homes & 1 Condos

2445 West Gulf Dr. D37 Pointe Santo \$1,395,000	719 Periwinkle Way \$1,750,000
593 Lake Murex Cir. \$1,395,000	5415 Osprey Ct. \$2,525,000
4636 Bowen Bayou Rd. \$1,725,000	435 Bella Vista Way E \$4,800,000

Have a good week and call me with any comments or questions.

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Job Openings At Rec Center

The City of Sanibel is looking for individuals to become a part of the team at the Sanibel Recreation Center. The city offers good pay, flexible part-time schedules, paid Sanibel and Cape Coral tolls and a positive working environment. Positions are open for

recreation aides (summer and regular), recreation services assistants and lifeguards.

To apply for employment or for more information regarding employment opportunities with the City of Sanibel, call administrative services at 472-3700 or visit www.governmentjobs.com/careers/sanibel.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road.✪

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Fonzy Nord and Mary Bondurant, 3.5, 50-plus bronze medal winners photos provided

Jane Mitchell and Lesley Rowan, doubles 3.0, 60-plus bronze medal winners

From left, Lesley Rowan, Lynette Arnold, Mary Bondurant, Elizabeth Jensen, Cheryl Tiernan, Kathleen Mahan and Jane Mitchell

Pickleball League Plays To Save The Manatees

submitted by Kathleen Mahan

What do pickleball and the manatees of South Florida have in common? Pickleball. Yes, believe it, and here's how.

Seven members of the Sundial Women's Pickleball League (SWPL)

decided to compete in the Pitter-Patter Pickleball Tournament at the Fort Myers Racquet Club in Fort Myers February 11 to 13. Why did they compete? To raise money and awareness for the Saving the Manatees campaign and to have fun. And they did, and they won some medals.

Mary Bondurant and Fonzy Nord (organizer of the tournament) were a team in the women's doubles 3.5, 50-plus division, and brought home a bronze medal. Playing in the women's doubles 3.0, 60-plus division were Lesley Rowan

and Jane Mitchell, who also placed with a bronze medal. Other SWPL players were Lynette Arnold and Elizabeth Jensen, playing in the women's doubles 3.5, 50-plus division, and Cheryl Tiernan and Kathleen Mahan playing in the women's doubles 3.0, 60-plus division. Jensen also played with John Turner in the mixed doubles 3.5, 50-plus division.

This was the second tournament where women of the SWPL participated in a tournament to support a cause. The first one was the Dink for Pink tournament organized by Sundial Beach

Resort & Spa last fall on October 7. In that tournament, playing pickleball raised money for breast cancer awareness.

The SWPL league plays at Sundial Beach Resort pickleball courts from 11 a.m. to 1 p.m. Anyone can join through a membership at the Sundial Resort. For more information about the Sundial Women's League membership, contact josh.jeffcott@sundialresort.com or 395-6037.

Sundial Beach Resort & Spa is located at 1451 Middle Gulf Drive on Sanibel.✪

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Frankly Speaking

by Howard Prager



The NBA streak, women on the rise, a new NCAA upset record and how the lockout can help baseball.

DeMar DeRozan's new record of shooting

over 50 percent and scoring at least 35 points is now set at eight consecutive games. In the process, he lifted the Bulls atop the Eastern conference again. Since then, they have lost two but are getting their players back from injuries, picked up Tristan Thompson as their "enforcer" (think Charles Oakley or Dennis Rodman) and are positioned to go a long way in the playoffs. We'll see how this young veteran team responds.

After six years, the U.S. soccer women loudly broke a glass ceiling – they will now be paid equivalently to the men. In a sense, the men are lucky, because it's the women who have won two FIFA gold medals in recent times and are internationally recognized for their excellence. MSNBC reported: "to the delight of many people across the sports world, it ended Monday when all parties settled for \$24 million, \$22 million of which will be split among the athletes. The remaining \$2 million is to go to charities that benefit women and girls' soccer programs and to help players with their post-retirement transitions. None of the money gets released until a new collective bargaining agreement is signed between U.S. Soccer and the players' union."

Let's see how this spreads to other sports, most notably other world sports like tennis. And just like that, another woman breaks the baseball glass ceiling with Elizabeth Benn joining the Mets front office as director of Major League operations. She comes from MLB as senior coordinator for baseball operations and from the diamond. After college, she played ball in the New York Metro Baseball League, the first women to do so, and her powerful change-up, breaking pitch and fastball left many men shaking their heads and breaking their bats. Indeed as we have women moving to front office and managing positions (Kim Ng, Rachel Balkovec), are we far from women actually taking the field?

Two NCAA basketball records were set last Saturday. The top six ranked teams all lost, and for good measure, number nine lost and so seven of the top 10 lost, both new NCAA records. Did this totally shake up the rankings this week? No. When everyone loses, that's just another mark in the loss column. But sportswriter Seth Davis has a different theory – tiers of teams instead of just numeric ranking. He has Tier 1 with Gonzaga, Arizona and Kentucky. He thinks that any of these teams deserve to be No. 1 and are pretty equal. For fun, here are his other tiers. Tier 2: Auburn, Baylor, Kansas, Texas Tech. Tier 3: Arkansas, Duke, Providence, Purdue, Villanova. Tier 4: Illinois, Murray State, Ohio State, Saint Mary's, Tennessee, UConn and Wisconsin. Keep an eye on where these teams end up in the tournament.

The MLB lockout. I try not to comment on things that could change during the course of the week, and MLB set a "deadline" of Tuesday for opening day not to be pushed back. Yet there

appears to be a little energy for ending the second-longest stoppage in baseball history. At least both parties are at the negotiating table, and Rob Manfred decided to join them. Negotiations are now taking place in Jupiter, Florida, but at the speed they are moving, it could just as well be the planet Jupiter. However, I'm wondering if maybe this isn't such a bad thing. Minor leaguers lost a year of playing time during the pandemic and are now getting the attention of the major league coaching staff. As a musician, I know when I learn from a master, I get better. I wonder if minor leaguers could catch up for some lost time with this added attention. "Twins manager Rocco Baldelli and the rest of the staff have arrived in Fort Myers and while plenty of their time is focused on preparing for major league camp – whenever that is – they've had more time to dedicate to watching minor leaguers they might not otherwise see much of, one small spot in an otherwise undesirable situation," reported Yahoo Sports. "I think the biggest benefit is the staff interactions and conversation about thinking about the development end," said farm director Alex Hassan. Whether minor leaguers accelerate their growth that much faster is anyone's guess, but here's hoping that the extra attention will see more minor league promotions in the coming season, when it finally gets here. On another baseball note, Derek Jeter has stepped down as CEO and shareholder of the Miami Marlins. Jeter said, "The vision for the future of the franchise is different than the one I signed up to lead."

Our good news story is from down under. A kangaroo was saved after taking a dunk in the ocean off the coast of Australia by a rookie lifeguard.

Onlookers enjoying the surf and scenery on a rock shelf overhanging the ocean in Bundjalung National Park were surprised to see an eastern grey kangaroo jumping across rock pools and tumbling into rough surf. "My other workmate, Carissa and I, we were sitting on the tractor and she goes, 'Oh my God, there's a kangaroo jumping off the rocks!'" said 17-year old Lillian Bee-Young, a new lifeguard who had a surfboard nearby. "We were just figuring out what we should do... because we've never had that happen before." There were rough conditions that day on the north coast of New South Wales. Lillian believed the kangaroo was trying to avoid some fishermen and just "got wiped out by a set (of waves)."

Lillian told ABC News Australia that she didn't quite know how to proceed as she paddled out with the rescue board. She didn't know whether to try and get it onto the board, for example, or if that would put her in danger and stress the marsupial out even more. It was just managing to keep its head above the water, but didn't want to come ashore due to a gathering crowd. Her friend Carissa cleared an avenue to allow Roo to feel comfortable and, after a few stumbles, it made it back onto dry land and immediately went off into the bushes. "It was quite special. There were people cheering and clapping... and then [the kangaroo] was just sitting there up in the bushes, almost, I thought, as a thank you... It was really serene," Lillian said. Quick thinking!

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandnews.com.*

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Name Added To Hall Of Sponsors

Pinocchio's Original Italian Ice Cream has been added to the Hall of Sponsors at Sanibel Recreation Center. Proceeds from sponsor signs financially assist parents, grandparents and legal custodians who qualify for their children to attend the after school

program, summer day camp, winter camp, spring break camp, fun days, babysitter training camp, basketball league, volleyball camp and counselor in training (CIT) programs at the Sanibel Recreation Center.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information about sponsorship, call Barry Alan Roth, volunteer sponsor chairperson, at 313-9591.*

SPORTS QUIZ

1. Name the World Golf Hall of Famer, known as the "Queen of American Golf," who won six U.S. Women's Amateur Championships from 1922-35.
2. Pitcher Carl Erskine threw two no-hitters and won a World Series during the 1950s as a member of what team?
3. Name the Pro Football Hall of Fame wide receiver for the Indianapolis Colts who set a record (since broken) for catches in a single season with 143 in 2002.
4. What variation of bowling is similar to ten-pin bowling but has shorter pins, a smaller ball and bowlers rolling three balls per frame?
5. The boxer known as Kid Gavilan, who held the undisputed welterweight title from 1951-54, hailed from what Caribbean nation?
6. What was the name of the hockey exhibition team formed by Wayne Gretzky during the 1994-95 NHL lockout?
7. What two college football teams played in the Nov. 19, 1966, "Game of the Century" that ended in a 10-10 tie?

ANSWERS

1. Glenna Collett-Vare. 2. The Brooklyn Dodgers. 3. Marvin Hartson. 4. Duckpin bowling. 5. Cuba. 6. The Ninety Nine All Stars. 7. The Michigan State Spartans and Notre Dame Fighting Irish.

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Fishing Club Meeting Open To Public



Capt. Ozzie Lessinger and a charter client with a redfish

photo provided

The Sanibel Island Fishing Club will be holding its monthly meeting on Tuesday, March 8 at 6:30 p.m. at The Community House. A half-hour social will be followed by the presentation at 7 p.m. There is no admission charge and the angling public is welcome. Refreshments and pizza slices will be available at a nominal charge.

This month's featured speaker will be Capt. Ozzie Lessinger, who has been a full-time fishing guide and tournament angler fishing the inshore and near shore waters of Sanibel and Captiva for the past 26 years. His experience extends from avid fly fishing to plug action to live bait. He fishes out of a 17-foot Action Craft flats boat that can accommodate up to three anglers. The boat is designed to get into the skinny waters of Pine Island

Sound where Lessinger does the majority of his guiding.

Lessinger will give a presentation on how to catch the big four inland species: snook, redfish, tarpon and sea trout. He will discuss his favorite artificial lures, his hook preferences as well as how he goes about targeting this popular inshore species. With decades of angling experience to draw from, including winning dozens of local tournaments, this is a presentation for every inshore angler on the islands.

For more information about becoming a member of the Sanibel Island Fishing Club, attend the meeting or call the club president, Tom Tilton, at 901-494-8829. To learn more about the club and view some fish recipes visit, www.sanibelislandfishingclub.com.✪

Recreational Fishing Open For Certain Species

The following species of saltwater fish reopened to recreational harvest on March 1:

Gray triggerfish – If you plan to fish for gray triggerfish in state or federal waters from a private recreational vessel, you must sign up as a state reef fish angler (annual renewal is required). To learn more, visit www.myfwc.com/marine and click on Recreational Regulations and State Reef Fish Survey under Reef Fish.

Spotted seatrout – reopens in the Western Panhandle Management Region, which includes all state and federal waters from Escambia County through the portion of Gulf County west of 85 degrees.

Snook – reopens in some gulf waters, including Escambia County through State Road 64 in Manatee County, and waters south of Gordon Pass in Collier County through Monroe County (also includes Everglades National Park). Snook remains catch-and-release only in state waters

from State Road 64 in Manatee County south through Gordon Pass in Collier County through August 31.

For more information about recreational fishing regulations, visit www.myfwc.com/marine.✪

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2022-23 school year.

Scholarships in varying amounts are available. Applicants must be Sanibel or Captiva residents, or employed full-time on the islands, or a family member of such, and attending a college for an undergraduate degree or attending a vocational school. The club collects the applications and an independent committee makes the selection. The deadline for applications is March 25.

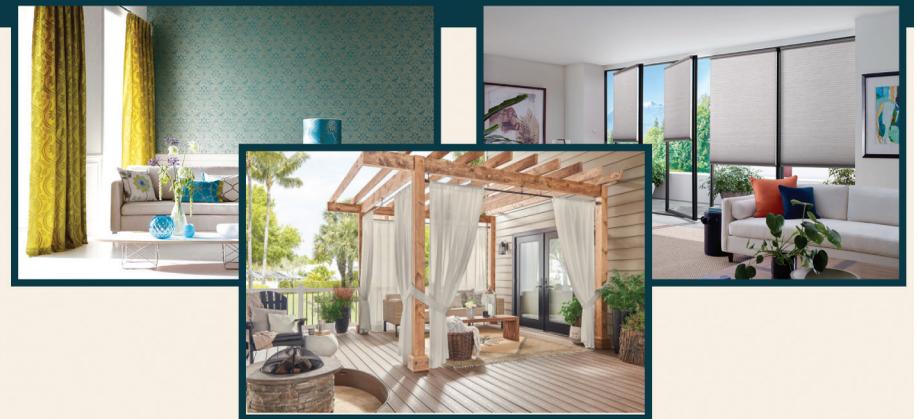
Applications are available on the Kiwanis website at www.sanibelkiwanis.org, or by contacting: MJ Hays at 579-0660 or mj@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@outlook.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.✪

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Health First

CBD For Chronic Pain: What You Need To Know



by Julie Rosenberg, MD

Chronic pain is pervasive in our society. In 2018, the Centers for Disease Control and Prevention released a report that an estimated 50 million Americans, or just over 20

percent, have some form of chronic pain.

As a chronic migraine sufferer, I understand the challenges and limitations of a chronic pain condition. As a healthcare provider, I know that chronic pain is one of the most challenging conditions to treat, as pain perception is a multidimensional experience that is unique to the individual.

Given the significant ramifications of the opioid epidemic, it's clearly important to approach the treatment of chronic pain in effective but nonaddictive ways. Cannabis (commonly obtained from the *Cannabis indica* and *Cannabis sativa* plants) is comprised of three major components: cannabinoids, terpenoids and flavonoids. Cannabinoids have two major components: tetrahydrocannabinol

(THC) and cannabidiol (CBD). Marijuana – also called weed, herb, pot, grass and a vast number of other slang terms – is a greenish-gray mixture of the dried flowers of *Cannabis sativa*. The main psychoactive component in marijuana is THC, which is equated with euphoria, or “getting high.” On the other hand, CBD is a non-psychoactive component of the cannabis plant.

Cannabis is one of the fastest growing industries in the U.S. In recent years, there has been an increasing acceptance of cannabis for both recreational and medical use. The legalization of marijuana has spread across the country since 1996, when California became the first state to legalize medical marijuana. Currently, 18 states allow for adult use and 36 allow for medical use. In 2021, legal sales of marijuana were \$25 billion.

CBD has emerged as a promising agent to treat pain, as well as a variety of other conditions such as seizures, headaches and anxiety, to name a few. CBD exerts its pain-relieving effects through interactions and modulation of the endocannabinoid, inflammatory and nociceptive (pain sensing) systems. The endocannabinoid system is interesting in that it consists of cannabinoid receptors that interact with a person's naturally occurring cannabinoids.

While CBD is widely available and even more widely advertised for its potent effects on pain (and other conditions), there is a lack of scientific research supporting such claims. Nevertheless, CBD has become big business. CBD sales

in the U.S. hit \$4.6 billion in 2020.

Below are five important tips to help you make informed decisions as a consumer about use of CBD:

1. CBD is only approved by the United States Food and Drug Administration (FDA) as adjunct therapy for the treatment of rare and severe forms of epilepsy; it is not approved for treatment of pain.

2. There is a lack of reliability of the purity and dosage of CBD in products. Most CBD products are not regulated. The FDA has tested the chemical content of cannabinoid compounds in some products and many of these did not contain the levels of CBD claimed by the manufacturers. This led the FDA to issue warning letters to several firms that market unapproved new drugs that allegedly contain CBD.

3. It is illegal to market CBD by adding it to a food or labeling it as a dietary supplement.

4. CBD may interact with other medications such as blood thinners, heart

medications and immunosuppressants.

5. CBD can have side effects including dry mouth, diarrhea, nausea, reduced appetite, drowsiness and fatigue. It can cause liver injury and may affect the male reproductive system. The safety profile of CBD in special populations such as the elderly, pregnant women and children is not fully understood.

In conclusion, CBD is widely available in the marketplace but not as widely researched. The FDA has seen only limited data about CBD safety. There are known risks to consider before taking CBD. Consult with your healthcare provider prior to using products containing CBD for chronic pain or other conditions.

*Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.**

New Yoga Classes Offered

The Sanibel Recreation Center is now offering Gentle Yoga and Chair Yoga. Chair Yoga will be offered on Tuesdays at 1:30 p.m. and Gentle Yoga will be on Thursdays at 1:30 p.m.

Gentle Yoga provides benefits for the mind and body. This class is done at a slower pace and incorporates modifications for each pose that promote awareness of the body. Using breathwork and meditation, Gentle Yoga is the perfect practice for someone who is new to yoga or looking for a slower, less strenuous class.

Chair Yoga is a unique style that adapts yoga poses through creative use of a yoga chair. The chair replaces the yoga mat and becomes an extension of the body; you will practice yoga sitting in a chair or standing using the chair for support. Complicated maneuvers and complex movements are not present in this class. This class is suitable for those who sit a lot, work at computers, are seniors, or have injury or illness. Chair Yoga is adaptable for persons of all ages and all fitness levels, especially those with limited strength or flexibility.

The Sanibel Recreation Center is

located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.*

Deep Water Exercise Class

The Sanibel Recreation Center will be offering Deep Water Exercise on Tuesdays and Thursdays at 10:30 a.m. with Aquatic Manager Steve Vela.

Deep Water Exercise is ideal for all age groups and ability levels. It is a non-impact class that utilizes water belts as well as water equipment. It can also help improve flexibility and circulation. According to the American Council on Exercise, water can reduce your weight by as much as 90 percent, meaning that stress on weight-bearing bones, joints and muscles is reduced. The water creates resistance that can help with strength training and improve muscular endurance.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.*

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dearRPharmacist

Four Foods You Can Eat For Breast Health



by Suzy Cohen, RPh

Dear Readers: There's no time like the present to begin the changes necessary for better reproductive health, both breast and prostate. The

take-home message today is that you can change the way you break down estrogen in your own body by eating certain foods. You have direct control over it, and that's important because estrogen breakdown is different for everyone.

Let's start with the basics. When you say the word "estrogen," that's actually three compounds: Estradiol, estrone and estril. Of the three, estradiol is most carcinogenic compared to the other two.

Men and women both make estrogen. It's the breakdown product from testosterone actually. If you have low testosterone, you'll have low estrogen too.

Your body breaks down estrogen into metabolites and some of those are more likely to cause cancer than others. Like I said, you can change the way that your body breaks down the circulating estrogen. So, right now, I'm going to give valuable information about how to manufacture your own healthy estrogen metabolites and make it such that you break it down into forms that are less likely to cause cancer. If you are currently undergoing chemotherapy, ask your doctor if these are right for you:

Rosemary – I recommend this either as a fresh herb or dried from your grocery store. Cook with it, and make

tea with it. Rosemary is a powerful antioxidant that has anti-inflammatory effects similar to a COX 2 inhibitor drug. Rosemary has anti-microbial and direct benefit for breast and prostate health. It has anti-tumor benefits. It works by helping you break down estrogen into the safer anti-cancer metabolites.

Broccoli – It's impossible to eat four pounds of broccoli every day, so take the supplement called I3C or DIM. It helps to balance estrogen levels in the body, and it appears to have anti-cancer effects particularly for the breast and prostate. Too much of it crash your thyroid levels due to the goitrogenic effect.

Flax Seed – This is kind of like plant-based estrogen (termed phytoestrogens), which kicks off dangerous estrogens from your cells. Men with prostate problems could benefit. Women with "Estrogen Dominance" hallmarked by heavy periods, breast pain, cramping and anxiety might benefit from flax seed. I recommend buying fresh flax seed and grinding it in a coffee grinder and sprinkling it on yogurt or oatmeal.

Sage – *Salvia officinalis* is the botanical name. Just like rosemary, sage contains a lot of "carnosic acid." This compound was shown in numerous clinical trials to exert apoptosis, which means cancer cells commit "cellular suicide." Carnosic acid when combined with the breast cancer drug, Tamoxifen, works more effectively together to slow down cancer growth. You can buy fresh sage herb and cook with it, or herbal extracts at any health food store.

There are many other alternatives that I haven't elaborated on such as vitamin D, curcumin and iodine, so if you're interested in those, come to my website and sign up for my newsletter. Ask your practitioner or oncologist if these are right for you. Cooking with the fresh herbs should be just fine.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: My boyfriend and I have been together for approximately three months. He wants to get married, and I don't know if I am quite ready. I have been married twice and don't want to make another mistake. I am in my 50s, and my children are grown. He has been married twice as well. Should we wait longer?

A: When it comes to such an important decision, and marriage is an important step, you are not quite ready, therefore, it is important that you have this discussion with your boyfriend and have an honest conversation about what you want. You both have been married twice, so you are either widowed, divorced, or both. Getting to know someone takes time. A few months gets you started, however, to really know someone. The first few months are also times when both parties are on their best behavior, and perhaps you have not let your guard down enough to really know one another.

It usually takes at least a year or longer to really get to know someone much less know if you want to live with

them for the rest of your life.

Not being quite ready tells me that you don't feel you know him all that well. While you are together, what would be the rush? Have you both discussed your goals, philosophies, passions, challenges, or issues that may have already arisen? It would behoove you to seek some couples counseling to discuss this with an objective third person. This way, you can continue to open the door to a real authentic commitment later on if you both decide this is what you really want. Go with your intuition so you are not led astray.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Grief Support

GriefShare Sessions are held in the Family Life Center at Sanibel Community Church on Tuesdays through March from 5 to 7 p.m.

The program is open to anyone who is grieving. There is plenty of room for social distancing. Sessions feature a video, book and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, call Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.

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Challenge Yourself In 2022



by Ross Hauser, MD and Marion Hauser, MS, RD

“Don’t live the same day over and over again and call that a life. Life is about evolving mentally, spiritually and emotionally...”
Germany Kent.

We don’t know about you, but we have adopted the principle of change throughout our lives, both personally and professionally. By ever-changing, ever-evolving, ever-improving, we have been able to accomplish many things that have helped us personally grow stronger, as well as professionally discover many new things to help our amazing patients.

With the world as it is today, it might be easy to just sit back and stay in your homes and let the seemingly

crazy world pass you by. But why? We encourage you to move past the comfort zone and step “out of the box.” Some of our Caring Medical patients have suffered for many years with chronic painful conditions or injuries and feel like their lives are just passing them by. These types of situations and other life traumas can certainly take their toll on us, right? But we do not have to let them. We can tell you some wonderful patient stories of people who have exhibited tremendous strength and resilience and overcome some of the most amazing challenges by changing their perspectives.

A better way to look at it might be to work on living actively versus reactively. Living an active life means living one of discipline, initiative and effort to change and grow beyond what you could ever think possible. Living completely in one’s comfort zone provides a false sense of security and has us reacting to life as it hits us. The time is now. Do not wait for perfect timing or the perfect scenario. You can achieve audacious goals that maybe you never dreamed you could by taking one small step at a time, challenging yourself one small challenge at a time. What do you stand to lose if you do not challenge yourself to change?

Why should we change? With every change, we learn something for the next challenge we may face. Do not look at “failures” as setbacks but rather learn from them. Analyze and improve. Challenging ourselves stimulates

creativity, helps us meet new people, improves happiness, expands our minds and hearts, motivates us, improves relationships and helps us achieve our personal and professional goals. Studies show that mentally challenging ourselves can help us feel less anxious and sad. You may find a new way of life that is more fulfilling and satisfying.

Ways to challenge ourselves: Read more books! You know this is a passion of Marion’s! Drop the phone and pick up a book (or a Kindle.) Actually take time to work on your own health. You would be amazed at how much better you will feel both mentally and physically. Marion and her friend are working out with a Back in Motion personal trainer every week and achieving so much benefit from it by getting stronger mentally and physically.

Have you always wanted to learn a sport like pickleball, tennis, golf, hockey, dance, yoga, basketball, or bicycling? Go for it! One challenge that we and our Caring Medical team are working on is to intentionally be positive and show empathy, love and kindness to others. Be honest with each other and develop real relationships with other people.

Other ideas include taking a college class or a crafting class or joining a club. Learn a language. Take a cooking class. At work, take the lead in a project. Volunteer to learn a new skill. Teach a skill to some of your fellow team members.

Whatever it is that will challenge you,

as Nike says, Just Do It. Set a goal for yourself and step outside the box. Life is better out there.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

January Traffic At The Airport

During January, 1,044,816 passengers traveled through Southwest Florida International Airport (RSW) in Fort Myers. This was an increase of 52 percent compared to January 2021.

The traffic leader in January was Delta with 203,417 total passengers. Rounding out the top five airlines were Southwest (185,554), American (135,889), United (133,114) and Spirit (118,586).

Southwest Florida International Airport had 10,243 aircraft operations, an increase of 19 percent compared to January 2021. Page Field saw 13,421 operations, an 18 percent increase compared to January 2021.

Southwest Florida International Airport served more than 10.3 million passengers in 2021 and is one of the top 50 U.S. airports for passenger traffic.*

I helped walk my neighbor's dogs when they were busy.

In honor of FISH’s 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.



FULFILLING THE PROMISE OF NEIGHBORS HELPING NEIGHBORS

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—by a kind neighbor & student from *The Sanibel School*



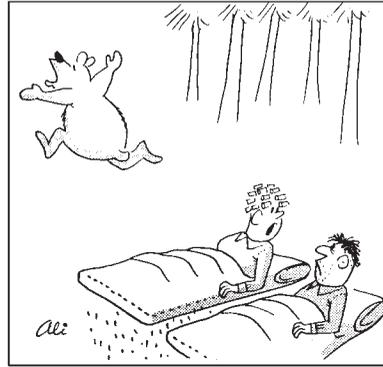


- Emergency 911
- Sanibel Police,..... 472-3111
- Lee County Sheriff's Office 477-1200
- On Call Captiva Deputy..... 477-1000
- Fire Department, Sanibel 472-5525
- Fire Department, Captiva 472-9494
- Florida Marine Patrol..... 332-6966
- Florida Highway Patrol 278-7100
- Poison Control..... 1-800-282-3171
- Chamber of Commerce..... 472-1080
- City Council 472-4135
- City Building Department..... 472-4555
- City Manager 472-3700
- City Planning & Code Enforcement Department 472-4136
- City Public Works 472-6397
- Library, Sanibel 472-2483
- Library, Captiva 239-533-4890
- Lee County Mosquito Control 239-694-2174
- Post Office, Sanibel 472-1573
- Post Office, Sanibel (toll free) 800-275-8777
- Post Office, Captiva..... 472-1674
- Sanibel Community House..... 472-2155
- Center 4 Life, Senior Center..... 472-5743
- ARTS**
- Arcade Theater..... 332-4488
- Art League Of Fort Myers..... 275-3970
- BIG ARTS..... 395-0900
- Broadway Palm Dinner Theatre 278-4422
- Fort Myers Symphonic Mastersingers 288-2535
- Gulf Coast Symphony..... 277-1700
- Herb Strauss Schoolhouse Theater..... 472-6862
- Lee County Alliance for the Arts 395-2787
- Naples Philharmonic..... 597-1111
- Sanibel Music Festival 336-7999
- Sanibel-Captiva Art League sancapart.org
- Southwest Florida Symphony 418-0996
- Symphonic Chorale of Southwest Florida 560-5695
- CLUBS & ORGANIZATIONS**
- ABWA..... <http://abwasanibelcaptiva.org>
- American Legion Post 123..... 472-9979
- Angel Flight SE 1-877-4AN-ANGEL
- Audubon of SWFL..... <https://www.audubonswfl.org/>
- Audubon Society 472-3744
- Bailey-Matthews National Shell Museum 395-2233
- CHR Community Housing & Resources 472-1189
- Community Foundation of Sanibel-Captiva 274-5900
- COTI Committee of the Islands coti@coti.org
- CROW, Clinic For The Rehabilitation of Wildlife..... 472-3644
- Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211 984-5920
- FISH OF SANCAP Neighbors Helping Neighbors 472-4775
- FISH OF SANCAP 24-hr service..... 472-0404
- Horticultural Society of the Islands..... 472-6940
- Horticulture and Tea Society of Sanibel and Captiva . 472-8334
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Kiwanis Club 677-7299
- League of Women Voters sanibelLWV@gmail.com
- Lions Club, Jeff MacDonald..... 302-521-1158
- Master Gardeners of the Islands 472-6940
- Military Officers Assc. of America, Alex MacKenzie .. 395-9232
- Newcomers 472-9332
- Notre Dame Club of Southwest Florida 768-0417
- Optimist Club..... 472-0836
- PAWS, Protection of Animal Welfare Society . . . 239-313-6918
- Progressive Club of the Islands pcisancap@gmail.com
- Rotary Club 472-7257 or 472-0141
- Sanibel Bike Club sanibelbicycleclub.org
- Sanibel Beautification Inc. 470-2866
- Sanibel-Captiva Orchid Society 472-6940
- Sanibel-Captiva Power Squadron . . . www.sancapboating.club
- Sanibel-Captiva Republican Caucus..... 395-0819
- Sanibel-Captiva Shell Club..... 267-7291
- Sanibel Historical Museum & Village 472-4648
- Sanibel Island Fishing Club..... 472-8994
- Sanibel Youth Soccer..... 395-2040
- SCCF Sanibel-Captiva Conservation Foundation..... 472-2329
- SCCF Sea Turtle Hotline..... 978-728-3663
- Shell Islands Garden Club 246-8875
- United Way of Lee County - 24 hour helpline 211 433-2000
- Zonta Club 728-1971

To be listed in calling card email your information to: press@islandsunnews.com

PUZZLES

Answers on page 31B



"Something _____ him."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Scope

PERROT

Pick

CLEET

Avoid

VESTA

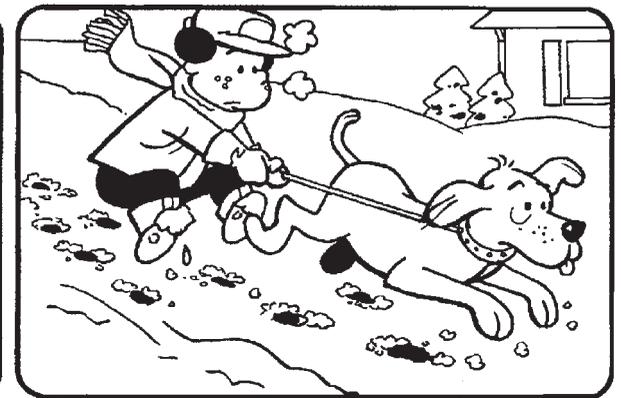
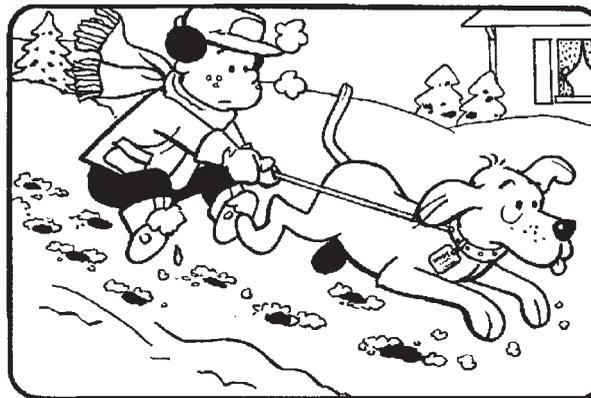
Hold

INDATE

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Tree is missing. 2. Pocket is missing. 3. Scarf end is missing. 4. Tail is different. 5. Tag is missing. 6. Curtains are missing.

4			8				7	
	9				1	8		
		1	3	4				5
		4			8	9		
	5	8	6					2
7				2			5	
	6		7			3		
		3		5			8	
1					6		2	4

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

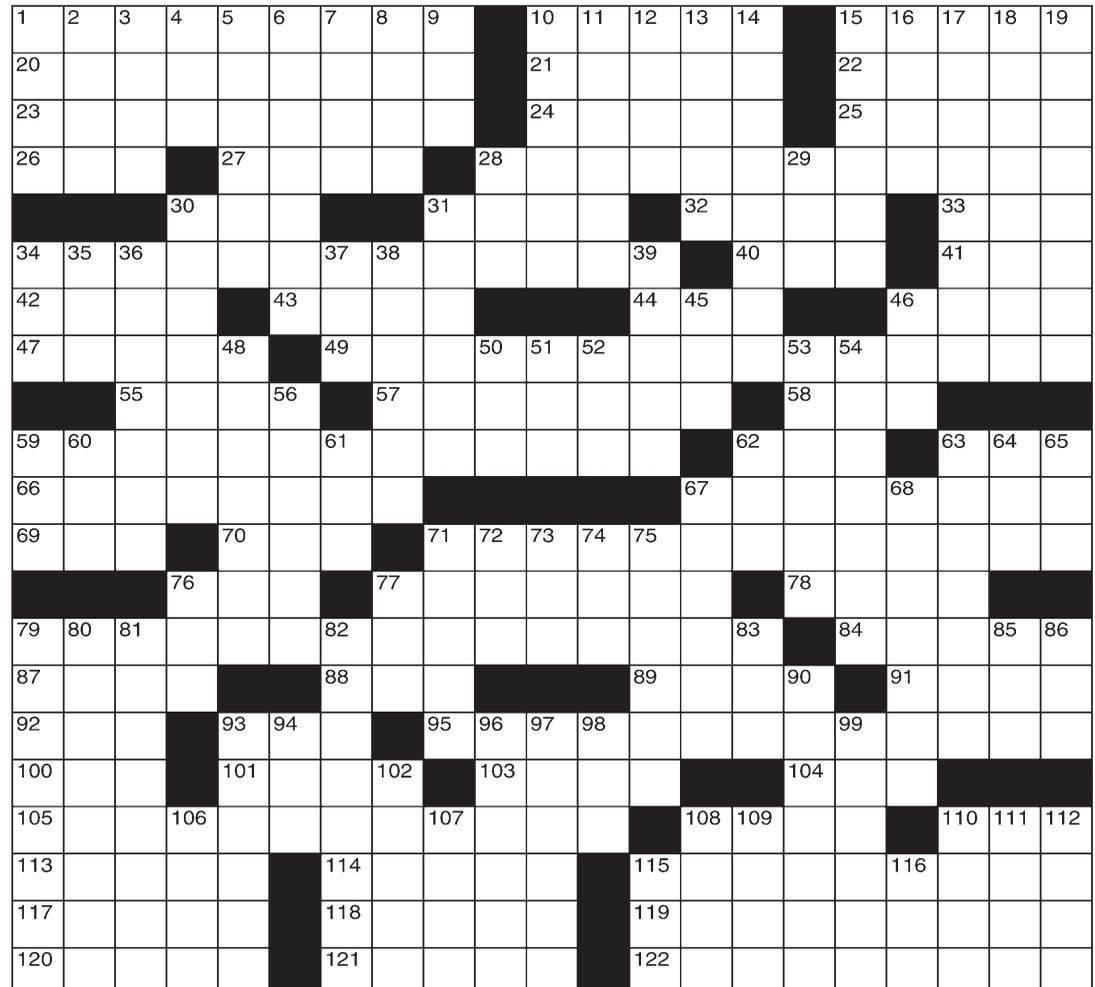
PUZZLES

Answers on page 31B

Super Crossword

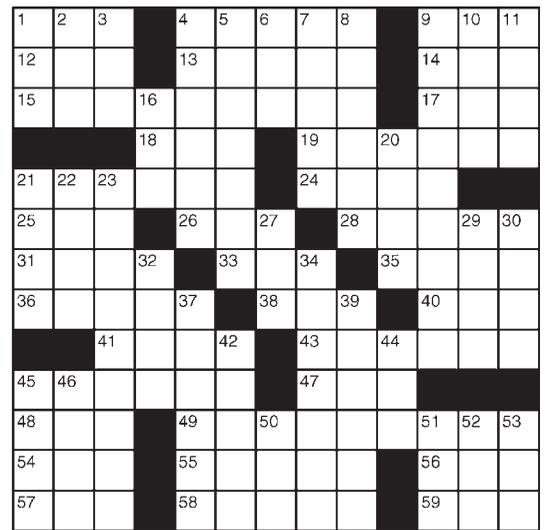
PROGRAM FINALES

- ACROSS**
- 1 Sci-fi zapper
 - 10 "Flashdance" star Jennifer
 - 15 1,152, to Caesar
 - 20 Stateside
 - 21 U-shaped bend in a river
 - 22 Protest shout
 - 23 Gave spirit to
 - 24 Chicago airport
 - 25 See 42-Across
 - 26 Bad grade
 - 27 Causes wonder in
 - 28 Subcompact car of the 1980s
 - 30 Naughty kid
 - 31 Saroyan's "My Name Is —"
 - 32 Mex. miss
 - 33 Abate
 - 34 HarperCollins or Simon & Schuster
 - 40 — Antonio
 - 41 Suffix with Brooklyn
 - 42 With 25-Across, Czech tennis great
 - 43 Crude dude
 - 44 Gallery stuff
 - 46 Film director Preminger
 - 47 Holiday song
 - 49 Optimistic attitude
 - 55 Give and take
 - 57 False appearances
 - 58 Flaky dessert
 - 59 Restricted entry
 - 62 USMC rank
 - 63 Frat dude
 - 66 Soon-to-be adolescents
 - 67 Inquire into
 - 69 One of 100 in D.C.
 - 70 Monk's title
 - 71 Stuff applied to the wall of a room
 - 76 School org.
 - 77 Certain Ukrainian
 - 78 Fine riverbed sand
 - 79 Athlete's advantage
 - 84 1836 Texas siege site
 - 87 Abbr. on a phone dial
 - 88 Sgt., e.g.
 - 89 Must-have
 - 91 In a bit, to bards
 - 92 "— a snap!"
 - 93 Took a chair
 - 95 Features of many limos
 - 100 Sue Grafton's "— for Noose"
 - 101 Movie-rating org.
 - 103 Defendant's opponent
 - 104 Part of LAPD
 - 105 "Necktie," "bathrobe" or "jumpsuit"
 - 108 College bigwig
 - 110 Furry foot
 - 113 Taken together
 - 114 Great values
 - 115 Subsequent stage
 - 117 Coup —
 - 118 Omit, as a syllable
 - 119 Balsam or turpentine
 - 120 Blissful spots
 - 121 Doles (out)
 - 122 Maker of the eight programs that are the theme of this puzzle
 - 9 Ticked off
 - 10 "Awright!"
 - 11 Dig out from the ground
 - 12 Impose — on (outlaw)
 - 13 Some nobles
 - 14 Affirms solemnly
 - 15 Suburb of D.C. in Virginia
 - 16 Wheat — (cereal)
 - 17 Judge of the O.J. Simpson trial
 - 18 Owing
 - 19 "Don't worry, things are going to work out"
 - 28 60-min. periods
 - 29 "Give — whirl"
 - 30 "You're preaching to the choir"
 - 31 Lung cell
 - 34 Pen maker
 - 35 Egg cells
 - 36 Boat-rowing guys
 - 37 Style of jazz
 - 38 Bathtub sponges
 - 39 Great reviews
 - 45 Scale notes after dos
 - 46 Bullring cheer
 - 48 Library penalty
 - 50 Old railroad watchdog agcy.
 - 51 — Bo (exercise system)
 - 52 Age-verifying cards
 - 53 Top dentures
 - 54 Food fish from Africa
 - 56 Eye squintingly
 - 59 A DJ might spin them
 - 60 Furiousness
 - 61 Gene stuff
 - 62 Co. big shot
 - 63 Gold-winning figure skater Brian
 - 64 Hotfoot it
 - 65 Slugger Mel
 - 67 Burned a bit
 - 68 Sentimental pop songs
 - 71 Dostoyevsky novel, with "The"
 - 72 Ida, neighbor
 - 73 China's Lao- —
 - 74 Suffix with Brooklyn
 - 75 Comedian Gilda
 - 76 "Ask Me Another" ainer
 - 77 Available without an Rx
 - 79 Occur at the same time
 - 80 Acquired the film rights to
 - 81 Army meal companion
 - 82 As a team
 - 83 "So yucky!"
 - 85 Do some lawn work
 - 86 Add- — (peripherals)
 - 90 Pupil-widening drug, e.g.
 - 93 Young salmon and sea trout
 - 94 Clerk on "The Simpsons"
 - 96 Tristan's love
 - 97 Surgery assistants
 - 98 TV magnate Turner
 - 99 Olympic athlete, e.g.
 - 102 She sang "Hello"
 - 106 Strategize
 - 107 Stand by
 - 108 Sub shop
 - 109 Part of 62-Down: Abbr.
 - 110 El —, Texas
 - 111 Almost like
 - 112 Departed
 - 115 — de plume
 - 116 "— So Shy"



King Crossword

- ACROSS**
- 1 Atlas page
 - 4 Ivy League University
 - 9 Science room
 - 12 GPS suggestion
 - 13 Haunting
 - 14 Docs' org.
 - 15 1989 Al Pacino film
 - 17 Decks in the ring
 - 18 Small battery
 - 19 Yard tools
 - 21 "Understood"
 - 24 Membership
 - 25 Tolkien beast
 - 26 Civil War soldier
 - 28 Pulitzer category
 - 31 Abound
 - 33 Narc's org.
 - 35 Dr. McGraw
 - 36 Anticipate
 - 38 Chips go-with
 - 40 Sugar suffix
 - 41 Mark Harmon TV series
 - 43 School break
 - 45 Shun
 - 47 Owned
 - 48 Sashimi fish
 - 49 New York City's — Park
 - 54 Decay
 - 55 Ryan or Tatum
 - 56 Gaiety
 - 57 Sauce source
 - 58 Actions
 - 59 Turf
 - 62-Down: Abbr.
 - 66-Down: Abbr.
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 - 120-Down: Abbr.
 - 121-Down: Abbr.
 - 122-Down: Abbr.
 - 8 Required
 - 9 Sierra Nevada resort
 - 10 Cupid's specialty
 - 11 Low range
 - 16 Granola grain
 - 20 John Irving hero
 - 21 Teeny bit
 - 22 Got bigger
 - 23 Maryland beach town
 - 27 Nap site
 - 29 Avoid
 - 30 Pub orders
 - 32 Lansing's st.
 - 34 Dunce
 - 37 Steering system part
 - 39 Gems from oysters
 - 42 Pigs
 - 44 LPs' successors
 - 45 Jug handles
 - 46 "Scram!"
 - 50 Churchill gesture
 - 51 Conditions
 - 52 Pair
 - 53 Conclusion
- DOWN**
- 1 "— Miniver"
 - 2 Packed away
 - 3 Shell-game
 - 4 "No cheat-ing!"
 - 5 Akin
 - 6 Acapulco gold
 - 7 "The First — Club"



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 T R I P O M K T I G C O C N E
 S S D P B Z A X W U O R A A M
 N N T R P H Q O N L L P B E I
 A A A J C A I G F D D A P B R
 P P C P G I N G E R S N A P B
 P O A A S Y X S A U N S N A P
 I N W V T H S G E P A N S N A
 S R P O N L O A E P P A N S N
 H K J R E N E T S A F P A N S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: TURTLE

- Cold snap
- Gingersnap
- Snap bean
- Snap fastener
- Snap pea
- Snap roll
- Snap-brim
- Snap-on
- Snapback
- Snapchat
- Snapdragon
- Snap
- Snappish
- Snapshot
- Unsnap

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 FRIDAY Sunny High: 74 Low: 61	 SATURDAY Partly Cloudy High: 77 Low: 66	 SUNDAY Mostly Cloudy High: 73 Low: 60	 MONDAY Sunny High: 74 Low: 63	 TUESDAY Sunny High: 78 Low: 65	 WEDNESDAY Sunny High: 77 Low: 66	 THURSDAY Sunny High: 76 Low: 63
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	1:46 am	7:56 am	2:19 pm	8:03 pm
Sat	2:32 am	8:15 am	2:35 pm	8:50 pm
Sun	3:20 am	8:33 am	2:55 pm	9:39 pm
Mon	4:16 am	8:49 am	3:19 pm	10:34 pm
Tue	5:30 am	8:59 am	3:48 pm	11:39 pm
Wed	4:24 pm	None	None	None
Thu	5:11 pm	12:57 am	None	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	12:51 am	7:58 am	1:24 pm	8:05 pm
Sat	1:37 am	8:17 am	1:40 pm	8:52 pm
Sun	2:25 am	8:35 am	2:00 pm	9:41 pm
Mon	3:21 am	8:51 am	2:24 pm	10:36 pm
Tue	4:35 am	9:01 am	2:53 pm	11:41 pm
Wed	3:29 pm	None	None	None
Thu	4:16 pm	12:59 am	None	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	1:31 am	8:12 am	2:05 pm	8:30 pm
Sat	2:17 am	8:41 am	2:31 pm	9:13 pm
Sun	3:09 am	9:04 am	2:54 pm	9:54 pm
Mon	4:00 am	9:19 am	3:09 pm	10:38 pm
Tue	4:54 am	9:22 am	3:28 pm	11:36 pm
Wed	5:57 am	9:22 am	3:59 pm	None
Thu	7:12 am	1:00 am	4:42 pm	9:32 am

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	3:56 am	11:12 am	4:29 pm	11:19 pm
Sat	4:42 am	11:31 am	4:45 pm	None
Sun	5:30 am	12:06 am	5:05 pm	11:49 am
Mon	6:26 am	12:55 am	5:29 pm	12:05 pm
Tue	7:40 am	1:50 am	5:58 pm	12:15 pm
Wed	6:34 pm	2:55 am	None	None
Thu	7:21 pm	4:13 am	None	None

My Stars ★★★★★
FOR WEEK OF FEBRUARY 28, 2022

Aries (March 21 to April 19)
The adventurous Aries won't be disappointed with taking on a new challenge, despite some initial misgivings. Look for this move to open other opportunities down the line.

Taurus (April 20 to May 20)
Let that beautiful Bovine smile not only put you at ease, but also show that you're ready, willing and more than able to confound the naysayers around you. A

new admirer has important news.

Gemini (May 21 to June 20)
Be careful how you handle a relationship that you're hoping to save. You already have the facts on your side. Avoid weakening your position by embellishing it with unnecessary dramatics.

Cancer (June 21 to July 22)
Taking definitive stands isn't easy for the often-wavering Moon Child. But you not only need to stay with your decision, but also to reassure others it was the right thing to do.

Leo (July 23 to August 22)
As a

proud Lion, you're right to be upset about those who might be lying about you to others. But the best revenge is proving them wrong by succeeding at what you set out to do.

Virgo (August 23 to September 22)
Caution is still advised before making a financial commitment to a "promising" project. Look for the facts behind the fluff. Devote the weekend to loved ones.

Libra (September 23 to October 22)
A Taurus offers comfort and advice as you deal with an upsetting event. Use this as a learning experience that will help you avoid similar problems in the

future.

Scorpio (October 23 to November 21)
A romantic situation creates some chaos for single Scorpions. But it's well worth the effort to work things out. A trusted friend can offer some helpful advice.

Sagittarius (November 22 to December 21)
Expect to make new friends as your social circle expands. Also, remember to tell that family member how proud you are of his or her achievements.

Capricorn (December 22 to January 19)
New ventures continue

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to be favored. And with your self-confidence rising all the time, you'll want to see how well you can do with a new challenge. So, go to it.

Aquarius (January 20 to February 18) This is a good time for the usually serious-minded Aquarian to let loose and enjoy some fun times. Expect to get good news about a workplace issue.

Pisces (February 19 to March 20) Changed plans might upset some people, but your needs should be respected. Offer explanations when necessary. But don't let yourself be talked into changing your decisions.

You Born This Week: You have a gift for bringing people together. You would make a fine judge or counselor.

MOMENTS IN TIME

• On March 13, 1836, Texan Gen. Sam Houston begins a series of strategic retreats to buy time to train his ill-prepared army, which consisted of 374 poorly equipped men. A month later, his newly trained army won a stunning victory against Mexico's Santa Anna.

• On March 10, 1902, the U.S. Court of Appeals rules that despite his claims, Thomas Edison did not invent

the movie camera. It did admit that Edison invented the sprocket system that moved perforated film through the camera.

• On March 8, 1917, the February Revolution begins when riots and strikes over the scarcity of food erupt in Petrograd. A week later, centuries of czarist rule in Russia ended with the abdication of Nicholas II. Vladimir Lenin returned home and took control of the Russian Revolution.

• On March 11, 1942, U.S. Gen. Douglas MacArthur abandons the island of Corregidor under orders from President Franklin Roosevelt. Left behind were 90,000 American and Filipino troops, who would soon succumb to the Japanese offensive. Only one-third of those left behind survived to see MacArthur's return in January 1945.

• On March 12, 1969, the London drug squad appears at house of Beatle George Harrison and his wife Pattie Boyd with a warrant and drug-sniffing canines. Sgt. Pilcher, the man behind the raid, was convicted of planting drugs in other cases and went to jail in 1972.

• On March 9, 1979, Major League

Baseball teams are ordered by the MLB commissioner to allow equal access to all reporters. The order came after *Sports Illustrated* reporter Melissa Ludtke's successful lawsuit for refusing her access to clubhouses at Yankee Stadium during the 1977 World Series.

• On March 7, 1988, representatives of the Writers Guild of America called a strike for all the union's members. The five-month walkout was estimated to cost Hollywood some \$500 million, as many viewers began watching cable channels.

NOW HERE'S A TIP

• "Snow will better slide off a shovel that has been sprayed with furniture polish." – TL in Minnesota

• Here's an old tip, but a good one: Before going away on vacation, put a couple of ice cubes in a plastic baggie, and set it at the front of the freezer. When you return, if there is any evidence of melting, you will know you lost power while you were gone. If the bag is one big, flat cube, you lost power long enough to suspect all your refrigerator items of being spoiled.

• To temporarily get a winter frost effect on a window, use this fun recipe:

Dissolve four to six tablespoons of Epsom salts in a beer. When the salt is dissolved, dip a clean rag in the mixture and wipe it on your windowpane. As it dries, crystals will form, creating a frost effect. This is a great solution for a window you don't want to be clear but also don't want to permanently alter. The effect washes off with soap and water.

• "If you get a residue inside your coffee cups when they go through the dishwasher, it might be time to give your machine a once-over. In the meantime, spray the insides of the coffee cups with a bleach-based cleaner like 409 just before your turn it on. That should help." – ET in Michigan

• Cut your kitchen sponge in half, or even thirds. You can clean just as well with a smaller sponge, and you will extend its life, saving you money. A smaller sponge dries out more quickly, too.

STRANGE BUT TRUE

• Valentina hot sauce was named for the intrepid Valentina Ramirez Avitia, who at 17 posed as a man to join the Mexican Revolution. She made it all

continued on page 30B

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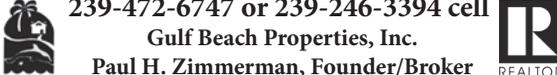
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PETS OF THE WEEK

Lee County Domestic Animal Services

Apollo And Precious

Hello, my name is Apollo. I am a black 2-year-old male pit bull who is a recent cell dog graduate. The dog training program through the Lee County Sheriff's Office teaches inmates



Apollo ID# A854814
photos provided

how to train dogs like me in basic obedience through a 10-week course. Upon graduation, the dogs are highly adoptable and possess obedience skills such as: house trained, loose leash walking, sit, lay down, stay, come when called, heel and being crate trained.

My adoption fee is \$25. Hi, I'm Precious. I am a black 5-year-old female domestic shorthair. I came to Lee County Domestic Services

from a less than perfect situation and am now loving life in a comfortable bed while receiving the attention I so deserve. Even though life has been less than kind to this point for me, I have remained just as my name would suggest...



Precious ID# A828404

precious. I am a loveable ball of fur just waiting for a home of my own.

My adoption fee is \$25 adopt, and you can get another feline friend at no additional charge.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

From page 29B

Strange But True

the way to the rank of lieutenant before being expelled upon the accidental discovery of her braids.

- American fashion model Jeremy Meeks' police mugshot was so good that he got a modeling contract while still in jail.

- In 1524, a wooden statue of the Virgin Mary at Latvia's Riga Cathedral was accused of being a witch. At its trial by water it was thrown into the Dvina River, where it floated, resulting in a guilty verdict – and burning.

- Missing a remote? Try looking where you last sat: A 2011 study found that 49 percent of the time it was in a couch, while eight percent were found in the bathroom, another eight percent in a dresser drawer, four percent in the fridge/freezer (your guess is as good as ours on that one) and two percent turned up outside.

- Twelve-year-old Rhiley Morrison swallowed 54 magnetic balls to see if he could get metal to stick to his stomach, as well as what they looked like when he went to the toilet. He survived the experiment after six hours of surgery and a two-week hospital stay.

- The wood frog can hold its urine for up to eight months.
- Violets can be smelled for only a

few moments at a time because their scent comes from ionine, which shuts smell receptors off after simulating them. After a few breaths, the scent pops up again.

- In 2016, the Swiss city of Lausanne banned "silent disco" events because they were too noisy.

THOUGHT FOR THE DAY

"I'm sick of following my dreams, man. I'm just going to ask where they're going and hook up with 'em later."
– Mitch Hedberg

TRIVIA TEST

- Movies:** Which 2000 animated movie's tagline is "Escape or Die Frying"?
- History:** When was the Peace Corps established?
- Language:** What does it mean in British English to be "knackered"?
- Ad Slogans:** Which company featured this 1985 ad campaign: "It's everywhere you want to be"?
- Animal Kingdom:** Which animal has the longest tongue in relation to its body size?
- Literature:** Which 20th-century novel begins with the line, "It was a bright cold day in April, and the clocks were striking thirteen"?
- Music:** Which country music songwriter, singer and activist once

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Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

- sold Bibles for a living?
- Anatomy:** What is the common name for the coccyx in human anatomy?
 - Food & Drink:** Which restaurant chain is known for its "Grand Slam" breakfast?
 - U.S. States:** In which U.S. state was the first official World Fair held?

TRIVIA ANSWERS

1. Chicken Run 2. 1961 3. Tired 4. Visa Pennsylvania (1876)
8. Tallbone 9. Denny's 10. Philadelphia,
5. Chameleon 6. "1984" 7. Willie Nelson

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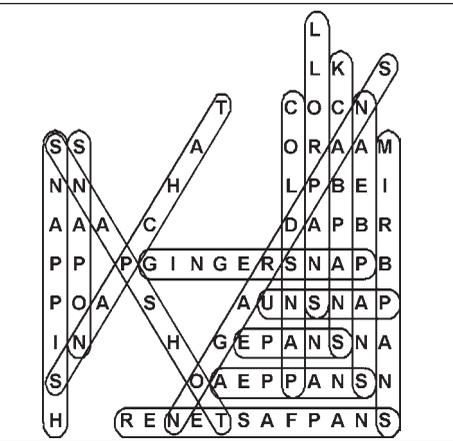
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KING CROSSWORD

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Hickory	Bonita Springs	2014	4,477	\$5,275,000	\$6,000,000	3
Colony Beach Estates	Sanibel	1988	3,138	\$5,200,000	\$4,800,000	2
Navona	Miromar Lakes	2016	3,619	\$3,700,000	\$3,700,000	8
Sunset Captiva	Captiva	1980	1,848	\$3,595,000	\$3,375,000	172
Carolands	Bonita Springs	1982	3,639	\$3,100,000	\$2,900,000	31
Herons Landings I	Sanibel	1989	3,150	\$2,495,000	\$2,525,000	7
Villa Pines	Fort Myers	1980	7,721	\$2,219,000	\$2,099,000	67
Cape Coral	Cape Coral	1964	2,187	\$1,650,000	\$1,650,000	49
Corkscrew Shores	Estero	2015	3,923	\$1,399,000	\$1,600,100	4
Hammock Creek	Fort Myers	2005	4,227	\$1,595,000	\$1,500,000	6

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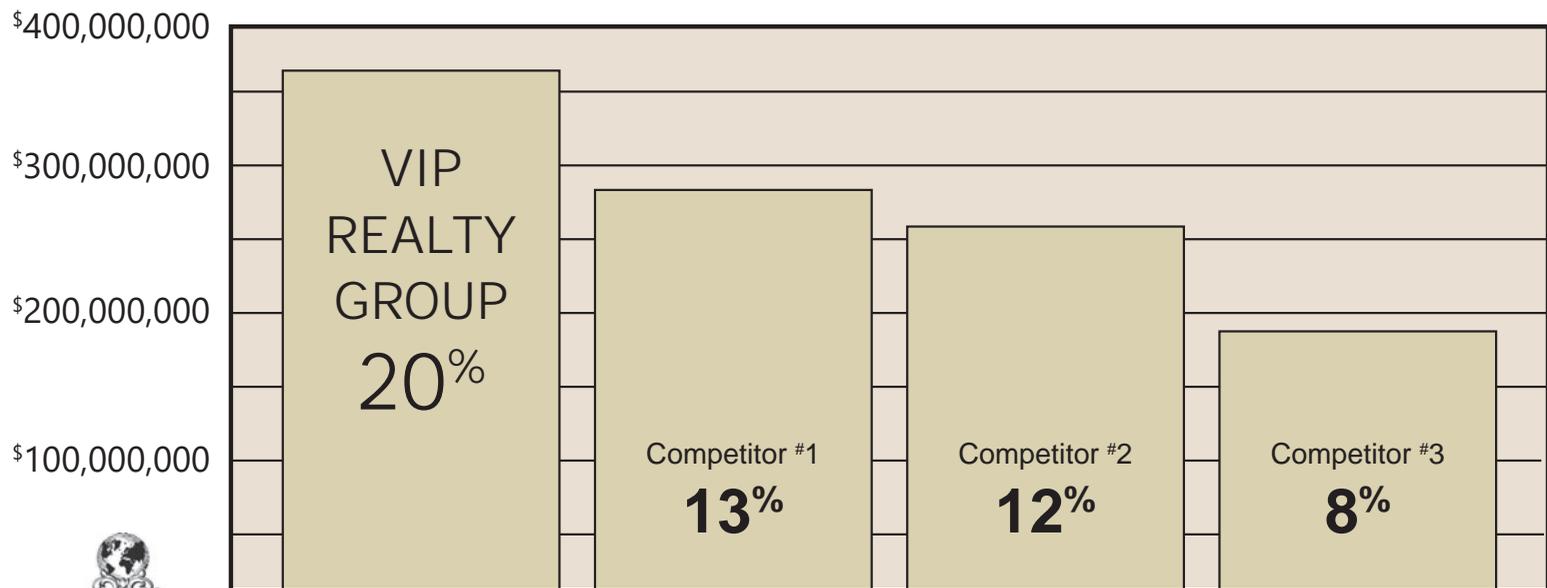
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